Nangahchivanong (Far end of the Great Lake) Dibahjimovinnan (Narrating of Story)



Solon Springs series continues

This old postcard was brought to the newspaper office by MaryAnn Walt. If you have any information about this photo, please contact the newspaper office (218) 878-2682 or stop by a historical society meeting at the FDL Resource Management building on the second Friday of the month at 10 a.m. We would really like to thank those who have taken the time to share photos and memorabilia with us. This is our newspaper and history that is being generously shared and preserved.

Greetings from Solon Springs, Wisconsin

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Local News

Cultural building ground breaking

Bv Zacharv N. Dunaiski

has made a push toward making the language and culture more significant on and around the Reservation. The first major step in that process was starting the language program, which has been in existence for over four years now and the planning for it dates back even further. That endeavor has been a great success and now the departments that were formed have grown and will finally have a place to call home.

Aug. 14 at 3 p.m. the Fond du

Lac Reservation Business Committee (RBC) and other members of the community and delegates from other governments broke ground at the site of Fond du Lac's new cultural language and learning center, Anishinaabetwaakamig which means the Anishinaabe Cultural Grounds.

This new facility will be located directly across Big Lake Road from the Tribal Center at 1707 Big Lake Road. The site is 70 acres which will allow for expansion in the future. The project started out as an \$850,000 building in 2016.

"The design started on a much

smaller scale than what it is today. It evolved into a shared use facility. The facility provides for the cultural and language departments as well as the Fond du Lac Human Services division's cultural medicine department," Mike Murray, Fond du Lac Construction Projects Manager, said at the ground breaking ceremony. "After involving the community and doing some programming with the divisions, we found that we severely underestimated the significance of this project in our community."

The final project budget is over \$4 million dollars. The build-

ing portion is over \$2.6 million, civil and infrastructure \$1.1 million for the 6,123 sq. ft building.

"This has been quite a ride and quite an evolution here on Fond du Lac," Jeff Savage, Director of the Museum who oversees the language and cultural staff, said. "From no language program to now getting a new large

building. I'm very humbled to be part of this effort and glad that I was able to help and be part of this and sustain it into the future "

In 2015, Janis Fairbanks was the first language department coordinator at its inception, and she was honored to be at the groundbreaking for the programs' new building.

"I think I worked alone for two years and I worked 7 days a week and I'm not sorry. I'm very happy to see this happen. I just wish the building could have been done before I retired," Janis said about the new building finally becoming a reality. "That library that they talked about that is a resource library and it will have some really rare books in it. I have my own personal library and as soon as that building is built, I'm going to donate more books so that people can have access to those resources."

But involving human services was a crucial part of the process also because we have wanted to include culture in our human services program over the last several years as well.

"We were going through an integration on how do we integrate culture in our program," Sam Moose, Director of Human Services, said. "This was the center piece of what we were looking at. Traditional healing and how do we create space for programming to be educated. As medical professionals and human service professionals, people who are tied to science based education, this became a center point of how we wanted to integrate cultural healing in our programming."

The building is going to be built in an impressive 200 days, which just goes to show how important it is.

"That speaks to the leadership and the leadership's understanding as to why this is important for this community," Sam added. "Culture is prevention. Culture and getting back to who we are as Anishinaabe people and the values that were given to us is how we're going to heal."

The building has a completion date of March 2020, with a plan to be open by April 2020. This is a great time to be a Fond du Lac Band member to see the culture and history play such an important part in the Band's future.



Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski zacharydunaiski@fdlrez.com • (218) 878-2682 The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local News

Betty McCollum visits FDL

By Zachary N. Dunaiski

ond du Lac RBC has been meeting with many state officials, and the most recent one to visit FDL was

Betty McCollum, U.S. Congresswoman and Chair of Appropriations Subcommittee on Interior, Environment, and related agencies.

During her visit to the Reservation



Chairman Kevin Dupuis Sr. (right) and Brookston Representative Roger Smith Sr. (left) showing Betty McCollum all of the different facilities on the FDL Reservation.

Congresswoman McCollum visited the Brookston Center and learned about the water issues in that district. She then visited the Sawyer Center and heard about the fiber to the home project. Her final stop was at the Cloquet Center where the council spoke primarily on the opioid crisis and chronic wasting disease.

"The cumulative effect of what Kevin is talking about affects all of our people," Wayne Dupuis, Fond du Lac's Environmental Program Manager said to the congresswoman and her staff. "It's the disconnection with our environment is probably what contributes to our opioid and addiction process. That's my opinion, we no longer have that connection and that kind of affects our purpose in life as well. That's kind of the reason for all of our society's addiction process."

The council then went on to talk about their concerns about chronic wasting disease. The impact that the disease has had on the deer in our area affects our way of life and the ability to feed ourselves.

"If we take a look at it, I'm not trying to separate us, but I think it is the only way an argument can be made. If this were beef, there would be a whole lot of money that came down the pipe already. If this was beef the CDC would already be involved," Chairman Kevin Dupuis Sr. said. "That's the problem I have. I know the economics turn the wheel, but we have a way of life that has to be protected."

The council also spoke with the congresswoman on other topics including housing needs and the Big Lake sanitary district. McCollum and her staff left the Reservation and plan to work with the State to see what they can do to help the Band with these projects.

The completion of Gikinoo'amon

By Zachary N. Dunaiski

If you've ever walked along Big Lake Road from the Gas and Grocery to the Cloquet Community Center, you know just how dangerous that road used to be.

Now the journey from one building to the other is very safe since the completion of the walking trail, Gikinoo'amon. Along the trail, travelers will find 6 benches for breaks, to enjoy nature or a nice breeze on a beautiful day.

Aug. 2, the trail had a ribbon cutting followed by several people walking, running, and pushing strollers. There were light snacks offered at the first bench closest to the Tribal Center.



RBC Thoughts

Ferdinand Martineau

Secretary/ Treasurer News

Boozhoo,

remember, as a young child, people stopping on the road asking if I knew where there was a cultural center so they could find out more about the Reservation and the people on it. Of course, we did not have one so I would respond "no I don't." Now I can tell them the location as we broke ground this month for our new cultural center. We have set a pretty aggressive construction schedule and

are planning on opening it in April 2020. During the ceremony we were graced with Cedar Creek drum and Mr. Ricky Defoe to perform the pipe ceremony in front of a crowd of over

of a crowd of over 50 guests. There were several speakers with the same message, "It's about time." There were lite snacks and refreshments served and talk about how nice the location fits with the proposed use. The new project is located across Big Lake Road by the Tribal Center. We have approximately 70 acres at this site so expansion for other things is possible.

The walking trail was officially opened this month. As I drive down Big Lake Road I see the trail being used quite a bit already. It is nice to see parents walking with their children in strollers off the road. I see skateboarders and scooters using it but mostly I see the separation of the traffic

and pedestrians. The trail was designed for safety and it is accomplishing the goal. Now the road is safe for all to use.

The Reservation was visited again by the sitting Congresswoman Betty McCollum for a tour and question and answer session with the RBC and staff, Rep. McCollum is chair of the finance committee in congress and was here to talk about a mining issue and EPA. We spent about an hour on a bus tour of the Reservation. We toured Brookston first and talked about the need for road improvements and the water issues facing the community.

We talked about some of the potential cures we are working on and how she could help with potential funding. We then traveled to Sawyer and discussed the fiber to home project and the Big Lake sanitary district and the funding people.



If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Cloquet News

know I have been writing about and keeping you updated on the walking/biking trail for quite some time. Well it's

time. Well it's complete. A ribbon cutting ceremony was held along with a pipe and prayer By Ricky Defoe. Folks are walking, biking, and running along it constantly throughout the day.

This is a great addition to our community as it not only provides a safe path for physical activities, but it also connects areas of the community to each other.

Wally Dupuis

Also, the cultural building is again on the schedule. I know this project has been touch and go as far as funding sources, but now it is all approved and we had the groundbreaking on Aug. 14. This is a much needed addition in educating and supporting our culture. Our language programs will be held there as well as traditional healing practices. I am looking forward to its completion.

Recently the RBC held an open meeting at our pharmacy in the Twin Cities. We had a good amount of attendees from the neighboring communities around the Twin Cities area. I was impressed with the dialog with and from our members. They all presented with respectful questions and ideas. I could tell that they truly care about

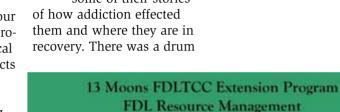
our Reservation and where it is headed. Thank you all.

Also, I attended the annual Sober Squad Sobriety Fest that was held here at the Cloquet Community Center. This

> is a grass roots event held by community members. I was impressed with the amount of people that attended. I saw van loads of people from all the different Reservations. I listened to some of their stories

and dancing, food, prizes, games, and activities for all. Nice work John (Bullhead) Diver, Shandelle Friedman, and all others that planned, organized, and participated in this event.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com.





Garlic Workshop

The Bimaaji'idiwin Gitigaan Program will be hosting a garlic workshop for participants to learn about planting, growing, and best practices for preserving and cooking garlic!

Jerry Ford from Upper Midwest Garlic Growers will be sharing all he knows about Garlic!

Join us for a garlic dinner, presentation & planting demonstration!





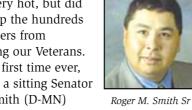
RBC Thoughts

Brookston News

Boozhoo.

e have just finished up with another fantastic

Powwow. The days were very hot, but did not keep the hundreds of dancers from honoring our Veterans. For the first time ever. we had a sitting Senator Tina Smith (D-MN) and Congressman



Pete Stauber (R-MN 8th Dist.) attend the Saturday Grand Entry. Senator Smith joined the RBC in shaking the hands of all the Veterans honored with a gift. We were also joined by a small contingency of active service members from the Army, and we

flew over with their Chinook helicopter and there was one of the members waving from the open rear ramp. Congratulations to the newly crowned FDL Princess and Brave and Jr.

were very honored when they

Princess and Brave.

We continue to be busy with consultation meetings with members of Governor Tim Walz Commissioners. We have met with the Jan Malcolm, Commissioner of Minnesota Department of Health to discuss and have input on the MDH Tribal Consultation Policy that they are creating. We did also meet with Tony Lourey, Commissioner of Health and Human Services, but that may have been a consultation meeting with little meaning as the following week he had resigned from his position. However, we did have discussion on issues of

Traditional Medicines/Doctoring, Opioid Epidemic and Treatment Programs. It was interesting to hear that the State of MN received \$20 million from Opioid Pharmaceutical companies and \$4 million will be for the 11 MN

> Tribes and 5 Urban Indian Organizations. This will go towards treatment programs. We will have further discussions about this in the various other organizations that FDL participates in, such as,

Minnesota Indian Affairs Council and Minnesota Chippewa Tribe

We have also had our quarterly meeting with Mayor Emily Larson in Duluth at the Mayor's office. These meetings I find beneficial to the Band, as we continue to improve the government to government relationship. We had discussed the ceremony of renaming Lake Place Park to Gichi-ode' Akiing Park (great heart place) and how well it was attended. She also provided a CD recording of the event. We were able to discuss the progress FDL has made on the Hwy 23 project of burial recovery of our ancestors after the desecration of our cemetery. We were also able to discuss the installation of a FDL flag at City Hall and possibly a City of Duluth Flag at FDL. They are currently going through a competition of creating a new flag for the City.

