

Minwaanjigewin

(Good Nutrition and Food)

Who: Everyone is invited

When: Tuesday, March 12th AND 26th 2019
12:00 - 1:00 pm

Where: Cloquet Community Center

What: Cooking class with a focus on
maple syrup and seeds!

Take home multiple recipes, two spice mixes,
leftover food (bring your own container), and
more!

Call Jessica Murray at 218-878-2647 or email
jessicamurray@fdlrez.com to reserve your spot.

The dates, times, and locations of future
Minwaanjigewin classes will be posted on fdlrez.com

