

2018 Fond du Lac **EMPLOYEE**  
Health Screenings and Health Assessment

Know your  
Numbers



**No appointments necessary | Open to Fond du Lac Employees ONLY**

For more information, call 878-3795.

**Friday, October 19, 2018**  
12:00pm - 3:00pm  
Fond du Luth Casino - 3rd Floor

**Thursday, November 1, 2018**  
10:00am - 1:00pm  
CAIR - Lake Superior Room

Get your screenings done  
during the ***FDL Employee Open Enrollment/Benefit Fair***  
on **Monday, October 22nd, 7:00am - 5:00pm**  
at *Black Bear Casino Resort*



**Screenings Include:**

- Blood Sugar
- Cholesterol
- Weight/Height/BMI
- Blood Pressure
- Health Risk Assessment