I had the opportunity to travel to Washington D.C. with Representative Savage and Executive Director Miyah Danielson to meet with Congressman Stauber

the American Indian. It was a good meeting and for him to understand the history of Tribes and our relationship with the U.S. Government. He also heard about the hundreds of Treaties the U.S. had with Native Americans.....and that they have broken every Treaty!! We were also able to go to the US Department of Agriculture and met with Linda Cronin, Deputy Director of Office of Tribal Relations. They just happen to be having a presentation for their kickoff of American Diversity Month titled American Indian Influence on American Agriculture. Apparently this was being streamed live and Diane Cullo, Acting Director of Office of Tribal Relations gave the closing remarks and made special statement of Representative Savage and I being in attendance and for them to remember us when they reference working for Indian Country. We were able to make many contacts with various USDA staff and had brought back a special present for our Vietnam Veterans that I'll be sharing with Tom Whitebird, FDL Veterans Service Officer.

at the National Museum of

The walking trail from the Tribal Center to FDL Homes is complete and construction on the Mahnomen Trail/lighting project should be starting soon. The high tunnel near the Brookston Center is up and I'll be meeting with staff on future programming for the high tunnel. Chi Miigwech!!!

Roger M. Smith Sr Brookston Representative rogermsmithsr@fdlrez.com (218) 878-7509

Sawver News

ugust was a busy month, it seemed like it flew by so quickly. We had emplovees retire, a cultural building ground breaking ceremony, the Big Lake Trail ribbon cutting, the Journey Garden feast, flag presentation at the Garfield school, scheduled phones calls with Governor Walz and MN Senator Tina Smith.

This summer was the busiest and there has been a lot accomplished. For instance, the consultation with the school districts has been very important especially as we

move into a brand new school year. It is important for youth to stay active and parents know the resources and work closely with the school personnel. Also, the meetings with Grand Portage and Boise Forte Bands on mining issues brought forth meaningful conversation and constructive time together evaluating all sides of the issues. There also have been meetings with Resource Management about over population on and around Big Lake. The concerns of the Fond du Lac Band about this issue will be addressed on a government to government level

with the county.

This month the casino has also been very busy and we had sold out shows this summer which is great to see. I look forward to seeing a busy fall and holiday season at the Black Bear Casino and Resort this year.

For free time, lately I have been monitoring our local wild rice crop on different lakes and rivers. Unfortunately, our FDL wild rice lakes are forecasted to provide a

> low vield this vear. Please contact our Fond du Lac Resource Management office for questions or visit the FDL website that has current



information on

the conditions.

As the summer comes to an end, seeing the harvesting of gardens is always nice. The Sawyer High Tunnel produced some great zucchini and other vegetables. Miigwetch to the Elders, staff and children who helped make that a success this

Lastly, have a safe and good start to the 2019-2020 School Year.

Sincerely, Bruce M. Savage Sawyer District Represen-

Cell: (218)393-6902 brucesavage@fdlrez.com



More Local

Employee block party

July 26, the Fond du Lac Tribal Center held an employee block party to thank all the employees for all their hard work. Employees were able to compete in fun games like a dunk tank, watermelon eating contest, a Trike obstacle course, tug of war, and egg toss. For those hoping to throw a ball for the dunk tank, and get a chance to drop a coworker into the water, they had to pay. The money raised from that game was then given as a donation to the National Alliance on Mental Illness (NAMI) in Duluth. The employee also enjoyed a delicious cookout provided by The Food Stand for Burgers and Brats. Employees seemed to have a good time on a gorgeous day.



More Local

First VA Loan on FDL

By Zachary N. Dunaiski

ave Danielson, FDL Veteran, became the first to receive a Department of Veteran Affairs (VA) Loan to build a home on Fond du Lac

Tribal land. There have been other VA loans for Band member Veterans, but this is the first on FDL.

Dave was featured in our July 2016 issue of the paper when Rep. Nolan honored him with the United States Expeditionary Medal after a clerical error kept him from receiving it for 40 years. It's because of Dave's hard work back in 2016 that he was able to get a VA loan now.

The signing of the loan took place in the Tribal Center Aug. 7, with a few in attendance including two of his children.

"I would just like to thank everyone who is here today, my daughters. I am so happy today I'm just tingling, it is such a wonderful feeling," Dave said after signing the loan.

With the loan, Dave is having Ideal Homes of Barnum build a modular home.

"I would just like to add that this is a very viable venture for the Fond du Lac Band and the Federal government and shows a government to government relationship and that's important from our end of it. It shows that we can work together on these kinds of projects," Dave said. "I'm just so glad it's here on Fond du Lac and that I get to be a part of it."

Dave is ecstatic that this loan has been completed and that his home can begin to be built.



FINANCING IS AVAILABLE FOR VETERANS LOOKING TO PURCHASE OR BUILD A HOME ON TRUST LAND



Veterans and surviving spouses can take advantage of today's low interest rates and get financing for either manufactured or stick-built homes on tribal trust land.

* Restrictions may apply



- \$0 Down Payment
- Low Interest Rate
- Low Closing Costs
- Refinancing Available

"To care for him who shall have borne the battle, and for his widow, and his orphan"

Contact your VA Regional Loan Center today with questions about eligibility, application processes, and other requirements. We look forward to hearing from you!



Department of Veterans Affairs

Please call for more information or to apply

St. Paul Regional Loan Center 1 Federal Drive St. Paul, MN 55111 1 (877-827-3702)

Compensation Committee

ATTENTION: A Compensation Committee is being formed to discuss the compensation plan for elected officials. The committee will meet monthly during normal business hours to review the current plan and make recommendations for consideration and acceptance by the Reservation Business Committee.

Any Fond du Lac Band Members interested in serving on this committee should submit their name to Miyah Danielson at 1720 Big Lake Road, Cloquet, MN 55720 by Monday, September 30, 2019.

Voter list will include voting district information

During every election, the Band provides candidates with a list of Band members who have agreed to share their addresses with candidates. Band members consent to have their addresses on the list through their annual per capita distribution personal data form. Candidates are able to use the list to distribute campaign information.

Recently, the Reservation Business Committee has received requests to include voting district information with the list. This would allow candidates for district representative positions to target voters in their district when they send campaign information to voters in their district.

In order to accommodate these requests, the 2020 Per Capita Distribution Personal Data Form will request information about your voting district. If you agree to be included on candidate mailings, you will also be asked to provide your voting district.

The voting district information will be based entirely on self-reporting. If you never provide a voting district, no voting district information will be provided for you on the list that candidates receive. If you provide voting district information, we will continue to list that voting district on the list in future years until we receive an updated personal data form. Although you can update your address information with the Band at any point during the year, this will not update your voting district information. The only opportunity to change your voting district will be when you submit the annual personal data form.

The 2020 Per Capita Distribution Personal Data Forms are scheduled to be mailed on October 15, 2019. The Band expects to provide the voting district information to candidates in the 2020 regular election.

MOCCCASIN MAKING





Moccasin Making with Victoria McMillen. Adults must have a child with them as it is an Age to Age project.

Classes begin on August 12, 2019 Monday's and Tuesday's 3:30pm-6:30pm Back Room of the Library

Cloquet Community Center

Classes go until October 1, 2019.

Monday September 2, 2019 is a Holiday so Classes for that week will be Tuesday September 3rd and Wednesday September 4th.

Attention Fond du Lac Band Members

Please remember to keep your address and your enrolled children's address current so that you receive future correspondence from the Fond du Lac Payroll Dept.

2020 Per Capita Distribution Personal Data Forms will be mailed to your last known address on 10/15/19.

For address changes please contact the FDL Payroll Dept at (218)878-8021.

Thank you.

Mahnomen Community Water System – Project Planning Updates

The Mahnomen Planning Project continues to move forward, where recently, Short Elliot Hedrickson (SEH), on behalf of the Fond du Lac Band, completed two (2) pilot well treatment studies. The treatment studies indicated that ground water from pilot well #5 (East Pine Dr.), and pilot well #7 (348 Brookston Rd.) produced water which is deemed very treatable and of high quality. The report also provided alternatives for locations of production wells. filtration types, treatment plant, water tower, and watermain extensions for the Mahnomen and Danielson communities.

As this project continues to progress, and alternatives have been, and will continue to be reviewed and analyzed, a larger regionalized drinking water project has evolved, where infrastructure upgrades will confidently serve the communities of Mahnomen and Danielson, providing better water quality, water storage capacity and fire protection for the surrounding area.

As part of the regionalized drinking water project, the department received formal approval and funding commitment from the Reservation Business Committee to aid in promoting a successful project. These committed funds will be used to leverage other funding programs such as USDA-Rural Development, Indian Health

Service, U.S. EPA, and Housing and Urban Development Indian Housing Block Grant (HUD-IHBG). Recently, the department submitted funding applications to HUD-IHBG, and placed the highest priority for the regional drinking water project on Indian Health Service's and U.S. EPA's Sanitation Deficiency project list.

The department, with support of the Reservation Business Committee and the Human Services Division, has also implemented a temporary bottled water grant program, specific to Mahnomen residents only, administered through Human Services to provide bottled water via Arrowhead Water for residents where the Berkey Water Filters have a difficult time meeting the necessary water demand of each home. Please contact Human Service with your auestions.

Moving forward, the FDL Water/Wastewater Department will continue to routinely monitor for the presence of contaminants in the Community Water System as required by the Safe Drinking Water Act. As part of our Disinfection By-Product (DBP) Maximum Contaminant Level (MCL) violation, the department will monitor on a quarterly basis (February, May, August, and November 2019) and issue public notifications as required by the Public Notice Rule should the exceedance remain. The department recently completed the August sampling and results are pending.

Lastly, the department will be scheduling a community meeting, where additional information and updates will be provided in greater detail, to be held at the Brookston Community Center

Wednesday, Sept. 18 at 5 p.m.

All are welcome, and food and beverages will be provided by the FDL Water/Wastewater Department. Thank you. Jordan Vandal, FDL Water/ Wastewater Manager (218) 878-7595 – Office (218) 343-2782 – Cell

Nagaajiwanaang Genawendangig Anishinaabemowin 2019 Language Program News

Submitted by Janis Fairbanks,

Anishinaabemowin Coordinator The change of seasons is in the air. We see transition all around us every season. This season, my transition is from the wonderful world of work to the exciting world of leisure. As this is my last newsletter article as your Anishinaabemowin Coordinator, I would like to take the opportunity to say what a joy it has been to build the language program here at Fond du Lac Reservation. When I came on board four and a half years ago as the inaugural coordinator for a new language program, I wondered where this part of my journey would take me. It has taken me through many amazing episodes and introduced me to new people and methods to revitalize and preserve our beautiful Ojibwe

language. I am grateful for all of your support and ideas as the path unfolded.

One of the remaining items for 2019 include monthly book club meetings at Brevator Language House, now held on Tuesdays from 12:30 to 1:30 p.m. The books selected for the rest of the year are: Sept. 24 - Walking the Rez Road - 2nd Edition by Jim Northrup (Fond du Lac Band of Lake Superior Chippewa); Oct. 29 - The Round House by Louise Erdrich (Turtle Mountain Chippewa), Nov. 26 – Shell Shaker by LeAnne Howe (Choctaw Nation of Oklahoma), and Dec. 31 book title TBD (there may be a change to the December meeting date.)

Remember, these books are used as the basis for monthly translations that will be compiled and posted to the Anishinaabemowin webpage at the end of the year.

The second remaining item for 2019 is the Ojibwe Language Symposium planned for December 13 and 14, co-sponsored by the FDL language program and FDLTCC, to be held at the Fond du Lac Tribal and Community College. More information will be forthcoming as plans are developed.

Third, Full Moon Ceremonies will continue monthly at Brevator Language House. The September full moon ceremony is scheduled for Friday, Sept.13 at 8 p.m. You may get information about dates and times of future ceremonies by calling (218) 878-8186 at the language house, or by contacting lyz_

jaakola@hotmail.com for more information.

Finally, Ojibwe Language Curriculum will continue to be created and posted to the our Anishinaabemowin webpage. To get to the webpage, go to www.fdlrez.com home page. Click on the Culture tab, then on the Anishinaabemowin tab, then on Programs/Services tab, then on Lesson/Videos tab. Under Lessons, you will see three coloring books: 1) Woodland Berries, 2) Regalia, and 3) Beadwork. You will also find the latest project booklet and four audio CDs on that page. All are downloadable! Items will be added as they are created. Hope you enjoy these resources, and that you will use them to practice your anishinaabemowin.

