

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



Senator Tina Smith visits Fond du Lac and tours the facilities built during 2020 with CARES Act funding

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Local News

Overland off to West Point

By Zachary N. Dunaiski

Fond du Lac has so many people to be proud of for a wide variety of reasons, and one of those is Dakota Overland, a high school senior who will be heading off to West Point to join the army in June.

Overland, who had her great-grandmother's name Zhooniyaa passed down to her, is proud of her native name because it connects her to her heritage.

"Personally, it means a lot," Overland said about the name. "I unfortunately didn't get to know her she passed away when I was one. I think that it really instills a want to understand more of my Native heritage and be involved in that side of myself. Not because I feel that I have an obligation, but because that part is there. It will always be attached to me."

Overland has accomplished so much already. Before she graduates from high school in June, she will already have received her AA degree. She took Postsecondary Enrollment Opportunities (PSEO) allowing her to take college credits while in high school and used that opportunity to her full advantage.

Education has obviously always been very important to Overland, and that's what led her to her choice to attend West Point this fall.

"The biggest thing for me with West Point is education," Overland said. "It's also the military aspect and just a very well-rounded school."

After basic training this summer, Overland will begin schooling, followed by five years of active service and then 3 years reserve. While her dad, uncle, and great-grandpa were all in the military, for Overland that wasn't the only reason it felt natural to enlist.

"As far as military service all of the opportunities that I have now, and I dedicate a lot of my personality and who I am now, to shooting. The experiences that I've had through that," Overland said.

Overland has been very active with gun competitions, mainly 3-gun shooting which is one sport

she absolutely loves to participate in.

"It's extremely fun. Very fast paced," Overland said of her competition experience. "It requires a lot of memorization and thinking, just going out and shooting things as fast and safe as you can."

These competitions have led her all around the world. In a shotgun only competition in France, Overland placed third. For another in Sweden, she placed fourth. The International Practical Shooting Competition (IPSC) that Overland took

part in were the shotgun (France) and rifle (Sweden) world shoot. Overland is very proud of these competitions, but she wasn't always.

"I put tons of work into both of them. At the shotgun world shoot, it was my first international competition and I wasn't thrilled at the end because nerves, and not really understanding my

mental game completely, through me off," Overland said. "I did place bronze in the lady's division, which looking back at it I'm prouder of that accomplishment now than I was at the time, just because I was 15 and I had just started shooting that gun."

These competitions weren't the first time that Overland spent a significant time overseas. As a freshman, Overland went to Spain as a foreign exchange student.

"It was interesting spending that much time away from my family in a foreign country. It was a great experience," Overland said. "I want to go back to Spain so bad and actually experience some other things. I think that going so young made it so that I didn't appreciate it as much as I would now, but it was a wonderful experience. I think that really encourages and plays into how much I enjoy traveling now."

As part of her travels, and desire to be a very well-rounded individual, Overland learned to scuba dive and became certified at just 10 years old. Becoming a scuba diver so young had its challenges, but wasn't anything that Overland couldn't overcome.

"My mom and dad used to be

really into scuba diving, both of them really enjoyed it, especially my dad. He used to do ice diving," Overland said. "Both of them really enjoyed it and it was something that I thought would be super cool. I wanted to get certified in that so that I could scuba dive when we went on our trip to Mexico. It was definitely challenging because I was 10 and there was a lot of reading and things I didn't quite understand, but I made it through."

There are so many other things that Dakota is involved in, including her time with the D.C. Project where she got to speak with representatives about the second amendment.

All of this hard work and extra-curricular hobbies that Overland has involved herself with has made her family proud. Her family congratulates her on all of her achievements and wishes her well in her future endeavors. Grandparents Lola Overland of Cloquet, Gordon (Barb) Overland of Sturgeon Lake and Jim and Sally Hammes of Sturgeon Lake, as well as her parents Todd and Tiffany from Wyoming, Minn.



Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials,

opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists
Association

Local News

Senator Smith visits FDL

Many public officials have visited Fond du Lac over the years to see all the great achievements Fond du Lac has made, and during this last month Minnesota Senator Tina Smith was one of them.

Chairman Kevin Dupuis Sr., Sawyer Representative Bruce Savage, Executive Director of Tribal Enterprises Terry Savage, Planning Director Jason Hollinday, Economic Development Planner Jamie Adams, and others showed Senator Smith around the Reservation to see all the good things that Fond du Lac has

been doing lately, showing a lot of interest in how CARES act money was spent.

One stop was at the brand-new facility in Sawyer, at the Gitigaaning facility where Delilah Savage and her mother Leah Savage were currently in the process of making cupcakes with ingredients they grew.

“This is mine and my mom’s side business,” Delilah Savage told Senator Smith. “We’re creating Wild Rice cupcakes with maple butter frosting. It’s all organic ingredients, and the Wild Rice we harvested ourselves.”

This stop on the tour was referred to by Senator Smith as her dream stop.

She loved seeing the locally grown, processed, and made food on the Reservation and hopes that others will do likewise.

Senator Smith’s visit was about so many things regarding Fond du Lac’s needs, and it was wonderful seeing Senator Smith listen to all that Fond du Lac has done, and thinks our federal government should continue to support FDL’s productive projects.

Hollinday appointed to Duluth Planning Commission

For 26 years Jason Hollinday has worked in Planning for Fond du Lac, and as a life-long resident of Duluth, he is now on the Duluth Planning Commission.

The position on the commission is something he wanted to do as a way to give back to the city he loves.

“I saw there was an opening, actually they had called and asked if I wanted to apply,” Hollinday said about an opening on the commission. “I thought about it and actually did apply just because I thought it might be interesting to be a part of and just kind of doing my part.”

Hollinday’s experience was obviously the reason they wanted him to be on the commission as they were losing an individual with an architectural background.

“They were trying to diversify the commission, so they were looking for a person of color with a professional background in engineering, or architecture, or planning,” Hollinday said. “I will get a lot more experience with how things like zoning work. We don’t have a whole lot of zoning here on Fond du Lac, but it is something we could do to see how development works with the city of Duluth.”

Hollinday does a lot of work for the Band in a professional capacity, and now was hoping to do something as a resident of the city he lives in and encourages others to do the same.

“I am on a couple of local foundation boards too, that’s more of a professional capacity working for Fond du Lac, but this one is more personal,” Hollinday said. “Part of the reason I’m doing this is to just be more active in the local government. It’s just good to be active in your local community. Anyone can really be a part of these commissions and boards, they just have to be on the lookout for when they’re looking for someone.”

Being involved in your community, like Hollinday, is a great way to give back, gain experience, and help your town or city grow.



Delilah Savage (left) and Senator Smith discuss organic cupcakes.

RBC Thoughts

Secretary/Treasurer News

Boozhoo,

As we work towards reopening our facilities from this pandemic we need to consider several things. We must look at the number of new cases around us. In Minnesota there were 1,973 new cases reported in the previous 7 days (in early May). Locally the numbers were 305 in St. Louis county and 25 in Carlton county. There were 3 in Fond du Lac and 57 in Douglas county. We also look at the vaccination rate of our population which at 54% overall. The breakdown we look at is by % of age group vaccinated. Our age groups are: 65+ at 82%, 52-64 at 75%, 40-51 at 54%, 30-39 at 39% and 18-29 at 30%. As you can see the percentage gets smaller as the age gets younger. The older generations continue to do their part by utilizing the available vaccines. We need our younger generations to follow in the footsteps of their Elders and do their part by getting vaccinated. The 54% rate on Reservation meets our goals to start to open up. Most reopening plans are in place so watch for our facilities to begin to open up for in-person service.



Ferdinand Martineau

At the last Tribal Executive Committee (TEC) meeting the constitutional reform committee made a presentation on their progress. I was pleased with the progress that was discussed. They have tackled what I feel is going to be the biggest hurdle of the reform

package, enrollment. This issue has been discussed and debated since the 1964 amendment requiring ¼ blood quantum to be Enrolled. Prior to that amendment the Band was a lineal Tribe which meant that if your parent was Enrolled you could be Enrolled. After that you could only be Enrolled if you possessed ¼ Minnesota Chippewa Tribe (MCT) blood. The quarter blood requirement was brought on by the MCT vote to amend our constitutional enrollment clause. They are looking at removing the Secretary of Interior's approval for voting on amendments. They are also looking at the criminal prohibition from holding office and should it be modified or taken out. They are requesting that the TEC get more involved in the process now as they asked the TEC to stay out of it and they complied with the request. They would like to see more local Band members involved in the process for our future. We as Band members are going to vote on several constitutional amendments that will have lasting effects on us so we should take the time to become educated on the proposed change and the implications it will have on all of us as Band members. Your vote is one of the 13,500 needed to make any or all of the proposed changes.

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If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Sawyer News

Boozhoo,

June is strawberry moon, Odemiini-giizis, this month I would like to congratulate all our graduates from Head Start through High School and those completing their bachelors and master's degrees and PHDs.

I would like to thank all the membership and all the staff that have moved forward to get their vaccination to help with the fight against COVID-19. If you have not, please think about doing so, we have seen more younger people contracting COVID-19 within Fond du Lac and across the country. I am asking you to please consider getting the vaccination and help teenagers find a site to get their vaccine too. Fond du Lac Human Services is offering adults the Moderna vaccine and



Bruce Savage

have scheduled pop up clinics in the community.

Within the last month, our region has been under a very high fire danger. Being the son of a fireman, I know this job means jumping to the calls for help and assessing difficult situations. I would like to thank the Fond du Lac Wildland Fire crew, Cromwell Volunteer Fire fighters, Perch Lake fire fighters, Cloquet Fire fighters, GIIFWC Wildland Fire fighters, and the MN DNR Wildland firefighters for staying on-call and alert in our community. Thank you for providing services throughout the spring and summer months, it's been very dry and there have been numerous calls to protect our area. As you know, we can have extreme weather so be prepared in your home with drinking water and other essential items so you are not caught off guard. Also, with more activity in the community please be aware of summer safety for children and

Cloquet News

Hello all

I hope you are all doing well. Our clinical staff has been busy with administering the COVID-19 vaccine. They have a good percent of our community fully vaccinated and are continuing to administer the vaccine to those that have not yet received it.

