

Minwaanjigewin

(Good Nutrition and Food)

Who: Everyone is invited

When: Tuesday, January 22nd 2019
12:00 - 1:00 pm

Where: Cloquet Community Center

What: Cooking class with a focus on
blue cornmeal!

Take home multiple recipes for blue corn meal, two spice mixes, leftover food (bring your own container), and more!

Call Jessica Murray at 218-878-2647 or email jessicamurray@fdlrez.com to reserve your spot.

The dates, times, and locations of future

Minwaanjigewin classes will be posted on fdlrez.com

