



IMPORTANT INFORMATION ON NETWORK OFFERINGS



As a full-time employee of the Fond du Lac Reservation you have the option to enroll in the Fond du Lac Medical Plan. The Fond du Lac Medical Plan has three options for provider networks; Open Access 200, Wilderness ACO and Preferred Health ACO.

Open Access 200 Network	Wilderness ACO	Preferred Health ACO
<ul style="list-style-type: none"> Largest and most comprehensive network provided by Preferred One, our Third-Party Administrator for the Medical plan Network includes 99% of clinics and 100% of hospitals in Minnesota Monthly Premium of \$252.00 broken into two monthly payments, deducted on a pre-tax basis 	<ul style="list-style-type: none"> Limited network of providers in Northern Minnesota No cost to employee <p><u>Hospitals</u></p> <ul style="list-style-type: none"> Community Memorial Lake View St. Luke's <p><u>Clinics</u></p> <ul style="list-style-type: none"> CAIR St. Luke's Internal Medicine Associated St. Luke's Pediatric Associates Duluth Family Practice Center Planned Parenthood Raiter Clinic Cromwell Medical Clinic Denfeld Medical Clinic Miller Creek Medical Clinic Min No Aya Win P.S. Rudie Medical Clinic Lake Superior Community Health Center, Duluth Lakeview Medical Center Lester River Medical Center University of Duluth Health Services <p>By choosing this network:</p> <ul style="list-style-type: none"> Only participating providers will be paid at 80/20 after you meet your deductible If you go to a non-participating provider, claims will be paid as out of network at 60/40 <p>If you are choosing this network, complete the Wilderness Authorization Form</p>	<ul style="list-style-type: none"> Limited network of providers in the Twin Cities Metropolitan area Fairview Health Services, which includes all Health East locations and North Medical Memorial The network includes 5,000 physicians, 1,300 clinics and 12 hospitals No cost to employee <p>By choosing this network:</p> <ul style="list-style-type: none"> Only participating providers will be paid at 80/20 after you meet your deductible If you go to a non-participating provider, claims will be paid as out of network at 60/40

For full listing, please check website

If you have any questions on provider networks please call Preferred One Customer Services at 800-997-1750.

I, _____, have read the information provided and understand that my network selection can only be changed during Open Enrollment for the next plan year. _____/_____/20_____
(Please sign) (Please date)



Fond du Lac Insurance Company

Benefit Enrollment Form

Section A

YOUR ENROLLMENT INFORMATION (To be Completed by the Employee)			
Name (First, Middle, Last)		Social Security #	<input type="checkbox"/> Male <input type="checkbox"/> Female
Address (Street, City, State, Zip Code)			Date of Birth (MM/DD/YYYY)
Phone #	Status <input type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Married <input type="checkbox"/> Widowed		
EMPLOYEE TRIBAL ENROLLMENT INFORMATION			
Are you		<input type="checkbox"/> Enrolled in a Federally Recognized Tribe	<input type="checkbox"/> Non-Tribal Affiliated
		<input type="checkbox"/> Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe	
Enrollee Name (First, Middle, Last)			
Name of Federally Recognized Tribe		Enrollment #	

Section B

COVERAGE			
	Employee Only	Family	Decline
Medical	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dental	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic Life	<input checked="" type="checkbox"/>		
			Other _____
			Other _____
MEDICAL PLAN SELECTION			
<input type="checkbox"/> High Deductible Health Plan – I understand by choosing this plan there will be no cost to me for Single coverage; Family coverage costs \$281.00** per month. I understand that Medical Premiums (the amount I pay) will be deducted twice per month on a pretax basis.			
Deductibles and Out of Pocket Maximum under the High Deductible Plan is:			
	Single Coverage \$3,000 Deductible \$4,500 Out of Pocket Max	Family Coverage \$6,000 Deductible \$9,000 Out of Pocket Max	
<input type="checkbox"/> Low Deductible Plan – I understand by choosing this plan I agree to pay \$112.00 per month for Single coverage; Family coverage costs \$393.00** per month. I understand that Medical Premiums (the amount I pay) will be deducted twice per month on a pretax basis.			
Deductibles and Out of Pocket Maximum under the High Deductible Plan is:			
	Single Coverage \$1,000 Deductible \$2,400 Out of Pocket Max	Family Coverage \$2,000 Deductible \$4,800 Out of Pocket Max	
**These premiums are for Family medical only. If you choose Family Dental there is an additional monthly premium of \$25.00.			
NETWORK SELECTION			
<input type="checkbox"/> Open Access 200 , \$252 per month employee deduction This network is the largest and most comprehensive network to include 99% of clinics and 100% of hospitals in Minnesota.		<input type="checkbox"/> Wilderness ACO , No Employee Cost Network Limited Network in Northern Minnesota. *Check website for full listing	
		<input type="checkbox"/> Preferred Health ACO Limited Network in the Twin Cities Metropolitan area. *Check website for full listing	