We are also moving forward with opening up our programs and events a little at a time. Our Black Bear golf course is now open. Our school has opened up a bit more allowing more students to attend school. Our Black



Wally Dupuis

Bear Casino is opening up some of its venues and are planning to open up for concerts again. Each, however, will have safety protocols in place to address COVID-19.

Our spring spearing and netting has come to an end and our fisherman did a great job catching their quota and being safe while participating. Our Chief Judge, Judge Susan Ojibway Townsend, has recently retired. I would like to say Thank You Judge for the work you have done for the Band and congratulations on your retirement.

Our community center food pantry is still in full operation. Please check our website for dates. Also,

pools as well as use of ATV safety and wearing helmets.

June 5 is the community Gitigaan Plant Giveaway, look for details in the newspaper and links to attend the virtual classes and join plan discussion. This time of the year brings in good memories of gardening and harvesting, specifically picking wild strawberries. I remember picking strawberries all over Duluth and making a shake with milk. Children will remember and learn to appreciate these seasonal treats. This year Gitigaan can help you find the right plants for your garden.

I hope everyone had a nice Fond du Lac Memorial Day and Mother's Day. It is important to honor and remember relatives who have served in the military and all mothers who do so much for families.

*Gigawabamin,
Bruce M. Savage
Sawyer District Representative
(218) 393-6902
BruceSavage@FDLREZ.com*

FDL is operating a CARES Act Emergency Repair and Replacement program, this program can help with repairs or replacement of stove/ovens, heating systems, water heaters, and water systems. Please check our website for applications and contact information.

To all FDL Veterans, Velvet Linden is currently handling the Veteran program until our Veterans Officer returns. Please don't hesitate to contact her for your needs.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com

RBC Thoughts

2021 community center food pantry

FDL Enrolled residents will be assigned to their community center for food distribution. An application must be completed in order to receive and it is based on one food box per household. If there are any questions please contact your assigned community center manager. June Distribution Dates: 2, 9, 16, and 23 12-7 p.m. No June 30th distribution.

Deliveries will continue to Elders with no transportation. Please contact the center manager for any questions.

Contact Mel Diver, Cloquet Center (218) 878-7589, Brenda Shabiash, Sawyer Center (218) 878-8194, or Bryan Bosto, Brookston Center (218) 878-8048

Tribal Court notice of name change

In the Matter of the name change of AUBRIAUNA KAYLEY MULARIE, Minor Child. Case No.: NC-003-20 Notice of name change.

Notice is hereby given that on May 17, 2021 an Order was issued changing the name of Aubriauna Kayley Mularie to Aubriauna Kayley Brigan.

Tribal Court notice of name change

In the Matter of the name change of VERONIC JANE WILSON, JOSHUA HERMAN WILSON, JR., DAVID ANTHONY STAPLES, JR., and KAMERON NICHOLAS STAPLES, minor children. DARLENE JOAN BOBROWSKI, Petitioner. Case No.: NC-001-2021, NC-002-2021, NC-003-2021, and NC-004-2021 NOTICE OF NAME CHANGE ORDER TO SHOW CAUSE HEARINGS.

Notice is hereby given that on May 6, 2021 a petition was filed in this Court on behalf of the above-named minor children. The Petitioner seeks an order changing the names of the

minor children as listed below:

Veronica Jane Wilson to Veronica Jane Bobrowski

Joshua Herman Wilson, Jr. to Joshua Herman Bobrowski

David Anthony Staples, Jr. to David Anthony Bobrowski

Kameron Nicholas Staples to Kameron Nicholas Bobrowski

Hearing in this matter has been set for July 12, 2021 at 11:30 a.m. at the Fond du Lac Band of Lake Superior Chippewa Tribal Court.

The hearing will be held remotely through Zoom. Please contact the Court Clerk for the Zoom meeting ID and passcode and instructions to join the hearing by Zoom. The

Court Clerk can be reached at (218) 878-7151 or by email at courtadministrator@fdlrez.com. Petitioner and the minor child shall appear for the remote hearing by Zoom.

Any parent, guardian, or relative of the first degree interested in the matter shall appear for the hearing to show cause, if any there be, why the Court should not enter an order granting the proposed change of name.

Any parent, guardian, or relative in the first degree may file a written objection to the proposed name change with this Court prior to the hearing date set out above.

This month's deals at the Fond du Lac Gas and Grocery

M&M/MARS Frozen Treats
\$1.39
IMPULSE SIZE

TWIZZLERS Laydown Bags
2/\$5
12 OZ - 16 OZ

MENTOS Mint Rolls
2/\$1.75

FERRERO Share Size Candy Bars
2/\$3

NORDIC WAFFLES Waffle Sandwiches
\$3.99
6.17 OZ - 6.28 OZ

RIP IT Energy Drinks
89¢
16 OZ

School News

Kindergarten news

FDLOS Kindergartners have been learning about the Earth, planting seeds, and watching them grow. Thanks to Francois, our Master Gardener, for helping us learn about the school greenhouse. We have been comparing our seeds planted in milk cartons to the ones planted in the greenhouse. We also got to see how some of our food is recycled and used for worms to make compost and juice for the plants and gitigan. We also had a lesson on scooter and bike safety. We learned the importance of wearing a helmet from Mr. B, our Phy-Ed teacher. It has been nice to be able to get back into the school and spend time learning outside for the last quarter of the year. The Kindergartners are growing and they have been very good with the technology that we've all had to adjust to over the past year. Miigwech for continuing to learn with us and working to keep everyone safe by wearing masks and washing hands. We wish everyone a great summer!

Carol Smith & Daniel Franklin



News from grade one

This year was a year to remember. We went from being home doing school on our Chromebooks every day to being in-school three days a week and two days at home. We have had many changes this year that our first graders have done well with. It surely is a school year that we will not forget.

Ms. Maggie and Mrs. Sautbine started out the year together, then Ms. Maggie went on maternity leave in February. Ms. Kimmie joined Mrs. Sautbine in leading our first graders in the learning adventure. Ms. Maggie will be returning to our class at the end of the school year.

We did a few hands-on activities at the end of the year. One of the activities was Scooter day for Phy. Ed. class. The students had so much fun on the Scooter course. The learned all about Scooter safety from Mr. Babinneau!

One of the other activities that we did was walking out in the woods behind the school and looking for wild onions (leeks) with Francois. The Ojibwe word for leeks is bagwaji-zhigaagawanzhiig. We watched Francois harvest and replant some of the leeks. The leeks we found were young ones so we didn't harvest any. Francois did harvest some well-established leeks (in his favorite hidden spot) and

shared them with the students. Each student took home the leaves for cooking and the bulbs to eat or plant. The information and teachings that Francois shared was incredible. The back packs going home that day were a little oniony smelling!

It's been a hard year, but seeing all the students smiling faces and hearing the Ojibwe language they have learned from being in school is absolutely worth all the changes that we all had to endure this school year!

We say miigwech to all the families for letting us experience, with them, their child's First grade adventure! Mrs. Sautbine, Ms. Kimmie, Ms. Maggie, Ms. Hailey



School News

Dear 2nd grade families

As the end of the school year draws near we would like to say “miigwech” for trusting us with your child’s education. Although, COVID-19 caused many bumps in the road, we are grateful for our learning time together and are so proud of the progress that students made.

We want to continue to see our 2nd graders make great strides in their learning and start the new school year as smart, confident 3rd graders. With that, we encourage you as a family to make reading a priority in your home. Listed below are some great ideas for promoting reading over the summer.

- keep track of summer reading progress
- consider offering incentives for reading
- set aside time for reading every single day
- visit your public or community center library
- read books together as a family
- take books on the road if you’re traveling
- read a book and then watch the movie together.

We are wishing you all a safe and happy summer of READING!
Mrs. Martn & Mrs. Kettelhut

3rd grade news

This school year has brought many challenges. However, sometimes challenges can push you to learn and grow. Making connections and truly creating positive relationships in the classroom can be more difficult from a distance. We have taken advantage of the ease of access that technology has afforded us, and built those relationships with our students

and their families. I have seen improvements in the communications between teachers, students, and parents. I have also seen students interact with their peers through a different window. The need for human connection will not be denied. In addition to trudging through curriculum, we have met family members and pets through a screen. We have visited one another from a home environment, and made our classroom feel that much more like a family.

This year was a unique year for students and teachers alike. We all learned a new system of learning together. Many times, the students took on the teacher role. If a camera was blacked out, a microphone was muted, or any number of things happened, students became the real problem solvers. These children are resilient. If we support their mental health and wellness, and guide them in their curiosities, they will thrive in academia.

“I’m so proud I was your teacher. I’ve watched you learn and grow. We worked so hard and had such fun. How fast the year did go! We had so many special times, but now it’s time to part. Just know that you will always have a special place within my heart!” – Author Unknown

Anokii nanda gikendaan enigok gaagwe gashkitoon Cortnee Defoe It’s has been one interesting year

Boozhoo! This year has brought many challenges but also lots of growth and learning. Students, parents/guardians, and staff

Dear 4th grade students

As the school year comes to an end, we just want to say that it has been an incredible journey and we are so proud of you! You have worked so hard and have made so much progress this year. We have shared many wonderful memories and also had fun learning!

Keep up the great work! You make teaching the greatest job in the world and we will always remember the past two years we spent together. You have given your classmates smiles, helping hands, compliments, care, and concern every single day, we are so proud of the people you are becoming.

Always remember... the more you read, the better you read. So, READ, READ, READ and don’t forget to practice your math facts (especially your multiplication).

To the parents, we say THANK YOU for allowing us to be your child’s teacher. It has been a wonderful and rewarding year despite all the challenges we have faced together.

Hope to see you all next year! We will miss you!
Andrea, Maria, and Shawn



were learning alongside each other. Third graders learned about multiplication, division, fractions, and much more. We learned a bit about the water cycle and plant growth. We read a lot and had a lot of awesome participation from our students. It was different but still good to work together so that our students could receive the quality education that is promised by our mission statement.

