

WHO IS A CLOSE CONTACT?

An individual who has been exposed to someone with a confirmed case of COVID-19 and was within **6 feet** for a cumulative **15 minutes** within a 24 hour period

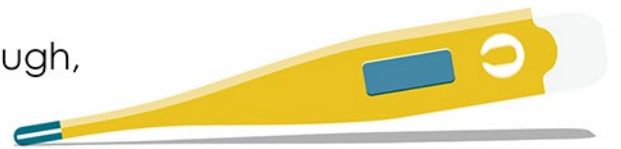


THIS INCLUDES EXPOSURE TO

- Any person with COVID-19 who has symptoms including 2 days before symptom onset
- Any person who has tested positive for COVID-19 but has not had any symptoms

RECOMMENDED PRECAUTIONS

- Stay home and quarantine for the **FULL 14 DAYS** from the date of last exposure
- Self-monitor for symptoms
 - Check temperature and watch for fever, cough, shortness of breath, or other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19
- Follow CDC guidance if symptoms develop
- Contact your medical provider to help determine if you should be tested



Adapted from kernpublichealth.com