If you have ideas to share, questions or comments about the language program, please contact ieffsavage@fdlrez.com

It has been my pleasure to serve you. Giga-waabamin miinawaa.

1854 Ceded Territory 2019 Tullibee Netting

Band members will be able to set nets for inland cisco (tullibee) again in 2019.

Netting will likely begin late September in the 1854 Ceded Territory on lakes with cisco, except on Lake Vermilion.

Lake Vermilion will likely open in October. Netting on all lakes will continue until ice-up conditions. Nets will be required to conform to provisions spelled out in the 1854 Conservation Code.

Band members will be limited to five (5) nets each. There will be no netting allowed in Bois Forte's portion of Lake Vermilion (maps available at RMD).

A list of available lakes is at the RMD Office. Additional lakes will be considered on a case-by-case basis by RMD staff.

Fall netting permits are available at RMD, during normal work hours (M – F, 8 a.m.–4:30 p.m.). Band members are

required to keep a record of fishing activities and return the completed logbook to the Resource Management Division.

Please check out http://www.fdlrez. com/RM/index. htm for news on the Natural Resources link to the Resource Management Division or call (218) 878-7101 with questions.

Waazh Animikaagewin Come out and meet the Waazhishag

Waazh
Animikaagewin
is an event held
by the language
department that will
take place at 111
Brevator Rd. at the

Anishinaabemowin Waaka'igan on Sept. 17. The event starts at 11 a.m. and will continue until the ceremony and events have completed in the afternoon.

Energy workshop

FDL Energy Assistance
Program (EAP) and MN
Extension will be sponsoring
an Energy Workshop on
Wednesday Sept. 18, 6-8
p.m., at the Cloquet ENP.
Representatives from
Minnesota Power, Lake County

Power, Minnesota Energy Resources, and FDL Propane will be available. There will also be an opportunity to meet with an energy consultant to review your power or city gas bills. Refreshments will be served

If you are interested in a utility bill review, please bring along a copy of your bills. Spaces are limited so call FDL EAP to reserve a time slot. All others will be on a first come first serve basis. Everyone is



Minnesota Chippewa Tribe Finance Corporation

Hone Loan Program: Regular, Moderate, Construction & Renovation Loans

Home loan applicants must be American Indian enrolled in the Minnesota Chippewa Tribe and must be owner occupied. Applicants must also meet other requirements such as; reasonable credit risk, have a stable employment history, and meet State and FHA credit underwriting guidelines.

Business Loan Program: Micro Loans \$500-\$5000, Business Loans \$5000-\$150.000 and Commercial Real Estate Loans \$5.000 - \$150.000

All loans will require security/collateral and personal guarantees for principals and /or third parties. The owner/borrower must have a minimum 10% equity in total business capitalization. Interest is based on risk rating of applications, rates will be between 4% - 7%. Borrowers are required to have a reasonable credit history and a written plan for repayment. All applicants with any type of loan must have a business plan detailing how the business will operate and perform. Technical assistance is available, personal assistance will be required.

Applications:

Applications are taken at our home office located at 15542 State Hwy 371 NW, Cass Lake, Minnesota. Or call for an appointment at 218.335.8582. You may visit our website at www.mctfc.org to download application and requirements. We also provide home-buyer training, assist clients with home inspections and construction counseling.

welcome. Come join us, it's sure to be an evening of fun and learning.

For more information call Joan at (218) 878-2658.

Updates from Energy Assistance office

Energy Assistance applications were mailed out by the Department of

Commerce at the end of August. Please watch your mail. If you didn't receive an application, misplaced it, or are a first time applicant, call FDL Energy Assistance and we can add your name to the state que. We will be able to give out blank applications after Sept. 20.

There are a few changes for this year that people should be aware of. The state requires social security numbers for all applicants including children over one year of age. We now need to have copies of Tribal ID's for all applicants with per capita payments. If you are mailing in your application, please make sure that you include a copy. The application will also ask about employment and income for the past six months. Remember, completing the entire application including

account numbers, and supplying wage information will speed up the processing of your application.

The heating season officially begins Oct. 1 and funding usually arrives mid-November. If you have any questions or would like to be added to the application que, please call Joan at (218) 878-2658.

AICHO to Host Duluth's First Indigenous Foods Expo

In a community wide effort to increase knowledge and resources, access to, and reclaim cultural food sovereignty practices, the

American Indian Community Housing Organization (AICHO) will host a fun and educational community-wide festival focused on Indigenous food, food practices, Indigenous economy, culture and healthy activities.

Indigenous Foods Expo will happen on Saturday, Sept. 21 from 11 a.m.-3 p.m. at the Niiwin Indigenous Foods Market and Central Hillside Park in Duluth. This event is free and open to the public. This is an opportunity to share our Minnesota and local Indigenous history, knowledge, cultural food practices. Indigenous foods, and network and connect with Indigenous food producers, healthy foods, and with each other. A fun, creative, and educational experience will be had by folks of all ages and backgrounds. The Indigenous Foods Expo will bring an increased awareness and life experiences, and connections to our Duluth and surrounding communities about Indigenous foods.

Local Culinary Indigebotanist Tashia Hart, of the Red Lake Nation, shared her definition of Indigenous Foods. "When we talk about Indigenous Foods, we're ultimately talking about relationship. We are talking about the foods that have historically nurtured and shaped our bodies, our cultures, and our traditions as Indigenous peoples of this land base we know as Turtle Island from our Anishinaabeg Creation stories. Other Tribes have different names for this land base. The history of each of our Indigenous Foods is also tied to this land, and to us. Our histories are a shared one. This is what makes people, plants, and animals Indigenous to a place - a historical 'upbringing' if you will, in a shared space on our Maamaa Aki, Mother Earth."

For more information visit https://www.aicho.org/indigenous-foods-expo.html or email niiwinmarket@gmail.

Fond du Lac Ojibwe School asbestos notification

As a result of federal legislation, the Asbestos Hazard Emergency Response Act (AHERA), each primary and secondary school in the nation is required to complete a plan of management for all asbestos-containing building materials. The Fond du Lac Ojibwe School's goal is to be in full compliance with this law and is following the spirit, as well as the letter, of the law.

As a matter of policy, the Fond du Lac Ojibwe School shall continue to maintain a safe and healthful environment for our community's youth and employees. In keeping with this legislation, all eight buildings (including portables and support buildings) owned by the Fond du Lac Band were constructed and certified to be free of asbestos materials. The Fond du Lac Ojibwe School's Asbestos Management Plan is available for review at the school (49 University Road, Cloquet MN 55720). Copies are available at no cost. Questions related to AHERA should be



THE MINNESOTA CHIPPEWA TRIBE FINANCE CORPORATION

Will be at the

FOND DU LAC GOVERNMENT CENTER Administration Conference Room

THURSDAY - OCTOBER 3, 2019

9:00 a.m. - 12:00 p.m.

TO TAKE MORTGAGE APPLICATIONS FOR THEIR HOME LOAN PROGRAM

If you are interested in applying for a mortgage loan or have questions regarding our Home Loan Program, contact Cyndi Cwikla at 218-335-8582, extension 150 to schedule an appointment.



directed to Dan Anderson, designated Asbestos Program Manager at (218) 878-7259.

Meeting notice school year 2019-20 annual Title I Meeting to be held October 18, 2019

The Fond du Lac Ojibwe School Title I Annual Parent Meeting will be held during the Poky Jaris Paro Powwow on Friday, October 18, 2019 at the school. Title I Program information will be available and staff will be present to answer any questions.

Fond du Lac Oiibwe School Parent and Family Engagement Policy

In support of strengthening student academic achievement, each school that receives Title I, Part A funds must develop jointly with, agree on with, and distribute to, parents of participating children a written parental involvement policy that contains information required by section 1116 of the Every Student Succeeds Act (ESSA) (School Parent and Family Engagement policy).

General Expectations

The Fond du Lac Ojibwe School agrees to implement the following statutory requirements:

Consistent with section 1116, the school will work to ensure that the required school level parental involvement policies meet the requirements of section 1116 of the ESSA, and

each include, as a component, a school-parent compact consistent with section 1116(b) of the ESSA.

The school will notify parents/family of the policy in an understandable and uniform format and, to the extent practicable, in a language the parents can understand. The policy will be made available to the local community and updated periodically to meet the changing needs of parents and the school.

In carrying out the Title I, Part A. parental involvement requirements, to the extent practicable, the school will provide full opportunities for the participation of parents with who are economically disadvantaged, limited English proficiency, limited literacy, parents with disabilities, and or are of any racial or ethnic minority background including providing information and school reports required under section 1111 of the ESSA in an understandable and uniform format and including alternative formats upon request and, to the extent practicable, in language parents understand.

If the school-wide program plan for Title I, Part A, developed under section 1114(b) of the ESSA, is not satisfactory to the parents of participating children, the school will submit any parent comments with the plan when the school submits the plan to the local educational agency (BIE school).

The school will involve the parents of children served in Title I, Part A schools in

decisions about how the 1% of Title I. Part A funds reserved for parental involvement is spent, and will ensure that not less than 90% of the 1% reserved goes directly to the schools.

The school will build its own and the parent's capacity for strong parental involvement. in order to ensure effective involvement of parents and to support a partnership among

the school. parents, and the community to improve student academic achievement.

The entire policy can be viewed on the Ojibwe School webpage at www.fdlrezk12. com.

Parent's right to view teacher qualifications

We are very proud of our teachers at the Fond du Lac Ojibwe School and feel they are qualified and prepared to give your child a high-quality education. As the parent of a student at the Fond du Lac Ojibwe School

vou have the right to know the professional qualifications of the teachers who instruct your child.

The Every Student Succeeds Act (ESSA) gives you the right to ask for the following information about each of your classroom teachers:

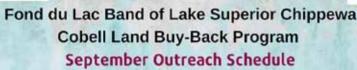
 Whether the teacher met state qualifications and certification requirements for the grade level and subject

he/she is teaching

- · Whether the teacher received an emergency or conditional certificate through which state qualifications were waived
- What undergraduate or graduate degrees the teacher holds, including graduate certificates and additional degrees, and major(s) or area(s) of concentration. You may also ask whether



Everyone is invited!



Fond du Lac Community/ Duluth/ Superior (Events subject to change)

- September 10th: FDL Police BBQ (Sawyer Center, 3242 Moorhead Rd, Sawyer, MN, 55720) 4pm-7pm
- September 19th: RBC Open Meeting: (Brookston Center, 8200 Belich) Road, Cloquet, Mn, 55720) 430PM-730PM
- September 21st: Indigenous Foods Expo (AIHCO, 202 W 2nd Street, Duluth, 55802, MN) 11am-3pm

Additional Event Locations

- September 17th: Bois Forte Outreach Event (1430 Bois Forte Rd, Tower, Mn, 55720, Sumac Conference room) 2pm-5pm & 6pm-9pm Contact Kristen Hendrickson to RSVP 218-753-4542
- September 19th: Minneapolis Elder Picnic (Minnehaha Falls, Mpls, 55404) 10am-2pm
- September 24th: Cass Lake Outreach Event (6268 Upper Cass Frontage Road NW, Cass Lake, MN 56633) 12pm-6pm

For more information visit the Land Buy-Back website at https://www.doi.gov/buybackprogram or the FDL website at www.fdlrez.com/cobell

FDL Cobell Land Buy-Back staff will be available M-F 8:30AM-4:00PM at the Tribal Center, in the library (1720 Big Lake Rd, Cloquet, MN, 55720) or call us at 218-878-2602.

Landowners can update their current contact information, ask questions about their land or purchase offers, and learn about financial planning by contacting the OST Trust Beneficiary Call Center at 1-888-678-6836, or by visiting their local Office of the Special Trustee for American Indians (OST) or Bureau of Indian Affairs (BIA) office.



your child receives help from a paraprofessional. If your child receives this assistance, we can provide you with information about the paraprofessional's qualifications.