I am so happy that I got to know most of the kids this year. I even got a peek at some wonderful families; the brothers, sisters, and cousins were so fun to meet. I especially loved it when they introduced their “work partners” also known as pets. They got to peek into a staff member’s life as well. I think the kids found out we are people with silly things happening at home all the time, too.

I can’t wait for next year and hope that we get to be together as soon as it is safe. Miigwech for a

wonderful year.
Mrs. Benson

5th grade happenings

Wow! We made it! What started out as a very challenging school year has turned into a great learning adventure! We would like to say Miigwech to all of our 5th grade students and parents who have made distance learning successful. We have all increased our knowledge on technology as hiccups and issues arise. Thank you to those students who jump in to help each other out when those hiccups happen. We are very proud of all of you and hope that you continue helping others and showing your caring natures!

Our 5th graders have been hard at work the past few months. We have planted flowers, learned about the water cycle, circuitry, rocks and minerals and have experienced economics by earning brain bucks for our classroom

store. We have also spent time learning to code and using our Makey Makey devices to make our coding come alive.

With summer coming, we want to remind you to please continue to read with your child at home. Reading for enjoyment will help your child increase comprehension and fluency while giving them a reason to pick up reading material. Encourage them to read recipes, back of cereal boxes, Achieve 3000 Articles, etc. to you and have some fun with it.

One last thing, if you have not signed your child up for summer school yet, we encourage you to do so. Teachers have been busy planning exciting things for your student and we hope to have many children experiencing these learning opportunities. As always if you have any questions or concerns please feel free to email us at dawnliimatainen@fdlrez.com or amyjackson@fdlrez.com. You

School News

can always message, text, or call as well.

Miigwech for all you do, Ms. Dawn and Ms. Amy

6th grade news

Boozhoo Gakina Awiiya,

As the 2020-2021 school year is winding down we would like to take a minute to reflect on this year. It certainly was interesting, we have enjoyed working with your children. Thank you for allowing us to do so, it has been wonderful to get to know each of them. We have watched them grow and mature, struggle, succeed, and helped them learn. This year has definitely been challenging, but by working together we have made it through.

At the beginning, no one knew how long this pandemic would last or how long we would be doing distance learning. We all had to learn how to use new technology and programs. There have been many times that the students have helped us teachers to figure things out and helped us troubleshoot the problems. We truly have been in this together. There have been times where our days have gone smoothly and days where we have had issues with technology. There were even days where one or both teachers lost connection to the internet. On one such day recently, when we were able to reconnect, we found that the students had continued class without us. They knew the routine and a couple students took the lead. The others followed along and class continued as usual (in fact, it may have been better!). We are so proud of our 6th graders. They have grown up so much this year. We love working with this bunch and are extremely proud of the amazing

young people they are. Miigwech, Miss. Jodie and Mrs. Garsow

High school news

The high school staff at the FDLOS would like to say miigwech to our students for their hard work throughout this virtual school year! We also want to thank all our students' families and friends that have supported and encouraged the students this last year. We know it wasn't always easy but we can see how much you tried. We got to watch you grow and learn even when it was difficult.

We want you all to have a great summer and find some time to have fun. We cannot wait to see your faces again!

- High School Staff at the FDLOS

At the time of writing this, we are only a few weeks away from closing out our 2020-2021 year. You will look back on this later in life and realize out of all-time moments in history, you were able to witness this whirlwind experience. The truth of the matter is it brought a lot of ugliness, deception, and confusion to the forefront, but if you were paying attention outside of the mainstream media, there were a lot of wonderful, hopeful, and great moments occurring across the globe. The Ojibwe culture has stood the test of time, so this is just another stepping stone to strengthen it. Get rid of any embers of hate and take hold of what brings about happiness. History has always reared its ugly head and the brutal truth isn't always what we thought or hold it to be. When it is understood, then the ugly signs can be recognized and not repeated. I

want to thank the parents/guardians and all of the students who kept plugging away throughout the school year. Anything our students missed from these circumstances, can be made up. We have a wonderful group of staff here that are waiting to help. It is just a matter of taking a breath, getting yourself set, and putting the first foot forward. I enjoyed various conversations discussing our class lessons and I look forward to future discussions especially in person. I encourage you take the time this summer to read up on history. Pick an event and find out what lead up to that point (Who was behind it? Who profited from it? How was propaganda used?). You may have to do some digging and look at opposing viewpoints. Continue the path to become a rational and critical thinker and not just accept everything that is so quickly one (or group) sourced. This will come in play when you graduate and continue to build up the Ojibwe community along with strengthening neighboring communities and their cultures.

Truly enjoy your summer, Mr. Anderson

K-12 Ojibwe Teacher news

Last spring when we first went online both students and staff had a lot of questions. Some of the big ones were "How is this going to work?" and "How long will we be doing this?" I, for one, did not think we would be online for a year, but I am glad that I work for a school that did everything necessary to slow down the pandemic. My friends who teach in other places tell me that they wish their schools had been more careful

because their staff and students have gotten COVID-19.

It was not possible to get everyone online all the time and I hope that we can help all of our students to catch up on any learning that they missed. We will be having summer school and teachers are planning how to help everyone get caught up when we finally get back together. Right now, we are holding office hours after classes and tutoring for students that can meet outside of class-time. I hope that families are not shy about reaching out and talking to teachers

Back when we were in the building it was difficult to get a class outside to see plants on a regular basis. Online I can at least show them how the trees and ferns are changing every day. I repeat as many Ojibwe tree names as I can until I hear; "All we can hear is the wind" or "Ms. Sid, you're getting laggy" and I head back inside by the wifi for a better connection. When we are back in the classroom full-time I know I will miss some of the opportunities we have now such as broadcasting class from my kitchen so we can practice words like:

onde - it boils, or maybe even ziigaajiwande - it boils over

With the final few days of this month I hope to share some interesting lessons that would be just too messy for the classroom. Then we start prepping for the break so that we can maintain our language skills over the summer. Please ask our students to sing "Asabikeshiins gii-akwaandawe" for you, and ask what happens after the rain came down and washed the spider out. Also encourage them to ask dogs if they want to go "agwajjiing" once in a while.

Sidnee Kellar, K-12 Ojibwe Teacher

Guidance Counselor update

Congratulations Ogichidaag Seniors! It is an impressive accomplishment to finish your high school education during a pandemic. I am proud of each of you for your hard work and diligence in reaching this important benchmark. There is a lot of potential in each of you, become who you want to be as you grow and learn. I know some of you have signed up for college in the fall and others are working and preparing for your future. I wish each of you the best with hopes of seeing you reach your dreams in the future. Dr. Vicki Oberstar, Fond du Lac Ojibwe School Guidance Counselor

News from the School-Wide Community Activities Supervisor

Hello, my name is Antonio Flores I'm the School-Wide Community Activities Supervisor. I'm excited to be back at the Fond du Lac Ojibwe School, it has been a couple of years since I was last here as a student athlete for the basketball team. I'm honored to be able to serve in a position that works with the youth of our community and I look forward to meeting all of our students and families in the near future.

As the School-Wide Community Activities Supervisor I'm in charge of many programs here at the school, one of them being the Parent Advisory Group (PAG). This group meets once a month to discuss updates and new events at the school. It is also an oppor-

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tunity for members of the community to voice their concerns or ideas, they have to help better our school. Our next Parent Advisory Group meeting will be 12 p.m. June 2. A reminder will be sent out that day as well as a Zoom link that will be posted on our schools Facebook page.

Let me know if you need any more information!

Cultural Coordinator news

How is it possible we are already in June 2021!? I have enjoyed the challenge and opportunity to work with the Senior class of 2021 here at the Fond du Lac Ojibwe School. This group of graduating seniors will be a blessing to our community or wherever they may choose to go.

Some days I wondered if it was even possible to do this without contact with our students. I must say without Facebook Messenger and my cell phone I would have been lost when trying to communicate with our seniors. We had everything we needed as far as Chromebooks and MiFis but to communicate at times late in the evening with these kids was possible with Messenger. Most of our student's handled distance learning with excellence.

As the Cultural Curriculum Coordinator, we did a virtual Biboon and Ziigwan celebration with our wonderful staff and students. Francois took on a huge part of the sugar bush this year. Miigwech Francois! It was a pleasure to bring presenters to our online events and it went well. It is amazing the things we can do when we thought we couldn't or would never have to.

Overall, I want to say Miig-

wech to all of our community for having your children join in our distance learning. I hope we can be back 100% in person for hugs, handshakes, and our learning sooner than later. It has been a good year so far and things are looking up!

Tara Dupuis, Cultural Curriculum Coordinator

Gifted and Talented news

Boozhoo, my name is Sharon Belanger and I am the Gifted and Talented Coordinator at the Fond du Lac Ojibwe School. This has been a challenging year and the Gifted and Talented Coaches did a great job bringing educational and engaging activities to our students.

Throughout the 2020-2021 school year, six 4th grade students were chosen to participate in an Online Art Class. Students were able to view several elements and principles of art, given time to explore various media and materials, and were allowed the opportunity to develop, grow, and work out ideas. The smaller group size created a safe environment to explore risk-taking. We had in-depth discussions while giving and receiving positive, meaningful feedback.

Our younger Gifted and Talented students worked on some creative things this year. They made bandlier bags. Miigwech to GLIFWIC for giving us this opportunity. Children received a bandlier bag and learned all about them. Each one of the virtual sessions were special and hard to leave at times. We shared jokes, creativeness, and laughs.

Leadership students were able to complete several virtual escape

rooms to work on their communication and teamwork skills. These students have also started learning more about what makes a great leader and how they can work to become even better leaders.

This was a fun, exciting and very different year. It was an honor and a privilege to work with our great students throughout the year. To my students and to everyone, continue to shine! Be different because different is good!

News from the Media Specialist

Hello, my name is Brittany Heskin, I am the Media Specialist/Librarian. I have worked at the school for about four years as a paraprofessional and now I am moving into the library.

We will be collecting Chromebooks at the end of this school year due to updating them. If you are in summer school we will work with you to make sure you are able to do your work. Your teachers will have more information about this when it gets closer. As the days get nicer make sure you are still balancing your screen time with your outside time. Screen time can be anything from watching TV, playing video games, computer screens, or even spending time on your cellphones. Our summer will seem short so make sure you enjoy it.