If you are electing Single coverage, skip to Section D

Section C

SPOUSE/DOMESTIC PARTNER INFORMATION

Name (First, Middle, Last)	Social Security #	<input type="checkbox"/> Male <input type="checkbox"/> Female
Address (Street, City, State, Zip Code)	Date of Birth (MM/DD/YYYY)	

SPOUSE/DOMESTIC PARTNER TRIBAL ENROLLMENT INFORMATION

Is your spouse/domestic partner Enrolled in a Federally Recognized Tribe Non-Tribal Affiliated
 Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe

Enrollee Name (First, Middle, Last)

Name of Federally Recognized Tribe

Enrollment #

DEPENDENT INFORMATION

Name (First, Middle, Last)

Social Security #

Male
 Female

Address (Street, City, State, Zip Code)

Date of Birth (MM/DD/YYYY)

Relationship Child Step Child
 Grandchild

Reside with you? Yes No
Do you claim on taxes? Yes No

Full time student? Yes No
*If student, please provide school name below

School Name

DEPENDENT TRIBAL ENROLLMENT INFORMATION

Is your dependent Enrolled in a Federally Recognized Tribe Non-Tribal Affiliated
 Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe

Enrollee Name (First, Middle, Last)

Name of Federally Recognized Tribe

Enrollment #

DEPENDENT INFORMATION

Name (First, Middle, Last)

Social Security #

Male
 Female

Address (Street, City, State, Zip Code)

Date of Birth (MM/DD/YYYY)

Relationship Child Step Child
 Grandchild

Reside with you? Yes No
Do you claim on taxes? Yes No

Full time student? Yes No
*If student, please provide school name below

School Name

DEPENDENT TRIBAL ENROLLMENT INFORMATION

Is your dependent Enrolled in a Federally Recognized Tribe Non-Tribal Affiliated
 Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe

Enrollee Name (First, Middle, Last)

Name of Federally Recognized Tribe

Enrollment #

DEPENDENT INFORMATION			
Name (First, Middle, Last)	Social Security #	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Address (Street, City, State, Zip Code)		Date of Birth (MM/DD/YYYY)	
DEPENDENT TRIBAL ENROLLMENT INFORMATION			
Is your dependent <input type="checkbox"/> Enrolled in a Federally Recognized Tribe <input type="checkbox"/> Non-Tribal Affiliated <input type="checkbox"/> Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe			
Enrollee Name (First, Middle, Last)			
Name of Federally Recognized Tribe		Enrollment #	
DEPENDENT INFORMATION			
Name (First, Middle, Last)	Social Security #	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Address (Street, City, State, Zip Code)		Date of Birth (MM/DD/YYYY)	
Relationship <input type="checkbox"/> Child <input type="checkbox"/> Step Child <input type="checkbox"/> Grandchild	Reside with you? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you claim on taxes? <input type="checkbox"/> Yes <input type="checkbox"/> No	Full time student? <input type="checkbox"/> Yes <input type="checkbox"/> No *If student, please provide school name below	
School Name			
DEPENDENT TRIBAL ENROLLMENT INFORMATION			
Is your dependent <input type="checkbox"/> Enrolled in a Federally Recognized Tribe <input type="checkbox"/> Non-Tribal Affiliated <input type="checkbox"/> Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe			
Enrollee Name (First, Middle, Last)			
Name of Federally Recognized Tribe		Enrollment #	
DEPENDENT INFORMATION			
Name (First, Middle, Last)	Social Security #	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Address (Street, City, State, Zip Code)		Date of Birth (MM/DD/YYYY)	
Relationship <input type="checkbox"/> Child <input type="checkbox"/> Step Child <input type="checkbox"/> Grandchild	Reside with you? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you claim on taxes? <input type="checkbox"/> Yes <input type="checkbox"/> No	Full time student? <input type="checkbox"/> Yes <input type="checkbox"/> No *If student, please provide school name below	
School Name			
DEPENDENT TRIBAL ENROLLMENT INFORMATION			
Is your dependent <input type="checkbox"/> Enrolled in a Federally Recognized Tribe <input type="checkbox"/> Non-Tribal Affiliated <input type="checkbox"/> Child or Grandchild of an Enrolled Member of a Federally Recognized Tribe			
Enrollee Name (First, Middle, Last)			
Name of Federally Recognized Tribe		Enrollment #	

