

WHAT IF I GET A POSITIVE COVID-19 TEST RESULT?

If you get a positive result:

- You need to notify your provider
- You must isolate for 10 days
- Notify close contacts they will need to quarantine for 14 days from date of last exposure

People who test positive for COVID-19 should think about the people with whom they spent time with, starting two days before they were tested or two days from when they first started feeling sick.

Being a **close contact** generally means being less than 6 feet from someone with COVID-19 for 15 minutes or more cumulatively throughout a 24-hour period. However, even shorter periods of time or longer distances can result in spread of the virus.