Our staff is committed to helping your child develop the academic knowledge and critical-thinking he/she needs to succeed in school and beyond. That commitment includes making sure that all of our teachers and paraprofessionals are highly skilled.

If you have any questions about your child's assignment to a teacher or paraprofessional, please contact Principal Valerie Tanner at (218) 878-7284.

Fond du Lac Ojibwe School Environmental Management System

It is the policy of the Fond du Lac Ojibwe School to:

- Implement and maintain Environmental Management Systems (EMS) as the primary management approach for school operations and activities
- Comply with all applicable Federal, State, local and Tribal environmental laws and regulations
- Implement sustainable practices for energy efficiency, greenhouse gas emission reduction, renewable energy, water conservation, pollution and waste minimization, recycling, reduction or

- elimination of use of toxic or hazardous chemicals, petroleum products-use reduction, and green purchasing among others
- Integrate environmental, economic, and social considerations into mission activities to create sustainable, continuously improving and efficient operations.

The Fond du Lac Ojibwe School follows all Environmental Management Systems policies and procedures and posts relevant documentation on the Bureau of Indian Education-EMS SharePoint website. For Questions regarding this program, please contact Dan Anderson at (218) 878-7259.

Fond du Lac Ojibwe School Board regular meeting Tuesday July 2, 2019 Fond du Lac Ojibwe School Board Room 3 p.m.

Called to order: 3:38 p.m. Roll Call: Debra Johnson-Fuller – Present, Robert Peacock - Present, Jeffrey Tibbetts - Present, Joyce LaPorte - Present, Carol Wuollet – Absent, Michael Diver – Absent, Jennifer Dupuis - Absent Others present: Jennifer

Others present: Jennifer
Murray, Superintendent; Valerie
Tanner – School Principal;
Marcus Ammesmaki, Pat
Northrup, Vickie OberstarSchool Counselor, Ricki Defoe
Jeffrey Tibbets reading of the
Mission Statement and Vision.
Motion by Robert Peacock,

seconded by Joyce LaPorte, all

in favor, 0 opposed, motion carried to approve the agenda.

Motion made by Jeffrey Tibbets, seconded by Joyce LaPorte to approve June 4, 2019 meeting minutes. All in favor.

Review of the ledger

Program Accounting Bridget Paulson will be in attendance for August meeting.

New business

- i. MSHSL video was reviewed "Why We Play." Debra Johnson Fuller signed document for MSHSL Education and Leadership for a Lifetime. A Resolution form will be completed and sent in as required.
- ii. Parent/Student Handbook was discussed.
- iii. FACE Student/Parent Handbook was discussed.
- iv. FDL Ojibwemowin and Culture Licensure Policy was discussed.

Motion made by Robert Peacock, seconded by Jeffrey Tibbetts to approve American Indian Ojibwemowin & Cultural Licensure Policy. All in favor.

Supervisor reports

Jennifer Murray,
Superintendent – Report was
reviewed with discussion
regarding the CYFAR job
posting was closed. Discussion
on the requirements of
Ojibwemowin Teacher. A new
pay scale for Teachers was
updated. The Calming room
and Turnaround room will be
ready for the new school year.

Debra Johnson-Fuller asked for documentation or written form of student testing scores. She also asked about Work Based Learning, student job application. Vicki Oberstar stated she would send out a Division Director System wide email with a form for them to complete to request students for their departments. Students will also go through the interview process. Jennifer stated we are on track but this is not complete. Deb would like a narrative on the schools accomplishments. Jennifer will add the narrative to the Strategic Plan. Jennifer discussed Language Camp was great this year and the school sponsored a meal. National Indian Education Association will be held October 9-12th. 2019. School Board is interested in attending the conference.

Dan Anderson, Education Grants and Accountability Manager- reviewed and read by Jennifer Murray. No ledger submitted, Bridget Paulson will attend the School Board meeting in August. Reported that we do not have 21st Century funding, however we do have Title IV.

Valerie Tanner, Building

Principal - report was reviewed. Indian Language and Culture Education licensure was discussed. Marcus submitted a draft of the Fond du Lac Band of Lake Superior Chippewa Application for Licensure on American Indian Language, & Culture Support Resolution, and the Policy and Procedure for possible use. This is only in the beginning stages of development. Marcus will send a copy of Ojibwe Instructor Dan Jones proficiency outline

for School Board review.

Parent Student handbook

will be revisited as well as FACE Program Policy. Valerie will bring the Parent Student handbook and Jennifer Murray will bring the Face Program Policy to the July 23rd, 2019 FDL School Board meeting for revisions and approval.

Sharon Belanger, Special Education – No report submitted. Earl Otis, Athletic Program Manager- No report submitted. Michael Quam, Transportation-No report submitted. Lorraine Houle, FACE- Policy Book updates.

Maria Defoe, After School Activities- No report submitted. Tara Dupuis, Cultural Curriculum Coordinator- No report submitted. Debra Johnson-Fuller would like to see a final report of what events the students did for the year. Valerie Tanner will bring this report to the August School Board.

Motion to adjourn made by Joyce LaPorte to adjourn, seconded by Jeffrey Tibbetts, all in favor, 0 opposed, motion carried.

Adjourn 5:17 p.m. Recorded by Vanessa Northrup

Minnesota Chippewa Tribe Finance Corporation First-Time Homebuyer Education classes

Saturday, September 28, 2019 8:30 a.m. – 4:30 p.m. OR Saturday, October 19, 2019

8:30 a.m. - 4:30 p.m.

Location: The Minnesota
Chippewa Tribe Building
15542 State 371 NW
Cass Lake, Minnesota
First-time Homebuyer
Education is a requirement
of the Minnesota Chippewa
Tribe Finance Corporation for
qualified buyers.

Please reserve your spot in one of these free classes with Cyndi Cwikla at (218) 335-8582, extension 150 or ccwikla@mnchippewatribe.org

No childcare is provided so please make other arrangements.

Fond du Lac Ojibwe School Board special meeting Tuesday July 23, 2019 Fond du Lac Ojibwe School Board

Room 12 p.m.

Called to order: 12:12pm p.m.

Roll Call: Debra JohnsonFuller – Present, Robert

Peacock - Absent, Jeffrey

Tibbetts - Present, Joyce LaPorte - Present, Carol

Wuollet – Absent, Michael

Diver – Present, Jennifer

Dupuis - Absent

Others present: Jennifer Murray, Superintendent; Valerie Tanner – School Principal; Vickie Oberstar- School

Counselor

Jennifer Murray reading of the Mission Statement and Vision. Motion by Jeffrey Tibbetts, seconded by Michael Diver, all in favor, 0 opposed, motion carried to approve the agenda. Jennifer Murray presented the updated FACE Program Parent Handbook. The Board

went through the changes and

corrections. Jennifer explained

that a lot of the wording was taken out so it would be easier to read. Jovce LaPorte asked if the Program was State or Bureau of Indian Education. Jennifer informed the Board that it is BIE. The attendance portion is different from Fond du Lac Oiibwe School because it serves families. Joyce suggested that the front electronic sign advise the community when school is closed or canceled. Jennifer will add this to the list of public advertisements.

Motion made by Michael Diver, seconded by Joyce LaPorte, all in favor, 0 opposed, motion carried to approve the FACE Program Student Parent Handbook.

The Face Program Student Parent Handbook changes will be placed on the Reservation Business Committee agenda for final approval.

Building Principal Valerie
Tanner presented the Parent
Family Student handbook
changes via Smart Board and
hand-outs to Board Members.
Valerie stated the majority
of the changes came from
deleting repeated information.
In which they revised the
Discipline section in addition
to the Restorative Practices will
be applied if conduct violations
occur. Several staff members
went through Restorative
training this summer.

Motion made by Joyce LaPorte, seconded by Jeffrey Tibbetts, all in favor, 0 opposed to approve the Ojibwe School Handbook with corrections. Motion carried to approve the FDL Ojibwe School Parent Family Student Handbook and the Face Program Parent Handbook

The FDL Ojibwe Parent Family Student Handbook with corrections will be placed on the RBC's agenda for final approval.

School Board members expressed interested in the Nation Indian Education Associations upcoming event, Jennifer Murray will look into registration information for them.

Motion made by Joyce LaPorte to adjourn, seconded by Jeffrey Tibbetts, all in favor, 0 opposed, motion carried.

Adjourn 5:17 p.m. Recorded by Vanessa Northrup

Language Outreach Specialist with GLIFWC

The Great Lakes Indian Fish & Wildlife Commission (GLIFWC) is looking for a Language Outreach specialist. The duties and responsibilities are to perform duties in relation to GLIFWC's "Maajii-Ojibwemowag: They Begin to Speak Ojibwe" ANA Language Preservation and Maintenance project. This project will develop and provide Ojibwe language materials targeting tribal youth ages birth-five years. The Language/Outreach Specialist will work with Tribal elders and subcontractors to develop and distribute a 12book series of simple Ojibwe words to project partners, including Tribal Head Starts and daycares, throughout the three years of the project. The Language/Outreach Specialist

will also provide audio narration for all developed books for the accompanying webpages, as well as record instructional videos of the webpages for Head Start teachers, daycare providers. and parents.

For more information about qualifications or where to apply visit glifwc.org

FDL hires new forest manager

Greetings, my name is Alex Mehne. I have recently been hired as Fond du Lac's Forest Manager, the position formerly held by Steve Olson. I grew up in southwest Michigan, completed two degrees, one in Forestry, one in Statistics, at Michigan Tech, and obtained a Master's



degree in Natural Resource Management at UMN in the twin cities.

Prior to working at Fond du Lac, I worked at Bois Forte as Forestry Program Manager and Allotment Forester, where I managed Bois Forte's forested lands. I have also worked as an independent contractor and conducted several research projects. While my research projects focus on the establishment of forested wetlands, ground flora, and silviculture, I look forward to enhancing forests with all of the resources and characteristics desirable to the Fond du Lac Band of Lake Superior Chippewa.

Fond du Lac Ojibwe School is seeking a School Board Representative (1) for Sawyer.

Interested candidates are encouraged to submit a letter of interest identifying strengths and interests in becoming a school board member to:

Vanessa L. Northrup 49 University Road Cloquet, MN 55720





Charlotte (Cadotte) and John Livingston and the Many Pow-wows of White Birch a.k.a. Solon Springs

Research by Christine Carlson

Therese (LaGarde) are Charlotte's Parents

John Baptiste Cadotte (FDL-32) born 1818 and died July 27, 1906. He married Therese Wa-bish-kwabi-kwe (LaGarde) (FDL-40) born 1823 and died April 2, 1907. Their daughter was Charlotte Cadotte (FDL-14C) and she married John Livingston who was born in 1850.

John Livingston's Parents

John's mother is Mary Sky and his father was of Scottish descent. Mary Sky's name may be Saungway-way-ge-wonke. This name is found in the FDL Allotment Records in 1899.

1880 United States Federal Census for Duluth, Mn.

John Livingstone age 30 and wife Charlotte age 21 and 1 month old daughter Theresa Livingstone and Alexander Cadotte age 28.

1886 Census of the FDL Band taken at LaPointe

John Livingston age 35 and his wife Bo-stans age 32 and their children Pearl age 5 and John age

Superior Times of January 11, 1890

Newspaper column called White Birch Splinters – Mr. John Livingston has been away fishing at some point near Gordon and brought home a fine string of pike and pickerel.

Superior Times of January 18, 1890

There was a notice for publication that John Livingston has filed papers to make final proof in support of his claim for NE ¼, Sec. 26, Tp. 45N and R.

1895 Minnesota Territorial Census for Park Point also known as Minnesota Point

Number 47 John Cadotte age 84 and Mrs. Cadotte age 56, living with them are J. Cadotte age 32, J.