Section D

CURRENT SECONDARY AND PREVIOUS COVERAGE

Do you or any covered family member listed on this application have current, secondary health coverage or had prior health coverage within the last 63 days? Yes No If **YES**, complete following section

MEDICAL PLAN SELECTION

Starting with the employee, list each family member applying for secondary coverage and include information for all current and previous coverage in effect during the last 18 months.

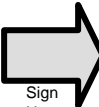
Member Name	Insurance Company (Name and Claim Address)	Policy Number	Coverage Dates	Reason for Coverage Termination

MEDICARE INFORMATION

Are you or your spouse/domestic partner covered by Medicare? Yes No If **YES**, complete following section

Employee: Part A Effective Date: _____ Part B Effective Date: _____ Part D Effective Date: _____	Spouse/Domestic Partner: Part A Effective Date: _____ Part B Effective Date: _____ Part D Effective Date: _____
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I understand that providing false information in this application may result in the denial of claims or cancellation of coverage.

 Sign Here			
	<i>Signature of Employee</i>	<i>Print Name</i>	<i>Date Signed (MM/DD/YYYY)</i>

THIS PART TO BE COMPLETED BY BENEFITS OFFICE

Employee date of full-time employment	Hourly wage	Hours worked per week	Group Number PKA20381
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Reason employee is enrolling for coverage
 New Employer Rehire (length of layoff) _____ Return from leave of absence (length of absence) _____
 Previously waived coverage Change from part-time to full-time Other _____

Date of Event _____ Verified CHS Eligibility _____

I certify the above information to be true and correct

<i>Benefit Clerk Signature</i>	<i>Date</i>
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DIVISION

<input type="checkbox"/> 100 - Programs <input type="checkbox"/> 600 - FDLTH <input type="checkbox"/> 700 - BBC <input type="checkbox"/> 800 - BBH <input type="checkbox"/> 900 - BBG	
<input type="checkbox"/> New Enrollment Effective _____ <input type="checkbox"/> Add Dependent Effective _____ <input type="checkbox"/> Other Changes Effective _____	<input type="checkbox"/> Change Effective _____ <input type="checkbox"/> Cancel Dependent Effective _____

Authorization for Wilderness Health ACO and Wilderness Health Network Providers to Share Your Health Information

Because you are an enrollee in the **Wilderness Health ACO** option under the group medical plan sponsored by your or your family member's employer, Wilderness Health ACO and the providers described below, would like to share your Health Information so that they can better manage your health conditions and diseases, if any, and/or coordinate and improve the quality of care that you receive from them and from any other health care providers that you see.

Your "Health Information" includes, but is not limited to your "protected health information" or "PHI" as defined by the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") and your "health record" as defined by Minnesota Statutes section 144.293, and includes your past, present and future health records, which include but are not limited to, medical and pharmacy claims and related case notes. These specifically include, if we have them, claims and case notes about HIV/AIDS, mental health and psychotherapy, substance use, and/or chemical dependency treatment.

