



face-to-face counselina



phone consultation



online resources

- **NuVantage EAP Service Overview**
 - For Employees and household family members
 - Up to 3 free in person counseling sessions per issue per year
 - Telephonic sessions can also be arranged
 - Mental Health, CD, Family, Marital, work stress, Depression, Anxiety
 - Financial Counseling (CCCS)/Financial Planning (CFP)
 - Legal Advice, Elder Care Assistance
 - Wellness Information / Website Portal
 - Free for you to use no copays, no deductibles
 - 100% Confidential by law
 - 24 hour availability
 - 8:00AM to 4:30 PM call for all services
 - 4:30PM to 8:00AM phone counseling
 - Toll free 800-577-4727