Livingston age 32, Mrs. Livingston age 27 and A. Livingston age 4.

1895 Census from the Fond du Lac Band taken at LaPointe

Numbers 355-361 is the Livingston family. Mrs. Charlotte Livingston age 34 is wife and the children listed are Agnes age 14, John age 12, Susan age 9, Joseph age 5, Benjamin age 2 and Julia 9 months old.

Grocers' Picnic – One Feature Will Be an Indian Pow-Wow – Duluth News Tribune of July 24, 1807

The great feature of the day will be the Chippewa Pow-wow dance which will be indulged in by about 50. The Indians will have on war paint and the conclusion of the entertainment will give their old time "Devil's" dance. Chief Livingston, who is a resident of Gordon, Wis., will be present and will have the Indians in charge.

Nell Smith yesterday told a reporter for The News Tribune that the turn out would be one of the largest of the kind in the history of the city and that it was expected that at least 4,000 people will be in attendance.

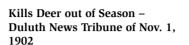
"The Indian war dance," he said "will be a greater feature than most people suppose. No pains or expense will be spared and efforts are making to have cheap excursion rates from all points along Omaha road between the head of the lake and Shell lake. The committee expects to give away nearly \$5,000 worth of prizes".

Induced to Violate Game Law – Duluth News Tribune of October 31, 1902

John Livingston pleaded guilty in municipal court yesterday afternoon to the charge of killing two deer out of season and was sentenced to four months in the county jail. Judge Haily made the sentence as light as he could, owing to the particular circumstances surrounding the

Livingston claimed that he killed

the deer to provide sustenance for his family and that he did not sell any of the meat but admitted having given some of it away. The judge yesterday took the case under advisement after the sentence had been pronounced. and in view of the fact that Livingston has five children to provide



Investigation shows he was the dupe of others. Convicted man appeals for liberty and pictures suffering wife and family at home. Judge Haily has temporarily suspended sentence in the case of John Livingston.

Upon investigation it was found that Livingston was the dupe of several of the wealthier families of Solon Springs, and it is contended that he would not have killed the deer had it not been for the inducements offered.

1910 United States Census for Solon Springs

Family number three is John Livingston a woodsman, age 60 and his wife Mary age 42 with children Joe age 19, Julia age 16, Josephine age 2, Sueally? age 1 and Iot? age 5. John Livingston's mother Mary Sky age 79 and Stepson Dave Wade age 18 are listed.

Aged Chippewa Chief Lives to See Chosen Successor Pass -Duluth News Tribune of May 16, 1914

Chippewas may come and Chippewas may go, but Chief John Livingston lives on. Although 72 years old and living in the memory of the days when the Chippewas were a power in the head of the lakes region, the chief survived his eldest son, Benjamin, who died



yesterday in a local hospital. The son was 39 years old.

The chief is reported vowed with grief because his son, the pride of his heart, for whose succession to the leadership he had planned, has passed. Benjamin was born on the banks of the St. Croix river. He is survived by 23 brothers and sisters. Other plans must now be made for a successor to Chief Livingston and the aged leader will have to instruct anew in the rites that accompany his office.

Chief Livingston succeeded Chief Pusafis, who passed away near Solon Springs a year ago. The body of the son will be sent to the Springs today for burial. Ancient Indian rites will be conducted over the body at the funeral Monday. The entire tribe will participate.

Solon Springs Chief Directs Indian Dances – Duluth News Tribune of July 06, 1915

Showing his business instincts and offering his family an opportunity to enjoy Superior's Fourth of July celebration at the same time, Chief John Livingston head of the Chippewa Indians at Solon Springs yesterday picked up a number of stray nickels when he staged pow-wow dances on street corners with a number of small Indian children as participants.

The Chief brought three girls and several women to the city for the occasion and garbed in brillianthued red calico, they made an important sight on the streets.

The duty of the tom-tom was taken by the chief while the little girls did the dance. A chant ended each performance after which a hat was passed. The little band then moved to the next corner.

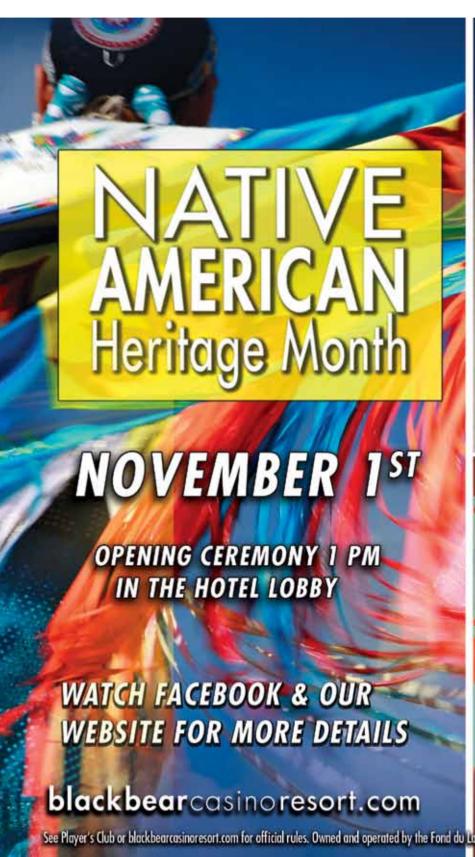
Celebrate at Solon – Duluth News Tribune of July 05, 1916

Three thousand persons celebrated Independence day at Solon Springs and witnessed the revival of Indian dances which formed the principal attraction for visitors. More than 200 Indians led by Chief Crow Foot, Chief Big Moose and John Livingston of Solon Springs and several chieftains from Odanah reservation participated. Field and water events were held in the afternoon. Frank Kelly of Duluth won the 100-yard dash in 10.5 seconds. The broad jump went to Frank Dougherty of Duluth.

Allotment or Estate Records from Margaret Osaugie – John Livingston's Family is listed:

John Livingston, died Int. 6/30/25, Pro. 6756-26 (Minn.). John's wife is Eliza (Monedoquay) Livingston – Widow and children are Charles Livingston, Joseph Livingston, John Livingston, Agnes Palmer, Lucy (Julia) Laundry, Harriet Sharlow, Josephone Reynolds and Mary LaFave.









FREE CONCERT!



Make The Bear your place!

See Player's Club or blackbearcasinoresort.com for official rules. Owned and operated by the Fond du Lac Band of Lake Superior Chippewa. Management reserves all rights.



Health News

September is Ovarian Cancer Month

varian cancer is rare; however it ranks fifth and accounts for about 3% of cancer deaths among women. A woman's risk of getting ovarian cancer during her lifetime is about 1 in 75. Women with a family history of breast, colorectal, or ovarian cancer are at increased risk, as well as those with an inherited predisposition to ovarian cancer. Unfortunately, there are currently NO screening tests for ovarian cancer.

Signs and symptoms of ovarian cancer

Ovarian cancer may cause several signs and symptoms. Women are more likely to have symptoms if the disease has spread beyond the ovaries, but even early-stage ovarian cancer can cause these symptoms:

The most common symptoms include:

- Bloating
- Pelvic or abdominal pain
- Trouble eating or feeling full quickly
- Urinary symptoms such as urgency (always feeling like you have to go) or frequency (having to go often)
- Changes in bowel habits, such as constipation.

Others symptoms may include:

- Fatigue
- Upset stomach
- Back pain
- Pain during intercourse
- Constipation
- Menstrual changes
- Abdominal swelling with weight loss.

Sources: American Cancer Society www. cancer.org, Center for Disease Control (CDC) www.cdc.gov, and Mayo Clinic www.mayoclinic.org

Always remember to consult your healthcare provider with any questions or concerns.

Emotional eating

By Kara Stoneburner, RDN LD, Community Health Services Dietitian

ave you ever noticed when you are feeling bored you end up in the kitchen looking for something to eat? Why does that happen? It is called emotional eating and it happens more often than you think

According to dictionary.com, emotional eating can be defined as: "eating, often excessively, as a response to stress, boredom, unhappiness or other emotional conditions, rather than as a response to physical hunger." Mayo Clinic describes emotional eating as "a way to suppress or soothe negative emotions."

Since you are reacting to your emotions and not actual physical hunger, emotional eating can sabotage any health or weight loss efforts you've been working on. Emotional eating can result in taking in more calories than the body needs, thus leading to weight gain. Typically, the foods you turn to during an emotional eating bout are high in calories, fat, sodium, and sugar. Often, there is little enjoyment during the consumption of the food but regret or guilt afterwards.

Many different emotions can trigger emotional eating: stress, depression, boredom, anger, worrying, being overwhelmed, or fatigued. Consider how you may have reacted when faced with a negative financial change, a health problem, or a major change in your life. Was food involved? Habits and social influences can trigger emotional eating. Emotional eating doesn't always have to be associated with negative emotions. Happy situations can trigger emotional eating too. Think about holiday celebrations, a promotion, marriage, or a graduation. All likely were celebrated with food and overeating.

Is there anything you can do? Yes!

You can learn how to control your reactions to emotions and situations. Here are a few suggestions:

- 1. Keep a food journal. Write down what time you ate, what you ate, estimate how much you ate and it wouldn't hurt to list any emotions you were feeling at the time. Were you bored, tired after work or just feeling a bit sad? Mark it down! Journaling can help you identify patterns that may arise. Recognizing patterns and making adjustments can get you on the right track.
- 2. Find a stress reliever. Try yoga, reading, mediation, deep breathing techniques, massage, walking, etc. Find a healthy stress reliever that works for you.
- 3. Do a hunger reality check before you eat. Ask yourself if you are truly hungry or is it just a craving? Are you really just thirsty? Emotional eating usually doesn't make your "hunger" go away.
- 4. Get support. Connect with family or friends that can support you when you are feeling down or angry. Don't be afraid to seek professional help to learn more about recognizing and controlling your emotional eating.
- 5. Fight boredom. Boredom is a common emotional eating trigger. Find a healthier behavior instead of snacking. Try going for a walk, reading, listening to music, playing a board game or calling a friend.
- 6. Take away temptation. If your "go to" food isn't readily available, it makes it that much easier to distract your mind away from food. Other helpful advice is to not go to the grocery store when you are hungry, angry, stressed or upset.
- 7. Don't deprive yourself. Allow and adjust for an occasional treat.
 Reduce the portion size. Look for a healthier option that will still satisfy. Remember, occasional means "occurring at infrequent intervals"

- or "every now and then", NOT every day or even every other day.
- 8. Snack on healthy foods. Have a variety of fruits and vegetables, nuts, unbuttered popcorn available. Plan ahead for snacks. Make a list of healthy snacks you can turn to and have them on hand.
- 9. Learn from setbacks. It happens. You'll have a setback, an emotional eating situation. It is not the end of the world. Think about the situation. How were you feeling? What foods were you craving/what foods did you eat? How can you make adjustments for the future? Having a plan for certain situations will help you control your response much better in the future.
- Eat a healthy diet. It will be easier to deal with emotions if you are nutritionally healthy.
- 11. Eat mindfully. Turn off the television. Focus on your food.
- 12. Increase your activity. Not only can this help with emotional eating, but it may help with weight loss, weight maintenance and disease prevention.

As you learn to recognize your emotional eating situations and how to make healthier decisions around them, don't forget to add in positive self-talk. Give yourself praise for the positive changes you've made so far, no matter how small they may seem. Positive self-talk can help maintain your healthy habits. Also, don't hesitate to reach out to your healthcare provider, dietitian or behavior health therapist for more information and support.

*Sources include: Mayo Clinic, WebMD, Eatright.org and CDC



Health News

September is Prostate Cancer Month

The most common types of cancer in men and the second leading cause of cancer death. There are NO warning signs of early prostate cancer. Most prostate cancers occur in men without a family history of it, however, having a dad or a brother with prostate cancer more than doubles a man's

risk. One in seven men will be diagnosed with prostate cancer during his lifetime.