It has been an interesting school year with distance learning and then transitioning into K-5 in person. I would like to say miigwech to everyone for their patience and kindness with the challenges that technology brought this year. I hope you all have a fun and safe summer.

Miss Brittany, Media Specialist/

Librarian

End of the year celebration news

Hello Everyone,

I am writing this to inform everyone that since we cannot have our canoe races again this year because of COVID-19. We are having an end of the year celebration. The drawings will be done in the students Google classrooms on June 2. Students will have games to play in their classrooms with their peers and teachers.

We will be giving away a lot of gifts to our students and staff. Students will have to be in class that day in order to win. We will start the drawings about 9:30 a.m. We will have a separate classroom for the drawings and your teachers will have the drawings classroom invite. I hope all the students and staff will be able to join us for a fun filled day.

We are so proud of all our staff and students.

Miigwech, Shirley Molstad

Wellness coordinator news

Boozhoo from the FDLOS wellness team! It's warming up outside so we're hopeful that you all get a chance to be out and engage in the sunshine and warmth... while it's here.

As the school year winds down, it's important to practice what we preach. Therefore, we wanted to share that throughout the entire COVID-19 pandemic, at the school, we have worked diligently to engage the students and staff with Social/Emotional Learning Curriculums and Activities. Each grade level has been journaling and/or talking about feelings,

thoughts, and physical components to the pandemic. The most common thread in the Social/Emotional Learning Activities was "gratitude."

We would like to take a moment to publicly express the school's gratitude to all the FDL Departments for the tremendous work you all do! Efforts in the school were met with collaboration by many FDL Departments across the Reservation, we cannot express our thanks enough. While speaking of gratitude, we felt it is important to remember our Grandfather Teachings and would like to share our gratitude through those.

Respect: we respect all the collaboration across our community, for everyone has knowledge and expertise that has assisted the school community in one way or another.

Courage: we honor the courage of students, families and the community, because living through a pandemic was and is not easy for anyone. It took courage for us to deal with change, thrive together, and move forward.

Wisdom: we express our gratitude for those that shared their wisdom with the students and community about ways to better cope with the pandemic, while trying to remain connected and engaged, even if it was in ways we were not used to, or didn't even really enjoy. Incorporating and using the sacred medicines of Sage, Sweet-Grass, Tobacco, Cedar and Water, were invaluable to the school community.

Honesty: we are grateful for the honest and upfront facts about how to best combat the pandemic as a community.

Truth: we are grateful for the truthful distribution of informa-

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tion that has provided us with the ability to make good decisions, to care for others, and to protect in comforting ways.

Love: we are grateful for the understanding, caring, loving ways in which the community has embraced the school's efforts to keep our in-building students and staff safe during our semi-reopening.

Humility: we are humbled and extremely grateful for the opportunities to collaborate with all the FDL Departments that have worked so hard to keep our community safe and returning to what we soon hope to be "normal". We are also humbled by the efforts of the staff, teachers and administration that have gone above and beyond to provide both distance and in-person learning for our students.

Miigwech for all that everyone has done, both known and unknown, to support the school and its efforts to provide a quality education for our children.

On behalf of the school's Wellness Team, Dan DuPay K-12 Wellness Coordinator

Summer safety tips news from Nurse Tara

Summer break is fast approaching, so here are a few tips to stay safe in the sun while you and your family enjoy the weather and outdoors this summer!

First, prevent sunburn! Everyone is at risk of sunburn, even those with darker skin tones, as we are outside more in summertime. Sunburn may cause needless, unwanted pain and blisters if it is a really bad burn. Also, it may cause increased risk of skin cancer, early aging, and increased risk to developing cataracts down the road. Try to avoid being out-

side when the sun's rays are most intense, which is between 10 a.m. and 3 p.m. I know this may be hard, so if you are out and about during this time, be sure to apply sunscreen.

Furthermore, water and sand act as reflective surfaces that increase the intensity of sun exposure, so there is an increased risk of sunburn.

When using sunscreen apply water resistant, UVA/UVB broad spectrum sunscreen that is at least SPF 15 or greater. Apply a liberal amount 30 minutes before sun exposure to allow your skin time to absorb it. Also, remember to reapply sunscreen after swimming, sweating, and towel drying 2 hours after first application.

If you do get sunburned, home remedies work best if started early. Remedies may include cool baths, ibuprofen taken as directed, drinking a lot of water, burn relief gels with aloe, and avoidance of more sun and covering up those areas that were sunburned.

Next, protect yourself from ticks and other biting insects. One can wear long sleeve shirts and pants when out in the woods or in long grass and when outside after dusk. Also, insect repellent may be applied to help repel ticks and insects. Make sure to check yourself and others carefully for ticks when done outside. Don't forget to check your pets, too!

And, as always, make sure you drink plenty of water throughout the day and especially before you go on long walking or hiking trips, biking, or any exercise outside in the summertime. Drinking enough water will prevent dehydration, which if severe enough, may cause serious illness. Furthermore, fruits and vegetables naturally contain a large amount of water,

so eat up a lot of them this summer! Maybe try several new kinds or varieties at your local farmer's market! Yum!

Finally, please continue with ongoing efforts to limit the spread of COVID-19. I know most of us may have COVID fatigue, but continued efforts are needed to keep the community safe. So, if anyone has symptoms, get tested, stay home and away from others if sick, wash your hands often, and consider getting the vaccine if you haven't done so already.

I hope your summer is fun-filled and safe! Enjoy!

Tara Wolter, RN, School Nurse - FDLOS

Principal news

Boozhoo Fond du Lac Ojibwe School community,

It has been a joy to have our K-5 students back into our building even if it's for a shortened school day. Our staff have shared the same sentiment. Our students seem very happy to be here, too. We are hoping to have students in the building next fall, but with a new "normal". For example, we will most likely be wearing masks again.

Enrollment packets for current/returning students have been sent out with mid-terms (with the bright green sheet attached to it). These are the two-page enrollment forms that say Census Verification Report on top of the page. These need to be updated with information verified. If you haven't done so already, please return them as soon as possible. These help us with our planning for the 2021-2022 school year.

We are planning for Summer School to begin on June 14, 2021. Our K-5 students will be in the building, and our 6-12 grade stu-

dents will be online. We will be planning a field trip for our 6-12 participants. Transportation and lunch will be provided for the k-5 students. Please see our FDLOS website for more details and a calendar for summer school.

I would like to welcome new staff members that have joined us this spring. We have on-board:

- Holly Pellerin-Instructional Assistant
- Benjamin Johnson-High School Teacher
- Britney Johnson-High School Teacher
- Antonio Flores-School-Wide Community Activities Supervisor
- Shawna Shabaiash-Cook Helper

Our new staff members bring a wide variety of experience and talent to our FDLOS team. We also had a big retirement this year. Jerry Ojibwe retired after many years of service to our school and community. His knowledge and care for the students and community will be missed. We hope he will return to participate in special projects with our students.

I want to give a special miigwech to our Parent Advisory Group this year. Their insights, feedback, and suggestions have been valuable during our year of online teaching and learning. We made changes based on their feedback to better meet the needs of our K-12 students. The PAG meetings are open to all parents and guardians of our FDLOS students.

Miigwech,
Valerie Tanner
Anung Ginew Ikwe
K-12 Building Principal

Superintendent update

Aaniin/Boozhoo Nijji-Anishinaabedog-Hello my relatives,

The school year is quickly coming to an end; June 3, 2021 will be the last day for students (this is also an early release day). There are so many things to reflect upon this past school year. I feel fortunate and honored to work with our students, families and staff during this pandemic. I'm extremely appreciative and grateful that our students, families, and staff who have been working through this with patience, love, and kindness. Our dedicated staff have been selfless and spend many hours servicing and supporting our students and families. FDLOS staff has done an amazing job! Students and staff have accomplished so many good things during this pandemic and also this school year. I am truly grateful for our dedicated staff for the endless hours of support that they give to our students. Please make sure you read this entire school news section and visit our Facebook page for achievements, summer programming, credit recovery, and COVID-19 updates. I'm looking forward to opening our campus in August. I'm grateful to be a part of a community that helps and supports each other during trying times! Chi miigwech, to everyone that helped make our school year a successful one. I am extremely proud of our students, families and staff.

To our 2021 graduates I am truly sorry that you did not have the opportunity to have a Senior year experience! You all have worked hard during the pandemic to ensure you received your diploma. Please tell those that helped sup-

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Quiz Bowl

Boozhoo, Congratulations this year's Quiz-Bowl team for winning first place in the Bois Forte Virtual competition! They competed with 7 other teams throughout Minnesota in the first ever virtual Quiz-Bowl competition. They remained undefeated throughout the competition. The Quiz-Bowl coaches are extremely proud for the students' hard work and dedication that led to their victory.

Your Quiz-Bowl Coaches, Shirley Molstad, Jodie Lockling, Brittany Heskin, and Dawn LaPrairie



port you Chi Miigwech. I hope, your experience here has made you feel welcomed and cared for. Our door is always open and we will be here to help. I wish you all a happy and healthy future. Please make healthy choices.

Gigii-chi-anokiim. – You all have worked very hard.

Nigikinoo'amaaganag gigichi-apite ni minim ji-akina-gashki'ewiziyeg.- My students, I am so proud of you all for all that you've accomplished (you're accomplishing.)

Bay gish ani mino seyeg ginii gaaniimiwaa.- I wish you the best

of luck in the future.

Congratulations to the FDLOS Class of 2021!

I'm grateful and appreciative to everyone that helped make our school year the best it could be!

A heartfelt Miigwech to all the students, parents/guardians, staff, and community members who contributed to make this year successful it will be an unforgettable year...

Mii'gwech bizindawiyeg-thank you for listening to me.

Gigawaabamin
Jennifer Murray
FDLOS Superintendant

FDLOS Kitchen update

Boozhoo!

Mace here, the Ojibwe School Head Cook and Kitchen Supervisor!

On behalf of the Ojibwe School Kitchen staff, I would like to say how proud we are to serve our students and community.