By executing this Authorization I, the enrollee, for myself and any minor dependents, or, if applicable, I the spouse or dependent age 18 or older, understand and agree as follows:

1. **Authorization.** Wilderness Health ACO may disclose my Health Information to Bigfork Valley Hospital, Community Memorial Hospital, Cook Hospital, Fairview Range Medical Center, Grand Itasca Clinic and Hospital, Lake View Hospital, Mercy Hospital, North Shore Health, Rainy Lake Medical Center and St. Luke's Hospital and their respective affiliates, and any other provider participating in the Wilderness Health ACO option (each a "Wilderness Health ACO" and collectively the "Wilderness Health Providers"), in their role as health care providers and with respect to their status, if any, as accountable care-type organizations; and the Wilderness Health Providers may disclose my Health Information to PreferredOne so that individually and collectively they can better manage my overall health status and my specific health conditions and diseases; for general care coordination and quality improvement purposes; for disease management purposes; and for payment purposes. This Authorization specifically allows PreferredOne and the Wilderness Health Providers to share my Health Information about care I have received or may receive in the future from them, as well as from other providers ("Other Providers"). This Authorization is effective notwithstanding any other authorizations or revocations of authorizations that I enter into or have already entered into with a Wilderness Health Provider or with any of my Other Providers. Health Information disclosed in compliance with this Authorization may be re-disclosed by the recipient and no longer be protected by HIPAA or other laws. This Authorization, and any expiration or revocation thereof, does not affect or change the routine sharing of my Health Information by or between PreferredOne and any provider that is permitted or required under HIPAA or applicable state law.
2. **Duration.** This authorization is effective for 10 years from the date I sign it or such longer period that is allowed by Minnesota state law, unless I select an earlier date here (optional) ____/____/20____ or revoke it in writing as described in paragraph 3, below.
3. **Revocation.** I may prospectively revoke this authorization at any time and can only do so by notifying Wilderness Health ACO in writing. I can obtain revocation directions from Wilderness Health ACO's Customer Service Department at (763) 847-4477 or toll free at 1-800-997-1750. Any such revocation will not apply to any previously shared data, which will remain with the recipient.
4. **Voluntary Authorization; Rights.** I am not required to sign this form and am doing so voluntarily. My treatment, enrollment in a health plan, or eligibility for benefits is not conditioned upon signing this Authorization.
5. **Modifications to Form are not Allowed.** I am not permitted to modify the terms of this form. If I do, the authorization form will not be effective.

ENROLLEE: <MEMBER NAME> _____ <MEMBER ID WITH SUFFIX> _____

Complete the following, sign and date the form, and return it to your Human Resources department or send by mail to: Wilderness Health ACO at 6105 Golden Hills Drive, Golden Valley, Minnesota 55416, Attention: Enrollment Department. **Or you may FAX to:** 763-847- 4004, Attention: Enrollment Department

Enrollee's Email Address: _____

Enrollee's Phone Number: _____ HOME WORK CELL

Enrollee's Signature: _____ **Date:** _____

* PreferredOne means PreferredOne Insurance Company, PreferredOne Community Health Plan, and PreferredOne Administrative Services, Inc.



Domestic Partnership Eligibility Verification

Under penalties of applicable law and as provided under the Plan, including but not limited to reimbursement of the Plan for all amounts paid in error due to the Plan relying on the information provided herein, I hereby attest that all of the facts concerning the person(s) named below are true and correct:

Facts:

Employee Name _____ ID # _____

Name of Domestic Partner _____

Domestic Partner Date of Birth _____

Domestic Partner Social Security # _____

Check the applicable statements below if they are true and correct in your situation:

- Is in a committed and mutually exclusive relationship, jointly responsible for the domestic partner's welfare and financial obligations.
- Is at least 18 years of age and unmarried.
- Resides with the domestic partner in the same principal residence and intends to do so permanently.
- Is not a blood relative of the domestic partner.
- Is mentally competent.

I understand that the Fond du Lac Employee Health Plan is a Section 125 Plan and that I am only allowed to change, add or drop my healthcare coverage if I have a Qualified Change of Event or during Open Enrollment. I also understand that this form covers domestic partnership under Cigna/New York Life benefits; Supplemental Life and AD&D insurance, Critical Illness and Accident Insurance. I am responsible for contacting Fond du Lac Insurance Services and reporting the change in writing within 30 days of the date the change occurs.

Employee Signature _____
Date

Domestic Partner Signature _____
Date

This area reserved for Notary Public

STATE OF MINNESOTA

County of _____

Sworn and subscribed before me this _____ day of _____, 20_____.

Notary Public
(Seal)