Risk factors: Unchangeable are age, race/ethnicity, geographical area and family history.

Things you can do that might lower vour risk, such as:

• Eating at least 2½ cups of a wide variety of vegetables and fruits each day

- Being physically active
- Staving at a healthy weight. **Symptoms of Prostate Cancer** include:
- A frequent need to urinate especially at night
- Difficulty starting or stopping a stream of urine
- · A weak or interrupted urinary stream

- Leaking of urine when laughing or coughing
- Inability to urinate standing
- A painful or burning sensation during urination or eiaculation
- Blood in urine or semen. Source: Mayo Clinic www. mayoclinic.org, American Cancer Society www.cancer.org.

and www.webmd.com/prostatecancer

Always remember to consult vour healthcare provider with any questions or concerns

A message from your Fond du Lac Cancer Prevention Program



Become A Foster Parent

Open your home. Change a child's life forever



Can vou make a difference

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

**For more information please call. (218) 879-1227

"OUR CHILDREN ARE OUR FUTURE

FDL can help you get insured

Health insurance, it's important for evervone.

If you have not qualified for Medical Assistance or MinnesotaCare in the past you may qualify now as new guidelines have made it easier for many people to be eligible.

Fond du Lac has also made it simple and free for qualified American Indians to have private medical insurance if they don't qualify for public assistance due to income. Fond du Lac Patient Advocates have been trained and certified to assist you with your application. But we need your help and cooperation. If you or your family members need health insurance, please call (218) 878-2165 to the Patient Advocate line so we can answer your questions or tell you what you may be eligible for. Our help is just a phone call away.

Whereabouts Unknown

OFFICE OF THE SPECIAL TRUSTEE FOR AMERICAN INDIANS (OST) CALL 1-888-678-6836 IF YOUR NAME IS ON THIS LIST

GARY A AITKEN SR CLARENCE R AITKIN IR TONI I. ALBERT LENORE MARLENE ANGLIS ROSE KRISTOPHER A ARBUCKLE APRIL ARBUCKLE EDWARD I ARBUCKLE CHARLENE ARTHUR RUEBEN A AUBID AGATHA BAKER JEREMY BALBER KATHERINE A BALBER MICHELLE R BARBER RITA BEARHART MORRIS BEARHART IR ARIELLE A BEARHEART LUCAS BEARHEART NICOLE R BEARHEART ASHLEIGH A BEARHEART JOHN-IOSHUA I BEAULIEU MARVIN BEAULIEU LAURA I. BELANGER RICHARD A BELISLE

KENNETH BELLANGER MARIE A BELLANGER STACY R BELLANGER-FOHRENKAM BILLY J BENJAMIN

ANTHONY BIGBOY
VICKI BILLINGS
DALTON JAMES BIRD
JESSICA ANNETTE BIRD
DEAN D BISHOP

AUGUST BENTON

BERNARD BJORK MARK RANDAL BLANCHARD

STEPHANIE R BLANK LORI BLOOMER DAKOTA BLUEWOLF TANNER BLUEWOLF

BELVA M BOSWELL MARY ANN BOWERS NATHANIEL J BOYCHIEF KARY R BOYD

GLADYS R BRADLEY
THORPE T BRADLEY
THERESA I BRAVEHEART
CLAUDIA J BRESETTE
JOHN J BRESETTE
CHARLES D BREUNINGER

DAVID BROKAW
GEORGE BROKAW

GEORGE BROKAW
ROBERT J BROKAW
RONALD BROKAW
THOMAS BROKAW
JEROME BROOKS
ROMA BROOKS
BRIAN K BROWN
ELSIE J BUDREAU

CONSTANCE J BUFFALO JOSEPH BUFFALO JOSHUA W BUGG

RANDALL J BURGESS THERESA LYNN BURKE PARTICIA JO BUSCH

FLORIAN JOSEPH BUSCH, JR LAWRENCE EDWARD BUTTERFIELD GERTRUDE CARTER

KEITH CASEY KRISTAL CHAMBERS-FINEDAY EDWARD F CHANDLER JR
CYNTHIA L CHAPMAN
PAUL CHARETTE
GARY CHASE
LEONARD CHASE
RALPH CHASE
SUSAN M CHICAG
TAMARA R CHICAG
SIERRA L CHRISTIANSEN

PHYLLIS CLARKE
VIVIAN B CLOUD
ASHLEY MARIE CLOUD MURPHY
RUSSELL W COFFEY

ROLAND COLUMBUS
GREGORY JAMES CONNOR
BERNICE CONNORS

BERTHA TULLOS CONNORS CLYDE CONNORS

ELLEN CONNORS HARRY CONNORS

JENNIE INGALLS CONNORS

RALPH CONNORS
GARY COPELAND
PATRICIA K CORBINE
JOSEPH J COUTURE JR
BERNARD CRANFORD
WILLIAM CRANFORD
JESSE L DAHL

MICHAEL DANIELS CHRISTOPHER MARSDEN EUGENE

PAMELA M DEFOE KURT B DEFOE MICHAEL D DEFOE RICHARD DEFOE

RICHARD DEFOE
SAMANTHA L DEFOE
ELEANORE DENNING
WILLIAM H DERAGON III
SUSAN JANE DES CHAUX
CANDICE DICK

LADDIE F DITTRICH JR ADAM DIVER PHILIP S DIVER III CRAIG DRETZKA

JEFFREY DRETZKA NORBERT DRETZKA VICTORIA MAE DUCLON DONALD T DUFFY MARK WILLIAM DUFFY MICHAEL S DUFFY

NORA ELLEN DUFFY MILES DUMPMAN SHARON DUMPMAN CODY PAUL DURFEE

DENISE JO EDLUND ROBERT VERNER EDLUND TONYA L ELLIS

SYNETTE ERICKSON JOSEPH B FAIRBANKS BERT A FAIRBANKS JR

DARLENE FAIRBANKS O'CONNOR MORGAN R. FIZELL JOSEPH FLOREZ

GLORIA FRIEND RONALD FRIEND BARRY R GARCIA STEVEN E GARCIA MAX J GODFREY

DOROTHY J GOERING

GLADYS GOOSE

DARLENE FOWLER

ELIZABETH M GORDON JOHN C GORDON ROBERT E. GORDON SHAWN GORDON JAMES L GORDON SR BRANDON RICHARD GOUGE

CHERYL J GOUGE
IRENE BISHOP GRAHAM
MADELINE J. GRAHAM
TIMOTHY M GREENE

BONNIE LOU ANGUS GRIFFITH NANCY ANN GRISWOLD WEDNESDAY M GROVER

MISTY GUIBORD
RAYMOND C GURNEAU JR
TRAVIS J HACKENSMITH
DIANA L HALFADAY
CHARLOTTE HARNOIS

ANDREA HART DAVID HAVRON

JUANITA M BARTEN HEBARD DOROTHY MARIE SLEVA HEELAM DEBBIE HEINEN

PEGGY HELSKE DAWN HELTON ALICE MARGARET HESS DAVID J HEVRON ROSE HICKMAN PEGGY HIKIDO MARCUS HILL

FLOYD HOLCOMB ALLISON HOLCOMB FOWLKES

ELLA HOLMAN DUANE LOWELL HOLMES DELORES J HOPP CHRISTOPHER HUCULAK

FRANK N HUNTER
KAYLE HUNTINGTON
ANTHONY L JACK
RANDALL J JACOBSON
VIRGINIA M CLARK JENSEN
BRENDA L JOHNSON
JOYCE L JOHNSON
LISA JOHNSON
SUNDANCE JOHNSON

JUANITA JOURDAIN
RICHARD B JURINA
SCOTT R KATZMARK
TAYLOR J KEGEL
EDNA M KELLEY
MARJORIE A. KELSEY
DAVID E KENTALLA TAYLOR
JEAN ROSE KLOVSTAD
THERESA M KRAEMER
NORA ANNE KRIKBRIDE

GAIL A KRUPKA
DANIEL LEROY LABARGE
DUANE M LACHAPELLE
JOHN LAGREW
ROSEMARY LAGREW
ROBERT H LAPRAIRIE

SHELDON L LAPRAIRIE SUSAN L LAWRENCE MARGARET E. LEDBETTER SHERYL LEWIS LINDA L LIGHTFEATHER HAROLD F LIGHTFEATHER JR

HAROLD F LIGHTFEATHER JR
TERRY A LIGHTFEATHER SR
RICHARD JOHN LIVINGSTON
STEPHEN J LIVINGSTON
CHRISTINA M LOFTUS

EDWARD J LOPEZ CHRISTINE L LORD ROBERT J LORD STEVEN P LORD

CHRISTOPHER LUDGATE
TONYA LUDGATE

TRACY L. LUNDE LESA LUNDQUIST DAVID MACK MARIE MAKI

JEANNETTE R MANCUSO ANDREW MANZINOJA WALTER MARLTON

CHRISTOPHER LEE MARTIN

FRANK J MARTIN JODI A MARTIN KATRINA E MARTINEAU

TIMOTHY B MASTERSON PATRICIA R MATHIS ADRIAN S MATHISON ERVIN A MATHISON

DOROTHY M MATRIOUS FRANCIS S MATRIOUS JOHN MCCAULEY STEPHANIE MCCAULEY

SHAWN MCCONNELL JESSE J MCEIVER AGNES L MCGUE

MIKHAILA C MCKENY JACK RAYMOND MCNAUGHTON MICHAEL JOHN MCNAUGHTON

LISA MEHTALA-HOWES CAROLYN A MERRILL DORA M MERRILL PATRICIA MERRILL PHOEBE MERRILL LISA DRETZKA MEYER EDDIE MICHAEL

RYAN MICKEL WRIGHT DOROTHY MILLER JENNIFER A MILLER JUDITH E MILLER MANDY J MILLER ROY MILLER

SCOTT MILLER SHERRY R MILLER CHRISTOPHER M MILLS DAWN M MISQUADACE PAMELA MOONEY

JUDY MOORE SUSAN E ST CLAIR WERNER

MORAN GARY ALLEN MORRIS JOHN ALLEN MORRISETTE LOUIE MORRISSETTE MAX MORROW

JOSEPH MOSAY MARTY MOSAY WAYNE MOSAY CAROL L MULLER JOHN DAVID MUNNELL SONDRA R MURRAY

KIM LEILANI NAHGAHNUB BRUCE NELSON KIRBY NELSON LEROY NELSON

RICHARD NELSON TROY D NELSON SHAUN J NEVEAUX DENNIS NEWAGO

PAMELA J NORCROSS

REBECCA NORDEEN AMANDA OAKLEY TAMMY ODERWALD WENDY L ODERWALD CHERYL OIYOTTE CYNTHIA OLSON RICHARD OSHOGAY

JAMES E PAEGEL
THERESA K PAQUETTE
ALVENA PASSMORE
GEORGE A PEACOCK JR
SETH M PEAKE
VALOISE PEDERSON

MASON FRED PEET
COLLEEN SUSAN PELTIER
STEVEN B PETE
CATHERINE M PETITE

ROXANN J PINAL TRUJILLO RUDY PINEAU ANGELA PLANCHE

ROBERT C POTVINE KAREN SUE POULSEN STEPLER

GLADYS PRENTICE BERNARD E PROULX JOHN RABIDEAU AUDREY REED BERQUIST DANIEL J REJHOLEC

SASHA B ROBBINS
LEANN ROBINSON
KEVIN M ROCHON
KARL K ROCKMAN
GREGORY J ROGALLA
KARL R ROGALLA JR
KENNETH S ROGERS

MARY L ROGERS
THAMER L ROGERS
SUSAN ROY
SHEREE SAM

JULIE SANDERS MARK A SAVAGE EUGENE DIEDRICH SAVOYE

PAMELA SAVOYE
ROB SAVOYE

MICHELLE E SCHEER KELLI SCHLIENING ELIZABETH SCHULL JOYCE SCOTT

CLIFFORD LOYD SEAT GENE HUBERT SEAT ANTHONY T SENARIGHI DON A SHARLOW PEGGY SHARLOW

JOSEPH W SHELAFOE MICHAEL L SHERMAN JOYCE SINCHEFF RONALD L SKYE SHIRLEY SKYE ROGER D SLAGOWSKI DONALD E SMART JAMES A SMITH