As we close another school year, we acknowledge the good efforts of our students and their families to finish the school year strong, especially through COVID times and distance learning. We understand how tough things can be

and it's good that we all can adapt and help others in need. That's what we do!

I'd like to take the time to thank the kitchen staff for all of the dedication and hard work. This team consists of various professionals throughout the school with the right amount of creativity and ambition to accomplish any of our day to day tasks and goals. Together the crew has taken the responsibility of the School Nutrition Program, Summer Lunch Program, and Expanded Meal Access Grant, all programs and funding providing

meals to our students and community. I am very proud of this staff and I commend them for their success.

Summer lunch info is posted in this paper in the Etc. section. Flyers will go out in student lunches and community center meals. To speak with someone directly about the program please contact Nikki Harris (218) 878-7271 or myself desk (218) 878-7222, Cell (218) 216-3659.

Miigwech!
Mace Fonoti

Five Different Names for this one Place – The First Fur Post in this Area Northwest Company Fur Post; Fort St. Louis; Fort Cadotte; Fort Roy; & Fort Fond du Lac

Research by Christine Carlson

This is not the Astor Fur Post/American Fur Post that was in the old Village of Fond du Lac that is located about 20 miles from the Duluth/Superior St. Louis River entry. This story is about the Northwest Fur Post that was at the end of Connor's Point in Wisconsin. The fort was located near the end of Winter Street on Superior Bay.

Unidentified Newspaper

In 1792 a great trading post was established by the Northwest Company of Canada on this harbor on what is now the Wisconsin side.

From the Book History of St. Louis County

Jean Baptiste Cadotte, coming this way in 1792, is set down as the first trader regularly employed in the department of Fond du Lac. He was the son of Cadotte who was a partner of Alexander Henry of Montreal.

From 1792 till the fur trade petered out the Fond du Lac Department was maintained with resident traders, and the Indians ceased their trading visits to Mackinaw and Montreal.

The French post was on the Wisconsin side of the river in what is Roy's Addition to Superior.

Minnesota Historical Society Collections – Vol IX – History of Duluth

Jean Baptiste Cadotte, a man of influence and possessed of a liberal education, in the year 1792 was employed by the Northwest Fur Company, and was in charge of the Fond du Lac post.

The country tributary to this post comprised the sources of the Mississippi, St. Croix and Chippewa rivers. The spot or post was then located about three miles above the entry of the St. Louis river, on the Wisconsin shore of Superior bay where that part of the present city of Superior known as Roy's Addition is situated. This post or fort was a collecting point. It was surrounded with strong cedar pickets driven into the ground, the burnt ends of many of which remained projecting from the earth in 1855.

A Short Story of "Fond du Lac" Superior and Duluth by John Bardon

From the 16th to the 18th Centuries or during the French Fur Trading and exploring occupation of this whole territory, they called our Head of the Lakes (now Superior and Duluth) "Fond du Lac," as it was called, was their first Fur Trading and Exploration Headquarters here. It was also occasionally referred to, by early Traders, as "Fort St. Louis".

"It was the Headquarters for the original Northwest Fur Company, covering the territory as far north as Hudson Bay, west to Lake Winnipeg, and south to the Ouisconsin (Wisconsin) River." This Post was located on what we now call Superior Bay at Superior, Wisconsin, near the intersection of Winter and Second or Main Streets, at the base of Connor's Point. It was an ideal location and accessible by canoe and mackinaw from Howard's Pocket and the St. Louis River, as well as the Harbor and Bay of Superior, a short distance from the natural entrance or "Mouth of the St. Louis," as it was then known.

The Northwest Fur Company occupied and directed this Fond du Lac Post in competition with the "Hudson's Bay," the "X-Y", and other free-lance companies, until after the war of 1812, when it was acquired by the "American Fur Company" (John Jacob Astor) and later moved from Superior Bay, 20 miles up the St. Louis River to the foot of the "long portage" (nine miles) at the present site of the "Village of Fond du Lac," Minnesota.

This became the new Fond du Lac headquarters of the American Fur Company until the early 60's, when, because of the settling of the country by the Prospector and Miner, followed by the Lumberman and Farmer, the Post was consequently displaced and finally discontinued.

One of the well-known Cadotte brothers was for years in charge of this original Fort at Superior. Many of his descendants yet reside in Superior and vicinity. His wise and kindly influence among the Indians, and his success in the Fur Trade, were especially commendable.

In his narration (in Michigan Historical and Pioneer Collections) Perrault relates as to his coming here from Montreal by canoe, and building this "Fort" for the Fur Company. There were two main buildings, 40 by 60 feet, also a warehouse, 40 by 80. All were built of logs, and according to his story, the job was neatly and thoroughly done. "Shakes" covered the roof. Oiled fawn-skins served for window glass.

As late as 1876, the writer also saw the outlines of a large building partly grown over with small trees, and was present later

when the puncheon flooring of one of those old buildings was dug up in cultivating the tract by Antoine Cournoyer, who then occupied this ground. The land was owned by Vincent Roy, his son in law. A large clearing was also there—ten acres or more that had evidently been early cultivated. It extended from Superior Bay near the end of Winter Street, back inland to Howards Pocket, at about Fifth Street.

Michigan Historical Collections. 37:519

Jean Baptiste Perrault, in employ of Alexander Kay reports: "1784. That the expedition in two canoes "well loaded left Mackinac Aug. 29 and was shipwrecked on Wisconsin Point about November 3rd. Two days later, having repaired their canoes and collected the scattered goods, they doubled the "point of the little Lake (Superior Bay) and saw the wintering house of Mr. Dufault, a clerk of the N. W. Co.

Ft. St. Louis built by Perrault 1793 for N. W. Co. Reached Ft. St. Louis Aug. 16 with 10 men. Mr. Sayer arrived Sept. 12 and took up quarters in his half-finished house, finished Sept. 24.

Minnesota Historical Collections – The Struggle Between Rival Companies

In 1819 the Northwest became merged into Hudson's Bay Company, and ceased to exist. The principal traders who operated among the Ojibways during the era of the Northwest Company, and who may be mentioned as contemporary with John Baptiste and Michael Cadotte, are Nolin, Gauthier, McGillis, St. Germain, Bazille Beaulieu, Chabotier,

Wm, Morrison, Cotte, Roussain, Bonga, J. B. Corbin and others. These early pioneer traders all intermarried in the tribe and have left sons and daughters to perpetuate their names.

Duluth and St. Louis County – American Fur Trading Company at Fond du Lac, Minnesota A History of the Fond du Lac Trading Posts, with some mention of the Fond du lac Department by Ellworth Carlstedt

Ft. St. Louis played an important part in the affairs of north-eastern Minnesota for more than twenty years. For the first thirteen years – that is until 1806 – it was a British post, for over it waved the Union Jack. Lieutenant Pike visiting the Upper Mississippi in that year ordered clerks in charge of the different posts to haul down the British flag and to display only Stars and Stripes. Weather or not the orders were faithfully carried out in regard to the flag, we do not know.

The traders were for the most part British citizens – and their sympathies remained with Great Britain through the War of 1812.

The returns from Ft. St. Louis in the previous season – the one post alone – were as follows: 23 bears, 5 cubs, 213 large beaver, 116 small beaver, 3 deer, 1 fox, 16 fishers, 3 lynx, 119 marten, 40 mink, 41 otter and 1136 muskrats.

This story is the first of a series of seven stories about the forts in this area.

The story for July will be about an incident that took place at this Northwest Fur Post.

Ashi-niswi giizisoog (Thirteen Moons)

Ode-imini-giizis

The new Ode-imini-giizis, the Strawberry Moon begins June 23. Other names for this moon are Gitige-giizis, Ode-imini-giizis Gardening moon; and Waawano-giizis, Flowering Moon.

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure
“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father
“i”- sounds like the “i” in sit
“ii”- sounds like the “ee” in feet
“o”- sounds like the “o” in go
“oo”- sounds like the “oo” in food
“e”- sounds like the “ay” in stay

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

G O P A L C Y U B W X E G N K H I Q A Q
I V D S G I L N O H K I H A I Z P D W A
M J M A R W C M I B Z H K A T X C D Z A
A K I L T A A L Y H S A E B O N J K L G
G V L W M A T J E R M F J I L A Y U W I
I W G K V R G W I I S J B S A A C I Z M
W Q E S F G A A S I T Z R H H W O R L A
H V T E U A K A A N N K F E E A X F F A
N X S X D C A T Y G A S F B J K V M Q K
E Z H I I W A A B O O A G I X I H G I V
W E Z W G G G O B U M M K Z S M D Z V G
K I E I K A K A M O S V I O X I F V I Y
A N I Y I O K H M W Q M Q N O B M I N X
A W O Z A A K O O D I I W R L Z B I F I
K G I I S H K A S H K I M O D I I T F B
A L P J O F M I G T N Q J T M N U D E Y
A R I W B U P L L S C N Z A I B E X A B
B M J F O T P T N H X M A Z X W H I N A
N X Z K U L K G F S E N I E W R S U O H
W K V I R Q L Q N C A S F E N K V G Y L

AADIZOOKAAN/LEGEND

AAGIMAAK/BLACK ASH

AGWAJIINS/OUTDOORS

ANAAMIBIIG/UNDERWATER

BAAKAAKWENHWIGAMIG/CHICKEN

COUP

BIMIKAWAAN/FOOT PRINT

GIISHKASHKIMOD/CEDAR BARK BAG

GIZHEWAADIZI/GENEROUS

NAABISHEBIZON/EARRINGS

NIINIZIS/HAIR

ODATAGAAGOMIN/BLACK BERRY

OMAKAKI/FROG

WIIDOOKAAZO/HELP

WIIGWAASIMAKAK/BIRCH BARK BASKET

ZHIIWAABOO/VINEGAR

Health News

June is National Cancer Survivor Month

By Denise Houle,
Cancer outreach worker

Who is considered a cancer survivor? According to the National Cancer Institute, “An individual is considered a cancer survivor from the time of diagnosis, through the balance of his or her life. There are many types of survivors, including those living with cancer and those free of cancer.”

