

# February 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you are homebound and need a ride, please call <b>at least 2 days</b> prior to the scheduled event.  <b>Cloquet-area</b> residents, call (218) 878-2128.  <b>Duluth-area</b> residents call (218) 279-4128.  <b>Cloquet</b> events are in <b>BLUE</b> and <b>Duluth</b> events are in <b>RED</b>. Events that apply to both <b>Cloquet</b> and <b>Duluth</b> are in <b>Black</b>. All <b>Cloquet</b> Exercise classes are at the Tribal Center. All <b>Duluth</b> Exercise classes are at the Washington Center.                      Any changes will be noted.</p>			1  Zumba 4:45 PM Headstart Gym  Exercise Class 9-11 AM 9-11 AM	2  Get Fit! Class Noon Trib- al Ctr Gym	3  Cooking Class Cloquet ENP @ Noon See Flyer	4  
5	6  Gift of Health Class @ Noon See Flyer  Exercise Class 9-11 AM	7  Get Fit! Class Noon Trib- al Ctr Gym	8  Zumba 4:45 PM Headstart Gym  Exercise Class 9-11 AM 9-11 AM	9  Caregivers Appreciation Dinner @ 5:30 pm See Flyer  Get Fit! Class Noon Trib- al Ctr Gym	10	11  
12    REMINDER: TEST YOUR SMOKE DETECTORS	13  Exercise Class 9-11 AM	14    Foot Clinic 9-11 AM McKnight Rm  Get Fit! Class Noon Trib- al Ctr Gym	15  Zumba 4:45 PM Headstart Gym  Exercise Class 9-11 AM 9-11 AM	16  Get Fit! Class Noon Trib- al Ctr Gym	17  Foot Clinic 9-11 AM CAIR 215 Bldg	18  Caregivers Group 10-11 am Tribal Ctr Library
19  	20  <b>PRESIDENTS DAY</b>  CLINIC CLOSED	21    Get Fit! Class Noon Trib- al Ctr Gym	22  Zumba 4:45 PM Headstart Gym  Exercise Class 9-11 AM 9-11 AM	23  Get Fit! Class Noon Trib- al Ctr Gym	24	25
26	27  Exercise Class 9-11 AM	28  Get Fit! Class Noon Trib- al Ctr Gym	29  LEAP DAY  Zumba 4:45 PM Headstart Gym  Exercise Class 9-11 AM 9-11 AM	<p>The Keogh family of the United Kingdom holds a Guinness Book world record for having 3 consecutive generations born on Leap Day. Peter A. Keogh was born February 29, 1940. His son, Peter E. Keogh was born on Leap Day, 1964. Bethany Wealth, Peter E. Keogh's daughter, was born on February 29, 1996.  <b>Do you know any Leap Day babies?</b>  <a href="http://www.timeanddate.com/date/leap-day-february-29.html">http://www.timeanddate.com/date/leap-day-february-29.html</a></p>		

The calendar and activities are brought to you and endorsed by the RBC.