JEAN STUART SMITH RONALD R. SMITH ZEDEKIAH Z SMITH

SHARON R. SMITH JOHNSON

DIANA L SOLIS
RAMONA SOYRING
ANTHONY J. SPENCER
EUGENE ST CLAIR
PATRICIA ST. ARNOLD
DAVID J STAPLES
HAZEL LAGREW STAPLES

ROCHELLA K STEPHENS DAVID W STEVENS GREGORY M STEVENS MARY STEVENSON GEORGIA L STONE HAROLD STONE NORMAN STONE ORVILLE STONE PAULINE STONE SEAN R. STONE FERN STONE MEYER TRISTIAN D STREAM APRIL M STRONG ANGELICA E STRONG CONSTANCE I STRONG JERROD A STRONG

IODIE I STRONG RAE MURIEL STRONG RAYMOND B STRONG LUANNE SUMMERS LESTER SUTTON JAMES N. TAYLOR JERRY A. TAYLOR SHERRY TAYLOR DEBORAH TAYLOR EVANS JASON R THAYER JOHN JR THOMAS CALVIN W THOMPSON CHARLENE A THOMPSON SHIRLEY I THOMPSON SUSAN THOMPSON RICHARD I THOMPSON IR MYRON L THORNE CATHERINE I. THORSON LAWRENCE THORSON I FROV THORSON SARAH THORSON LAVERNE THORSON, JR. MURIEL A TOLLEFSON TIM B TOMKE TERRENCE TOPPING

SHEILA A TUCKER BARBARA VANDERVENTER JEAN VOLK FRANK J WADE RAYMOND J WEIDEMAN SARA L WERNER SCOTT S WEST SARAH J. WHERLAND TRACEY A. WHERLAND JOSEPH D WHITEBIRD VINCENT WAYNE WHITEBIRD DAVID R WHITEBIRD JR MARTHA WIETSTOCK DANNY WILDEY MICHAEL WILDEY LISA M WILLES GEOFFREY F WILLIAMS

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VICKY WILLIAMS LISDAHL
GARY M WILSON
RAYMOND C WILSON JR
DOUGLAS W WIND
BRIAN G WORKMAN

TAMARA M WRIGHT MARY JOSEPHINE YACHWAK

FDL Law Enforcement News

Officer Spotlight: Melvin Barney

'm Melvin Barney. I work with the Fond du Lac Police Department and I've been there since 2003. It's 16 years this year and I'm Enrolled in the Fond du Lac Tribe and I've lived here my whole life.

Something interesting about myself would be I have an interest in business and I've slowly been pursuing my business degree. Which usually doesn't go along with law enforcement, but is just something that is my interest over the years and eventually I'll get it done.

What made me want to become a cop is hard to pinpoint. I remember back in high school we had to do this thing, getting ready for graduation, it was kind of what interested you in the long run, for a career path. I remember picking my brain and thinking a bunch of other stuff then law enforcement just kind of stuck in my brain. I looked into it and it's just had my interest ever since. I didn't actually make a decision to become a cop until I was 20-21 years old. After high school I took a break from school and worked construction for a little bit. Then I got back into college, the Fond du Lac Reservation provided an opportunity to

become part of the team.

The community policing model, in my mind, we've been doing it since 2003 when I started my career. It is definitely a great thing for our community to get to know us, how we can problem solve and figure out different ways to provide a service. We

hear a lot about community policing, those words being thrown out quite a bit in the last few years. Like I said back in 2003 when I started going through my training and actually being employed here, we have always been in our community. We've always

been interacting with our community members and a lot of us in the department are from here so we have that personal relationships with our members.

Why I chose to work for Fond du Lac was that I know everybody here. It's my home town it is where I was born and raised and my family it here. I've seen a lot of things growing up and some of the areas that

weren't good and a lot of areas that were good. Going back to high school, and thinking of what I wanted to do for a career for that project, some of the biggest things were helping to protect that community and keeping the community what it is.

My favorite part of working for Fond du Lac is getting to see friends and family and community members. new members coming in and the young kids that I saw when I first came in and where they're at now. It's 16 vears, it kind

of blows your mind seeing them little guys and all of a sudden they're adults. Just being out there, the interactions, I just really enjoy that.

The most satisfying aspect for my job as law enforcement for Fond du Lac is when we're able to help somebody out of a tough bind or out of a situation. They kind of give you that look, a thank you look. We don't hear that often, the words "thank you," but from our community members a lot of it is just a look they'll give. Inside you feel good about it, you were able to aid them when they needed you. That's what we keep looking forward to doing, especially that's what I like to look forward to doing as long as I'm in law enforcement.

Something about me people might not know, well there's a couple of things. I'm definitely big into the history of things, lately the history and religions going way back years and kind of learning about history. The areas that we take vacations to, if there is an older town, I look into their history and stuff like that. Another thing not many people know about me is I like to do online gaming. I got into it a couple of years ago, my brother-in-law was playing and I jumped

on with him. I never was into it over the years then I jumped on with him when he said "hey, check this out" and we were playing Call of Duty. It just took off from there. I'm on there quite often.

Just a reminder to people on the roadways there are definitely new laws out. Hands-free for cellphones is big. We do see a lot of accidents and minor accidents with people using their cellphones and other things in their vehicles, so definitely go hands-free and be safe. And just to remind people that our community is a great place to grow up and raise a family. I'm very proud to say that I was able to move back into our community and raise my family here and it's definitely a great place to be.

Fire on Ditchbank Rd.

On July 26, 2019 at approximately 10:14 p.m. a structure fire was reported at 3136 Ditchbank Road. Once the fire was suppressed and put out, area fire investigators have determined that the fire was deliberately ignited. The Fond du Lac Police Department is asking for the communities help with any information in regards to the fire.

Fond du Lac Police Department can be reached at (218) 878-8040 or you can contact the arson hotline at 1-800-723-2020. Rewards offered.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at

1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences

with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ARRELL, Lavonne ANKERSTROM, Arthur BAKKEN, David BARNEY, Jessica T. CICHY, Gerard
CICHY, Leslie
DEFOE, Richard
*DEFOE, Sherry L.
*ENGLER, Catherine
LAPRAIRIE, Robert
MARZINSKE, Larry
MCFADDEN, Barbara
NELSON, Chester E.

POWERS, Lois A.
RODAKS, Timothy
SAVAGE, Mark
SHABAIASH, Rodney
SOULIER, Gary
YEAZLE, Joann

Ashi-niswi giizisoog (Thirteen Moons)

Waatebagaa giizis

Waatebagaa giizis is the Leaves Changing Color Moon. Other names for new September moon are Mandaamini giizis (Corn Moon) and Moozo giizis (Moose Moon).

Welcoming the new Food Sovereignty Coordinator

Boozhoo!

am very
excited to be
the new Food
Sovereignty
Coordinator for
the Fond du Lac
Reservation!
I grew up outside
of Philadelphia
and in my early
teens started

growing vegetables and strawberries outside of the apartment I lived in with my parents

and brother. I honestly don't know where the love of growing food came from as my parents were urbanites and this was not their passion. I grew some mighty tasty tomatoes in that tiny plot.

After high school I went to Pennsylvania State University where I majored in Agriculture Education and minored in Horticulture. I currently hold Minnesota teaching licenses in Life Science and Agriculture Education.

I have taught environmental courses at a variety of Universities including the University of Wisconsin's Sustainable Management program, the College of St Scholastica, Northland College, and Marylhurst College. Currently I teach online courses for Fairleigh Dickenson University including



Jill Jacoby and Swiss Chard

Introduction to Sustainability, Environmental Literature, and Contemporary Environmental Issues.

At home I grow vegetables in a garden and hoop house and I have blueberry and raspberry gardens. Several years ago I received a sustainable agriculture grant from the MN Sustainable Agriculture program to experiment with growing shiitake mushrooms in a northern climate. Growing mushrooms is fun, but not for the faint of heart as it is a lot of work. I sell my mushrooms at farmers markets.

My passion is as an educator and I look forward to working with new food producers at the Cary Road Farm.

Fond du Lac Resource Management 9th Annual Ganawenjigewin Maawanji'idiwin Taking Care of Things Gathering Gitigaan Fall Feast



Thursday September 19th, 2019 1pm-6:30pm 49 University Road, Behind FDL Ojibwe School Cloquet, MN 55720

Join us to celebrate taking care of the land and learn about sustainable use of natural resources, harvesting, and gardening.

Fresh Garden Food Tasting!

Taste test & vote for your favorite foods.

Sign in to Register for Raffle Prizes! Greenhouses Trees and Shrubs Gift baskets of Fresh Veggies!

To reserve a table for the Artist, Craft & Farmer's Market call:
Tammy Anderson
218-878-2642
tammyanderson@fdlrez.com

To reserve an Info table contact: David Smith 218-878-7119 davidsmith@fdlrez.com

Activities for all Ages!

Archery
Puppet Show
Scavenger Hunt
Garden Food Demos and Samples
Vendor and Info Tables

Guest Speaker TBA 4:30pm Supper served at 5:30pm Raffle Drawings announced after Supper









Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Inclement Weather - School Commons and Caleteria

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Weather

It is... A cool wind- Dakaasin A nice day- Mino Giizhigad Clear- Mizhakwad Cloudy- Ningwaanakwad Cold- Gisinaa Foggy- Awan Hot- Gizhaate

Source: www.ojibwe.org/home/pdf/ojibwe beginner dictionary.pdf

Double Vowel Chart

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

"Zh"- sounds like the "su" in measure
"a"- sounds like the "u" in sun

"aa"- sounds like the "a" in father "i"- sounds like the "i" in sit "ii"- sounds like the "ee" in feet "o"- sounds like the "o" in go "oo"- sounds like the "oo" in food "e"- sounds like the "ay" in stay

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

E	Ν	J	Ε	G	0	F	Ε	В	С	Ε	Q	Χ	Α	E	E	Р	Н	G	K
N	G	I	L	R	W	Т	D	Р	I	V	U	I	G	D	W	K	L	F	E
I	I	A	D	W	V	Z	S	Н	В	U	S	V	Α	J	R	V	I	I	K
W	С	U	Α	0	Z	W	Р	G	Y	A	J	A	0	L	N	L	Х	U	Ν
0	Н	U	G	K	0	G	E	D	A	A	G	I	Н	С	I	Ν	A	A	W
М	I	V	G	В	0	N	С	L	J	I	Н	I	В	A	N	G	Н	J	N
A	N	G	Н	K	R	0	I	S	Н	J	Н	Н	D	S	E	М	P	G	Н
A	0	E	Т	P	A	Х	D	С	F	V	A	F	G	A	I	Т	F	W	Χ
N	0	G	Q	Z	W	Х	I	I	G	W	В	W	Х	N	N	L	A	K	М
I	D	I	S	G	I	N	Т	U	I	K	С	E	W	S	D	A	N	Q	0
N	I	E	S	A	I	Q	N	Q	V	W	Р	A	Т	U	Y	W	A	L	D
I	N	Т	F	I	Н	Н	N	I	S	A	A	W	N	I	М	R	М	М	М
I	A	Т	W	S	S	Y	М	М	A	N	L	A	Y	М	D	Χ	Н	J	0
W	Z	F	I	U	J	Н	K	S	I	E	G	P	W	С	L	Ν	A	P	Y
E	N	S	В	Х	0	С	0	М	S	K	С	D	G	J	Т	S	F	Q	Q
Н	D	В	G	В	E	G	A	U	K	0	В	S	S	U	G	Y	Y	L	F
F	Т	G	I	Q	R	D	С	С	М	S	P	D	Н	В	S	R	E	С	V
Z	L	R	V	R	L	Т	R	Н	0	Y	Y	G	0	Q	Z	Y	F	J	Y
М	A	S	Н	K	A	W	A	A	G	A	М	I	Н	E	В	G	A	Х	Ε
М	A	В	I	С	D	G	W	U	Р	М	Ε	V	Χ	S	0	V	K	S	G

Wiininaamowin	air pollution
Wiinichigaade	be polluted
Waanichigaadeg	pollution
Bagidanaamo	breathe
Minwaasin	good wind
Noodin	windy
Gichinoodin	very windy
Minwaanimad	favorable wind
Mashkawaagami	be strong
Waawiidookaage	helps more than one person



Community News

Happy Birthday

Happy Birthday **Rita Jaakola** *Love, Mom*

I would like to wish my nephew Ravmond William Smith III (Sept. 7, 2006) a verv happy 13th birthday! Raymond vou are growing up so fast. You are so polite and so kind and vou have an awesome & witty personality. You remind me so much of vour dad. Thank vou for all your help you do for us and other people. We are so blessed to have vou in our life and can't wait to watch you grow into adulthood. Thank you for being you!! We love you so so much Raymond and we hope vou have an awesome Birthday!