Some challenges that survivors face are: risk of recurrence, risk of second primary cancer, reduced quality of life, treatment side effects, and emotional distress to name a few. There are many questions to ask and answers to find. It can be a very long road for the person diagnosed with cancer as well as their families which is why it is very important to work closely with your healthcare team.

Resources available to assist you and your family in the cancer survivorship journey:

- Fond du Lac Primary Healthcare Team (218) 879-1227;
- Fond du Lac Medical Social Workers (218) 879-1227;
- Mayo Native Cancer Programs (507) 284-2511,
- Native Circle (877) 372-1617;
- Spirit of Eagles (507) 266-3064;
- Cancer Resource Center-Essentia Health-Duluth (218) 786-3581;
- St. Luke’s Cancer Center-Duluth (218) 249-5489;
- Cancer Legal Care (New Name) (651) 917-9000;
- and American Cancer Society (800) 227-2345.

Sources: Cancer Survivorship - National Cancer Institute www.cancer.gov

Always remember to consult your healthcare provider with any questions or concerns.

Life-saving screenings during a pandemic

By Zachary N. Dunaiski

Back in March, FDL was honored by the Center for Disease Control and Prevention (CDC) for their efforts to keep women healthy by offering breast cancer screenings via the Mammo Bus, and since then I spoke with Denise Houle, Fond du Lac Cancer Outreach worker, about the efforts FDL has made during this pandemic.

The CDC wanted to feature success stories about their grants and reached out to FDL about our success with the Mammo Bus which was able to screen nearly as many women in any other year, with 63 screened compared to around 80 that normally get screened for FDL on the Mammo Bus. Those numbers are very impressive, especially since in 2020, the bus was harder to get to for many of FDL’s population as Houle explained.

“I couldn’t have it at CAIR because of the pandemic. It was both ladies from CAIR and MNAW up here,” Houle said. Houle, even before the pandemic, made sure to contact those who might need a mammogram, but during the pandemic, there was a little more involved when contacting patients.

“I get a printout from our data analyst of all the women that are in the age range, when they need to have their mammograms or when it should be offered to them and I’ll call

them and explain why it’s so important and why they need to continue doing that even though we’re in a pandemic,” Houle said of her work reminding women of the importance of mammograms. “It’s still extremely important for women. A lot of time women do not take care of themselves, they usually take care of everybody else first before themselves. It was just really encouraging women that it’s just really time to take a look at something for yourself.”

Houle is asked many questions, but the main one patients ask her, “how do you know it’s safe?” Houle assured patients that the staff took extra precautions to make sure it was safe for everyone involved.

“They have a protocol that they sanitize the bus after each lady goes in there,” Houle said of how safe the bus is during a pandemic. “It takes a little bit longer in-between each one, but in the long run getting 63 women screened was phenomenal.”

Now with so many vaccinated and protocols around the country being lessened, the Mammo Bus will be at both CAIR and MNAW again this year, some-

thing that Houle is looking forward to.

“This year I actually get to have it down at CAIR and up here at MNAW. I’m really excited about that, because it’s really important for the ladies down in Duluth to get their screenings done as well. And during the pandemic, we couldn’t transport very well, since we could only do one at a time. We’re looking at CAIR in June, and MNAW the first week of August.”

The lessened protocols of the country won’t mean that the Mammo Bus will have less

stringent protocols as FDL is still focused on keeping everyone safe.

“What we will be doing this year, like what we did last year, is when I get the ladies scheduled, we will be calling them the morning of their appointment, asking them if they’ve had any of the signs and symptoms of COVID, if they do they unfortunately won’t be able to come in for their screening, but if they don’t, then they’ll come in and get their screening done,” Houle said of the process. Once patients are inside the bus, there will be even more checks to make sure everyone is safe.

“The techs that are on the bus will ask them some of the same questions when they go in for precautions for them. Afterwards the bus gets totally sanitized between each of the people that go in. Whereas before, we used to have been able to have walk-ins come in, and 2 or 3 people on the bus waiting, unfortunately with the pandemic that is something we’ve had to forego. We take all precautions in order to keep everyone safe and if you have any questions, don’t hesitate to call me.”

As part of FDL’s strategy to keep everyone safe, Houle encourages you to call with questions and promises that she will answer or get the answer to any questions you might have. To schedule an appointment or to ask questions contact Denise Houle at (218) 878-2123 or contact your healthcare provider.

Houle also encourages everyone to get screened or just generally do what you need to in order to take care of yourself during these difficult times.

“We need to take care of ourselves before we can take care of others, so if you have any type of screening that needs to be done please talk with your provider to make sure that it can be done, and done safely,” Houle said. “It’s just really important for ladies to take care of themselves.”

“We need to take care of ourselves before we can take care of others,”

Denise Houle, FDL Cancer Outreach Worker



Health News

Children's COVID-19 vaccination question

Why is it so important for my kids to get caught up on their childhood immunizations during the COVID-19 pandemic?

Answer: Although you are probably juggling a lot of responsibilities right now, making sure your children are up-to-date on their shots is one of the best things you can do to protect them against some pretty serious but preventable diseases.

Medical providers have seen a sharp drop in vaccinations since the start of the pandemic, which is a really frightening trend. When children are not vaccinated, they are at risk of getting diseases like measles, polio, and hepatitis A and B that can cause lifelong disability or death. Falling vaccination rates can lead to new outbreaks of dangerous diseases. And that's the last thing anyone needs on top of COVID-19.

Immunizations usually take place at your child's check-ups. Keeping these appointments is very important so your kids don't miss out on shots or other important care, such as physical exams and health screenings.

If your child does miss a shot, you don't need to start over. Just go back to your doctor's office so your child can catch up with the vaccines they need to stay healthy! Important: It is recommended that a person should wait 14 days before or after COVID-19 vaccination to receive a vaccine for other diseases, like Tdap vaccine.

In addition to getting caught-up on routine immunizations, here are some other reasons to visit your child's provider right now:

- Newborn visits
- Hearing and vision screenings
- To check on developmental milestones
- To check blood pressure and other

vital signs

- To treat infections or injuries
- Adolescent health concerns, such as menstrual care and depression screening
- Routine lab tests
- For physical examinations before returning to sports or other activities.

To set up an appointment with your medical provider, call (218) 879-1227. If you have questions about the COVID vaccine, call (218) 878-3791.

Optical anniversary

Optical will be celebrating their 25th anniversary this year and are looking for anything that the community may have to share for the event. Pictures or memorabilia would be greatly appreciated. If you have anything, please contact Optical by calling them at (218) 878-2170.

Outdoor Cooking

By Kara Stoneburner,
RDN LD, Community Health
Services Dietitian

Warmer weather means more barbecues! Outdoor cooking can be fun but there are important food safety tips to keep in mind to prevent food illnesses.

It all starts at the grocery store. Place meats in a plastic bag so they don't drip juices on other foods. Refrigerate or freeze perishable groceries within 2 hours of shopping (one hour if outside temperatures are above 90°F).

Frozen or partially frozen foods will not cook evenly. Be sure to thaw food completely before grilling. Ways to thaw food safely include placing food in the refrigerator a day or so before grilling, defrosting in the microwave or placing sealed packages in cold water.

Marinating enriches flavor and tenderizes foods. Marinade foods in

the refrigerator, never on the counter. Once the marinade has been touched by raw meat, it cannot be used as a sauce over the final, cooked product. Reserve a small portion of the marinade before adding meat, if you plan to use it as a sauce later.

Think about ways to minimize bacteria growth. Wash your hands. Keep raw and cooked foods separate. Wash cutting boards in-between uses. Keep cold foods cold with the help of a cooler and ice packs. Maintain hot foods at temperatures of 140°F or hotter. Always use clean utensils and platters to prevent contamination to the finished product. Refrigerate leftovers in shallow containers within 1-2 hours of cooking, depending on outside temperatures. Use refrigerated leftovers within 3 days.

To cut down on grilling time,

partially precook food in the microwave, stove or oven before moving it directly to the preheated grill to finish the cooking process. Never wait to finish cooking the meat. Cook meats to a safe internal temperature taken by a food thermometer. Raw beef, veal, lamb, pork and roasts should be cooked to a minimum of 145°F. Allow meat to "rest" for at least 3 minutes after cooking and before carving for better results. Ground

meats (except poultry) should be cooked to 160°F. Poultry of any kind and fully cooked meats, such as hotdogs, should have an internal temperature of 165°F.

Smoking is a way of cooking food indirectly in the presence of a fire. The temperature of the smoker should be maintained at 250°-300°F. Always check the internal temperature of the food to determine doneness.

Pit roasting is another way to cook meat, but it is done in a large hole. A hardwood fire is built in the pit and must burn down to "a bed of burning coals" before cooking the food. This process can take 4-6 hours depending on the size of the pit. Cooking the food over a pit may require an additional 10-12 hours or more. A food thermometer is necessary to determine when the meat is done.

Excessive consumption of meats cooked at a very high temperature is a risk factor for developing certain cancers. The risk can be reduced by limiting the amount of grilled meat consumed, cooking at a lower grill temperature and preventing charring while grilling. If meat becomes charred, cut that portion off. Tips to reduce charring on the grill include:

- Removing visible fat that can cause a flare-up
- Precook meat in the microwave immediately before grilling to release some of the meat's juices that may drip and cause a flare-up
- Cook food in the center of the grill with the coals on the sides
- Cook at a lower temperature
- Use smaller, thinner meat portions that will cook faster on the grill.

*Sources include USDA, CDC, MDH and the American Cancer Society

Extraordinary Education.

Quality programs since 1987.



- Nursing
- Law Enforcement
- Elementary Education
- Early Childhood Development
- Environmental Science
- Electric Utility Technology
- Geographic Information Systems

Registration for Fall Semester 2021 is in progress.

Fond du Lac Tribal & Community College

2101 14th Street • Cloquet, Minnesota
www.fdlccc.edu

an affirmative action,
equal opportunity educator and employer



Fall classes
start August 23
For more information,
call 218-879-0800.

Health News

Grilled Chicken Caesar Salad

Recipe from www.kraftrecipes.com Serves 4

- ½ cup Kraft Classic Caesar Dressing, divided
- 1lb boneless skinless chicken breasts cut into bite-size pieces
- 4 thick slices Italian bread
- 1 clove garlic, peeled, cut in half
- 1 Tbsp olive oil
- 6 cups torn romaine lettuce
- 3 Tbsp Kraft grated Parmesan cheese

1. Pour 2 Tbsp dressing over chicken in a shallow dish; turn to coat chicken with dressing. Refrigerate 30 minutes to marinate.
2. Meanwhile, heat grill to medium heat. Thread chicken onto 4 skewers. Grill 6-8 minutes or until done, turning occasionally. Add bread to grill; cook 1 minute on each side or until toasted on both sides. Rub toast with garlic; brush with oil.
3. Arrange toast and lettuce on platter; drizzle with remaining dressing. Top with chicken skewers and Parmesan.

Other suggestions:

- Use Ranch dressing for the Caesar dressing
- Add peppers, onions, tomatoes or other vegetables to the skewers

WIC's Fruit and Vegetable Benefit temporary change

WIC families will see a temporary increase in the fruit and vegetable benefit amount starting in June 2021.

Women typically have an \$11 fruit and vegetable benefit and children have a \$9 benefit. All women and children, active in the WIC program, will see an increase in the fruit and vegetable benefit amount to \$35 a month starting in June. This does not include infants under age one. The increased \$35 fruit and vegetable amount will extend through September 2021.

WIC participants are able to purchase fresh or frozen fruits and vegetables with this benefit. (Some restrictions apply).

Some ways to increase fruits and vegetables in your diet include:

- Add fruits or veggies to smoothies
- Add more veggies to soups and casseroles
- Eat more salads and include some colorful veggies in the salad
- Put fruit on cereal
- Add veggies to omelets and pizzas
- Freeze fresh fruits and veggies for later use
- Buy frozen vegetables for a quick addition to a meal
- Have fruits and vegetables pre-washed and cut for easy to grab snacks
- Add tomato slices, lettuce, avocado, onion and cucumber slices to your sandwich
- Pair peanut butter with apples, bananas or celery
- Add extra fruit to yogurt
- Try grilling vegetable or fruit kabobs.

Call the WIC Program with any

questions or if you think you may be eligible for the WIC Program and would like to apply: (218) 878-2115.

WIC is still Operating Remotely

Women, Infants & Children (WIC) is a Special Supplemental Nutrition Program. It is a nutrition and breastfeeding program that helps eligible pregnant women, new mothers, babies and young children eat well, learn about nutrition, and stay healthy. WIC provides nutrition education and counseling, nutritious foods, and referrals to health and other social services.

Due to the current pandemic, Fond du Lac WIC services will continue to operate remotely through, at least, August 20, 2021. What this means:

- WIC benefits will continue
- WIC appointments will be conducted via phone calls
- WIC will continue to accept new clients

Call with questions or to apply for WIC at FDL: 218-878-2115.

Tribal Trailblazer Award

Boozhoo Indian country! I hope you and your family are doing well. My name is Naomi Defoe and I am a Public Health Nurse and the Doula Program Manager for Fond du Lac Human Services in the Community Health Services Department. My roles are fairly new and I have encountered many blessings and gifts along this journey. I have had the opportunity to work closely with our doulas and have found a new sense of compassion, knowledge, and grace in doula work.

Tammy Dixon is a Certified Birth Doula through the Doulas of North America (DONA) and has been supporting moms and families to bring their most precious gifts into this world for the past twelve years. She is also a wife, mom, and full-time employee (for nearly thirty-five years) of the Fond du Lac Band of Lake Superior Chippewa. She takes great pride in her community. Tammy has shown strength, perseverance, and empathy during her journeys with families. She has completed numerous trainings including

Midwife Assistant workshop, Advanced Doula Training, Indigenous Breastfeeding Counselor, Peer Breastfeeding Counselor/Loving support (WIC) and CAPPA Postpartum Doula Training.

Most recently, Tammy has been awarded the Tribal Trailblazer Award. This award is for individuals of American Indian/Native American, Alaska Native, and Native Hawaiian heritage, who are actively involved in collaborative efforts to protect, promote, and support breastfeeding in Native communities. Each year, the U.S.

Fond du Lac Reservation WIC Women, Infants & Children Nutrition Program

WIC is a nutrition program that helps families eat well and stay healthy.

Is someone in your household:

Pregnant?



A new nursing mother?

A child under age 5?



An infant?

If so, they might be eligible for WIC!

There is no cost to join and participate! WIC wants families to know that if they are currently participating in Medical Assistance, SNAP, head start, or other programs, they may be eligible.

WIC can help you with:

- Nutrition information
- Healthy foods, like fruits and vegetables, bread, tortillas, eggs, milk and so much more!
- Referrals to other health or community programs
- Breastfeeding support



To find a WIC Clinic near to you, call 218-878-2115.

This institution is an equal opportunity provider.

Health News

Breastfeeding Committee (USBC) offers a limited number of awards to support the participation of cultural, Tribal, and emerging breastfeeding leaders at the National Breastfeeding Conference and Convening (NBCC). This award is one component of USBC efforts to recognize and promote individuals that dedicate their service to communities with breastfeeding rates below the U.S. national average, who have not participated in a past USBC conference, and for whom attendance might not be possible without the award. Due to the COVID-19 pandemic, the conference will be held online June 9-11. Tammy will be recognized during the online conference.

Congratulations to Tammy in receiving this award! Her dedication and passion for doula work are benefits to so many in the Fond du Lac Community. Chi Miigwech!

One Vegetable, One Community

Fond du Lac's Food Sovereignty Initiative (FSI) is happy to announce its first year participating in the One Vegetable, One Community (OVOC) campaign, an initiative that seeks to promote access to fresh fruits and vegetables as communities work towards more resilient and inclusive food systems. This year, Fond du Lac will be joining other Northern Minnesota communities to celebrate the "Pea" as the 2021 Vegetable of the Year!

Chosen for its ability to grow and thrive in Minnesota's short growing season, the humble pea also plays an important role in gardens across the world as a legume and nitrogen fixer. Native

communities familiar with the Three Sisters (corn, beans, and squash), will find that peas play a similar role to beans by absorbing atmospheric nitrogen and "fixing" it into soil, making it readily available for other plants. Nitrogen is essential to soil and plant health; without it, plants cannot grow healthy and strong and gardens aren't able to reach their full potential. Peas also serve as a rich source of fiber and iron, making them a wonderful plant-based protein option in meals!

By designating the pea as 2021's Vegetable of the Year, OVOC hopes to promote healthy gardens and even healthier families. As part of these efforts, FSI and the Gitigaan Program will provide pea seeds, biodegradable pots, and soil to FDL's Ojibwe School and Head Start students in order to further support this message. The Ojibwe School and Head Start Program will also be partnering with SNAP Education to administer the Children's Garden in Residence program, which works to

educate children on horticultural, gardening, and science issues. By focusing the community on one vegetable, FSI and OVOC hope to inspire interest and enthusiasm in healthy eating and nutrition, as well as sparking interest in sustainable gardening and eating local.

In recent years, FDL has made great strides with its food sovereignty efforts, from Gitigaan and the Bimaji'idiwin demonstration garden to the Bimaji'idiwin producer training program at Giti-

gaaning and monthly "Cooking is a SNAP" classes. By participating in OVOC, FDL adds a new program to its food sovereignty repertoire and continues to fight for the right to healthy and culturally appropriate foods.

Introducing the Vegetable of the Year:

The Pea 2021

One Vegetable, One Community

BECOME A FOSTER PARENT

Open your home. Change a child's life forever.

Foster parenting is not a lifetime commitment to a child, but a commitment to be meaningful during the child's lifetime.

When you open your home, you:

- Restore trust and hope to children in need
- Help keep brothers and sisters together
- Help children maintain cultural and religious values
- Allow time for families to heal

Can you make a difference?

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

For more information, please call (218) 878-2145.

You can be the one to make a difference.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

Etc

Energy Assistance, PUC protecting people from shutoffs

The Minnesota Public Utilities Commission (PUC) adopted a transition plan to allow the state's regulated utilities to resume service disconnections of residential customers. These utilities had been prohibited from disconnecting residential customers for non-payment since the spring of 2020. The PUC approved a plan that will allow shutoffs to resume while including strong customer protections and a long notice period to help households keep their lights and natural gas on.

The following applies to CenterPoint Energy, Dakota Electric Association, Great Plains Natural Gas, Greater Minnesota Gas, Minnesota Energy Resources, Minnesota Power, Otter Tail Power, and Xcel Energy.

These utilities will be permitted to resume disconnections for nonpayment on August 2, 2021. Customers who are far enough behind on their bills to trigger a disconnection should receive a notice from their utility in May detailing the plan, and official disconnection notices will start being sent on June 1.

Customers who have pending or

approved applications for Energy Assistance will not be disconnected through April 30, 2022. If you think you qualify for Energy Assistance, we recommend applying as soon as you can through your local provider. For 2021 only, you may apply for Energy Assistance until September 1, and any household who earned less than 60% of the state median income during the most recent 3 months qualifies. For a family of three, this is an annual income of \$54,791, or \$13,697 over the past three months. The threshold was increased from 50 percent of state median income in April 2021, so if you earned slightly above the income threshold previously, you may now qualify. Assistance is available on a first-come, first-served basis.

You will not be disconnected or charged fees if you make and stay up to date on a payment arrangement with your utility through April 30, 2022. Customers who are on payment arrangements will not be subject to service deposits, down payments, interest, late payment charges, or business hour reconnection fees if they have been shut off.

You can find more information about shutoff protections and bill payment assistance here: <https://cubminnesota.org/shutoff/>.

If you have any questions or run into trouble, you can contact CUB any time. Call (651) 300-4701 ext. 2 or (844) 646-6282 ext. 2, email info@cubminnesota.org, or send us a private message on Facebook <https://facebook.com/cubmn/>

Summer family alternative activities program

Written by Kami Diver, Prevention Intervention Lead Specialist

The Reservation Business Committee, Health and Human Services and the Prevention Intervention Department has always focused on the safety and health of our youth, families, and community along with all the staff participating in Summer Camp. During this time of COVID-19 we all have heightened our awareness of how important health and safety is to our community. With the spread of the coronavirus disease (COVID-19) within the United States and particularly Minnesota we are reviewing and updating health-related procedures for our family activities during the summer. We are also reviewing the possibility of providing a modified summer camp in July and August We will update the community as soon as possible if a camp will happen.