With all our Love, Auntie Vickie and Uncle Bouda, Shelly, Psalms, Kristen, and Roger Jr.

Happy Birthday to our beautiful sister and aunty **Vanessa Northrup** (9/11/?)

With all our Love, Vickie and

Bouda, Shelly, and Psalms

Happy birthday to our grandson **Adrian Savage** (Sept. 14) *Love, Grandma and Grandpa*

Happy Birthday to the two
who hold a
huge piece
of my heart
Shaydon



(Sept. 15) and **Shayna** (Sept. 8) **Thompson**. *Meemah loves you both SO* I would like to wish my daughter **Taylor Diver** (Sept. 21) and sisters **Mary Diver** (Sept. 16) and **Joy Martineau** (Sept. 23) a very Happy Birthday and my brother in law **Kelly Diver** (Sept. 6) *Love always, Lynn*

Happy 2nd birthday **Toretto Northrup** (Sept. 29), you are a big boy. I love you so much. I hope you



I hope you have a wonderful birthday Love always, Mom, Zack, Megan, Haley, Dylan, and Colton

Obituary

James Tuttle III, age 58, of Cass Lake, MN passed away on Thursday, August 1, 2019 in Rochester, MN.



James was born on May

11, 1961 in Minneapolis, Minnesota to James and Karen (Jones) Tuttle Jr. He loved nature and enjoyed ricing, picking boughs, and walking in the woods. He loved spending time with his girls, grandchildren, and family. He was easygoing, quick to laugh and made friends wherever he went.

He will be lovingly remembered by his two daughters: Penny Firesteel and Jamie Tuttle; three grandchildren: Vada Firesteel, Tristin Firesteel, and Kaden Firesteel; his auntie, Jeanie Goodwin; two sisters Sue Cloud and Mindy White; six nieces and nephews and many great-nieces and great-nephews, as well as numerous other relatives, special friend Pamela Smith-Jones and many other special friends.

James was preceded in death by his parents; his brother, Bill; his sister, baby girl Tuttle; his Aunt Mugsy, Uncle Chucky and Grandmother Frances; as well as many other uncles, aunties and other relatives.

Donna Mae Burlingame, 79, passed away on Monday, July 15, 2019, at the University of Iowa Hospital and Clinics.

The Ralph J. Wittich-Riley-Freers Funeral Home is in charge of arrangements. Online Condolences: www.wittichfuneral-home com.

Donna was born on January, 10, 1940, in Wisconsin, the daughter of Donald and Goldie LaGrew Smith. She married Edward L. Burlingame and they later divorced. She was a member of the Fond du Lac Band of Lake Superior Chippewa. Donna enjoyed puzzles and doing crafts.

Those left to honor her memory include her children, Randy Burlingame and wife, Lorraine, of Oklahoma, Rudy Foster and wife, Sally, of Muscatine, and Sherry Orr and husband, Tom, of Muscatine; brother, Russell; sister, Joyce; sister, Sharon "Bo" Smith; 11 grandchildren; and numerous great-grandchildren.

She was preceded in death by her parents; three brothers, Donald "Donnie", James "Jimmie" and Ralph; one sister, Linda; and one son David.

Richard "Dick" G. DeFoe, 75 of Cloquet died on Wednesday,

August 7, 2019 at Chris Jensen Health & Rehabilitation Center in Duluth. He was born on July 16, 1943 to Francis and Virginia (Northrup) DeFoe in Cloquet, MN. Dick was a US Army Veteran. He enjoyed making items out of wood in his spare time.

Dick was preceded in death by his parents and siblings, Charles, Glen, Francis, Laura, Brenda and Sharon. He is survived by his sister, Karen "Katy" Hegg and numerous nieces, nephews and cousins.

Warren Dean Sirois, of St. Paul, MN, left this world on 11 August 2019 to journey westward

to Gaagige
Minawaanigozigiwining,
the land of
everlasting happiness. Warren
was born in
Cloquet, MN to
Thomas Alfred
and Veronica



Adeline Sirois (Couture) on June 1, 1936 and was an enrolled member of the Fond du Lac band of Lake Superior Chippewa of Minnesota.

Warren graduated from Hermantown High School in 1955 and then worked with his father for several years before serving in the United States Army in Greenland from 1961-1963. During that time, he was married to Neoma "Jean" Fryklund and they had two children, Susan Marie and Scott Michael.

Upon leaving the Army, he began a lifelong career as a professional driver by driving for Greyhound Bus Company, where he met his second wife, Barbara. They married in Milwaukee in 1967 and had three children: Christene Ann, Dean William,

and Ann Marie.

After leaving Greyhound, Warren worked as an over-theroad truck driver for a number of companies, including Joseph Schlitz Brewing, Miller Brewing, SC Johnson, Ryder System, Inc., and MW Kasch. Over the course of his career. Warren drove to every state in the contiguous United States at least three times and logged well over a million driving miles with an impressive safety record. When he wasn't driving, Warren enjoyed spending time with his family and following many sports.

Warren is survived by daughters Susan Sirois, Christene Sirois Kron (Steve), and Ann Sirois (Kurt Hackett); sons Scott Sirois (Nola) and Dean Sirois; granddaughters Tiffany (Jason), Angelica, Andrea, and Cayenne; grandsons Michael Turner (Kim), Tony Morrison, and Owen Sirois Hackett; and nieces and nephower.

Warren was preceded in death by his wife 51 years, Barbara; his parents Thomas and Veronica; his sister Mary Ellen; and his brother Thomas.

In lieu of flowers, donations preferred to the Fond du Lac Enterprise to benefit Ojibwe Language Program. For information on donating, please email christene.siroiskron@gmail.com.

The family extends their sincere gratitude to all of the exceptional staff at Lyngblomsten Care Center and at DaVita Dialysis for their kind and compassionate care of Warren.

Valerian "Val" A. Turcotte, 84 of Esko died on Saturday, August 17, 2019 in St. Luke's Hospital with his family by his side. Val was born December 16, 1934 in Cloquet to Frank and Viola



much!



Community News

(Northrup) Turcotte. He joined the US Navy at age 17 and was stationed on the USS Richard E. Krause, where he traveled to many ports. Val was employed as a welder with American Hoist and Barco for 36 years. He married Karen Dutcher on July 14, 1964. Val loved becoming a father and have a family to support. He was very proud of his heritage and was active with the Fond du Lac Band of Lake Superior Chippewa, Val was involved with the elder concern group and elder activity group. He was known as "Vintage Val", he played his guitar and sang at numerous venues in the area over the vears.

Val was preceded in death by his parents, siblings; and daughter-in-law, Jana Bown. He is survived by his wife, Karen of 55 years; his children, Sandra Turcotte, Donna Bunten, Lou (Colleen) Bown, Andy Bown, Julie Frerichs, Mike (Becky) Bown, Vicki (Jaime Schloesser) Turcotte, Valerie (Robert) Hoppe; 15 grandchildren and 21 greatgrandchildren.

FDL job listings

FT: Full Time PT: Part Time
For more information about any
of these permanent posting positions contact the Fond du Lac
Human Resources Department at
(218) 878-2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL

Education On Call/Sub

- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW,
 CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/ PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT

- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal
- Golf Concession Sales Rep FT/ PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT

- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT

Fond-du-Luth

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT

- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/ Sub



Thank you

The FDL Spiritual Run was a success!! Miigwech for all the support! We had about 44 runners!

We had sweltering heat, torrential rain, Thunderbeings, Lightning and a great reception into the Powwow arena with a very nice meal at Mash afterward.

The runners ran hard and prayed even harder, all for our community. It was an amazing day!

The eldest to the toddlers we were focused on one goal: FDLStrong

Miigwech to RBC for supporting this run every year!

Miigwech to Mash-Ka-Wisen for holding the Powwow and encouraging & supporting the runners!

Miigwech to Red Lake & Leech Lake Runners

& organizers for their leadership & example! Miigwech to all the directors & staff at FDL

Community Centers for helping us & feeding us!

Miigwech to Mike Kwam & his bus drivers: Maddie, Jessica & Bob we are so grateful for your help!

Miigwech to the Resource Management Officer who escorted us on Big Lake Road!

Miigwech to Rocksteady Running for helping us get the nice tech shirts!

Miigwech to the runners who really make this happen with their prayers, intentions, love and strength.

Thank you all so much for making FDL Spiritual Run successful and being exemplary models of personal & community empowerment.

Much Love & Respect to all of you.

Waatebagaa-giizis -Leaves Changing Color moon- September 2019

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBCC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; BLH: Brevator Language House, CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division: SCC: Sawyer Community Center (218)878-8185: TRC: Tagwii Recovery Center: TCC: Tribal Center Classroom

RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom											
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
Come & Swim & use the gym	Labor Day (Closed)	AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Moccasin class 3:30 p.m. CCC Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Moccasin class 3:30 p.m. CCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 4	Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Language 5 p.m. SCC	Come & Swim & use the gym					
Come & Swim & use the gym Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Moccasin class 3:30 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Moccasin class 3:30 p.m. CCC FDL police BBQ 4:30 p.m. SCC Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW	Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Language 5 p.m. SCC	Come & Swim & use the gym					
8	9	10	11	12	13	14					
Come & Swim & use the gym Family movie morning 10 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Moccasin class 3:30 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Waazh Animikaagewin 11 a.m. BLH AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting second time around 1 p.m. CHS Moccasin class 3:30 p.m. CCC Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m.	Taking care of things Gathering 1 p.m. FDLOJS Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC Open RBC meeting 5:30 p.m. BCC AA Support 6 p.m. CCC	Language 5 p.m. SCC John Michael Montgomery 7 p.m. BBCR	Come & Swim & use the gym Indigenous food expo 11 a.m. AICHO					
15	16	17	18	19	20	21					
Come & Swim & use the gym Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Moccasin class 3:30 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Book club 12:30 p.m. BLH Moccasin class 3:30 p.m. CCC Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Sobriety Feast 6 p.m. CCC	Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Language 5 p.m. SCC	Come & Swim & use the gym					
22	23	24	25	26	27	28					
Come & Swim & use the gym	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Moccasin class 3:30 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	FDL Police BBQ Sept. 10 4:30 p.m. SCC	Taking Care of things Gathering Sept. 19 1 p.m. FDLOJS	John Michael Montgomery Sept. 20 7 p.m. BBCR	Indigenous Food Expo Sept. 21 11 a.m. AICHO	Roots & Boots Oct. 18 7 p.m. BBCR					