The Prevention Intervention department has been actively developing a set of family alternative activities that we will be providing this summer. We understand how difficult, and in some cases frightening, this time is for youth, families, and our community. We understand how the summer routines and schedules are impacted by the current health issue. And, we are very cognizant of the financial difficulties during this time for many families and the hardship facing so many of our parents and the stress it places families under. It is because of this we are attempting to develop a wide variety of family alternative activities that may help in reducing some of the financial stress and provide a fun release

for our youth, families, and community. The activities provided by the Prevention Intervention department will be cost free to the families and youth participating in these activities.

Prevention Intervention will be providing summer support packages again this year. Those packages will be delivered in June.

For information on how your family can participate in the summer family alternative activities provided by the Prevention Intervention department your family needs to be registered in the Prevention Intervention program. For information on how to register call; Kami (218) 878-3811, Jody (218) 878-2143, or Jessica (218) 729-4141

Currently offered by the Prevention Intervention Department: Bowling, Skyline Bowling Alley; Roller Skating, World of Wheels; Aquarium Duluth; Pottery, Savannah Pottery; Thursday Movie Night, Premier.

Manaadjitowaawin (respect) everyone, mast-up, stay safe. Miigwech

FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning.

SOCIAL SERVICES

COMMUNITY ADVOCACY

ACCEPTING NEW CLIENTS

Fond du Lac Social Services and Northland Foundation are partnering together to help connect pregnant and parenting families with young children to critical services to help them thrive.

GOALS:

- Work with families to improve outcomes for children.
- Increase access to services by utilizing online tools.
- Connect pregnant individuals & families to early childhood services.

Examples of what a Community Advocate can assist clients with...

• Advocacy	• Role-modeling
• Acquiring basic needs	• Parenting skills
• Budgeting	• Resource connections
• Educational pursuits	

For more information or referrals, please call Jalisa Djibway, Community Advocate at (218) 655-3641 or email jalisaajibway@fdlrez.com.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

Etc

FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

Summer Food Service Program this summer

Fond du Lac Reservation is participating in the Summer Food Service Program (SFSP). Meals will be provided to all Enrolled children without charge and are the same for all children regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided, on a first come, first serve basis, at the following sites, times, and dates/days during the summer as follows:

Lunches will be distributed at the FDLOS gym doors starting June 14-August 29, 2021, Monday-

Thursday 11:30 a.m.-1 p.m.

For more information, contact Nikki Harris. Fond du Lac Ojibwe School 49 University Rd Cloquet, MN 55720 (218) 878-7271 or nik-kiharris@fdlrez.com

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed complaint form or letter to USDA by:

1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov

This institution is an equal opportunity provider.

** All Adult meals will be charged \$4.25 **

Sustainable Food Systems class premiering this summer at FDLTCC

Fond du Lac Tribal and Community College is pleased to announce a new Sustainable Food Systems class being offered this summer. Scholarships are available.

SUST 2090 Field Experience: Summer is the first course of several that will form a new track in FDLTCC's Environmental Science program. The course is rooted in Indigenous values and food

sovereignty, aiming to translate reciprocal relationships into sustainable harvest and cultivation techniques. The course's seven modules are holistic in nature with topics in Treaty Rights, Sustainable Harvest and Seed Saving, Designing a Sustainable Food System and Green Energy Resource Management. Course participants will learn through a mixture of lecture, expert presentations, field tours, and utilizing the demonstration gardens and greenhouse on campus. The summer field experience course is open to members of the community, students, and anyone interested in food systems and sustainability.

"With this Sustainable Foods Systems course, we strive to support the Fond du Lac Band's vision of a sovereign, holistic food system rooted in Anishinaabe values that is environmentally responsible and empowers a thriving and resilient community," said Courtney Kowalczak, the Fond du Lac Tribal and Community College Environmental Institute Director, "We hope that students who take the sustainable food systems courses will go on to act as catalysts for food sovereignty and sustainable food production in our community."

Class participants will learn a wide variety of lessons in the course modules such as the relationship between pollinators and ecosystem health; food safety practices from production to packaging; and maximizing growing space in urban environments.

The modules will be taught by a variety of specialists who will share their unique connections to food sustainability, including Shannon Kesner, a member of the Fond du Lac Band of Lake Superior Chippewa and life-long resi-

dent of the reservation. Shannon's passion for the environment and relationships with plant beings is forged from her culture and professional experience surveying plants and their environments.

This course is open to first time students, continuing community members, and those who are interested in reskilling. Summer session begins June 1, 2021. Limited scholarships are available, so sign up now!

For more information, contact Courtney Kowalczak at (218) 879-08962 or via email at courtneyk@fdltcc.edu. Course registration is available online at: <https://fdltcc.edu/admissions/apply-here/>

FDLTCC graduates

The following students earned college degrees and/or diplomas and are members of the 2021 Graduating Class of Fond du Lac Tribal and Community College:

Aitkin, Minnesota
Linda Stevens
Annandale, Minnesota
Elijah Howard
Apple Valley, Minnesota
Isaiah Marshall
Barnum, Minnesota
Christine Evans
Bloomington, MN
Rosario Vega Palacios

"You are Valued"

Gidapiitendaagoz

EARLY INTERVENTION FAMILY PROGRAM

Gidapiitendaagoz is a voluntary, intensive, early intervention program designed to empower, strengthen, and preserve American Indian families. We service families that have been identified as having barriers making day to day life a struggle. The short term program helps parents with goal setting, resource connections, education, referrals and parent support.



Gidapiitendaagoz accepts referrals from county agencies, schools, community collaborating agencies, as well as self-referrals. Risk factors indicated, but are not limited to include:

- Poverty
- Substance Abuse
- Domestic Violence
- Behavioral Health Concerns
- Homelessness

Case managers are assigned to work intensively towards short term goal plans with families. They will assist with identifying and building on the family's strengths while helping eliminate barriers that make it difficult for families to meet their needs.

- Basic Needs
- Transportation
- Parenting supports

- Culturally Specific Services
- Emergency Resources
- Overall Supports

For more information contact
218-878-2145.



Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

Etc

Brooklyn Center, Minnesota
 Jaylon Johnson
Bruno, Minnesota
 Mary Dracy
Cambridge, Minnesota
 Shelby Bonczek
Carlton, Minnesota
 Alexander Bodin
 Elijah Blue
 Haley Adkins
 Laura Bodin
 Lia Waltjer
 Megan Bodin
 Natasha Johnson
 Pamela Polo
 Saydee Clemens
Chisago City, Minnesota
 Levi Bierman
Cloquet, Minnesota
 Aaron Baxley
 Ahna Anderson
 Alexis VanderPoel

Allison Lussier
 Autumn Moynan
 Bailey Robinson
 Carrie Lewton
 Cedar Melby
 Clair Friedman
 Dallas Borske
 Danny Jackson Jr
 Dawnis Braddick
 Elizabeth Rilea
 Ellen Sakellariou
 Emily Lockling
 Erik Petoletti
 Evan Streblow
 Hailey Anderson
 Jamie Williams
 Jennifer Clark
 Jessica Benson
 Jonah Randa
 Jordan Paulson
 Kaden Crane
 Kaitrin Ward
 Kayla Larsen

Kelsey Warner
 Kevin Blacketter
 Kylie McKeon
 Lainey McKeon
 Laura Fink
 Linzie Clayman
 Maria Sajdak
 Melanie Trieschmann
 Nevaeh Bridge
 Nicole Barousse
 Rhiley Smith
 Sarah Durfee
 Shania Delille
 Sharon Anderson
 Shawna Pokornowski
 Sherri Wuollet
 Tara Schaak
 Timothy Bongs
 Tyler Koskela
 Victoria Jarvi
Coon Rapids, Minnesota
 Bradley Limanen
Duluth, Minnesota
 Alex Wurst
 April Benedict
 Brenna Pirsig
 Chase Ableiter
 Chelsea Davidson
 Collin O'Toole
 Debra Templer
 December Simmons
 Dylan Crist
 Emily Anvid
 Isabelle Germolus
 Jeremiah Greene
 Joel Filiatrault
 Joseph Cullen
 Justin Jacobson
 Kayla DeFoe
 Krista Hall
 Maddyson Robertson
 Marcus Childs
 Martyann Birman
 Matthew Nelson
 Miranda Chelstrom
 Neema Brostrom
 Nolan Forrest
 Olivia Klejewski
 Paige Lorenz
 Rhonda Cooper-Busch
 Ryan Norland

Ryan Rusnak
 Sara Olson
 Shari Steberg
 Stephen Aleshire
 Stephen Shelton
 Sydney Wendt
 Taylor Germain
 Zayne Anderson
Elk River, Minnesota
 Carl Klimah
Esko, Minnesota
 Avery Liljegren
 Dariano Giancola
 Kieran Sinnott
 Lucas Pyrluk
 Scott LaVoie
Farmington, Minnesota
 Mia Skeffington
Floodwood, Minnesota
 Brina Johnson
Grand Portage, Minnesota
 Dana Logan
Hermantown, Minnesota
 Emily Johnson
 Jacquelynn Agnich
 Kaylen Forsberg
 Zachary Haldorson-Horton
Hinckley, Minnesota
 Jada Grap
Hoyt Lakes, Minnesota
 Dustin Huhta
Jacobson, Minnesota
 Jori Gould
 Kelli Ross
Mahtowa, Minnesota
 Kylee Berquist
 Susan Higgins
McGregor, Minnesota
 Taria White
Moose Lake, Minnesota
 Jadie Guyer
 Kortney Johnson
Motley, Minnesota
 Jared Cleveland
Mounds View, Minnesota
 Julian Williams
North Branch, Minnesota
 Trevor Minor
Onamia, Minnesota
 Arvid Paschke Jr.
 Priscilla Boyd

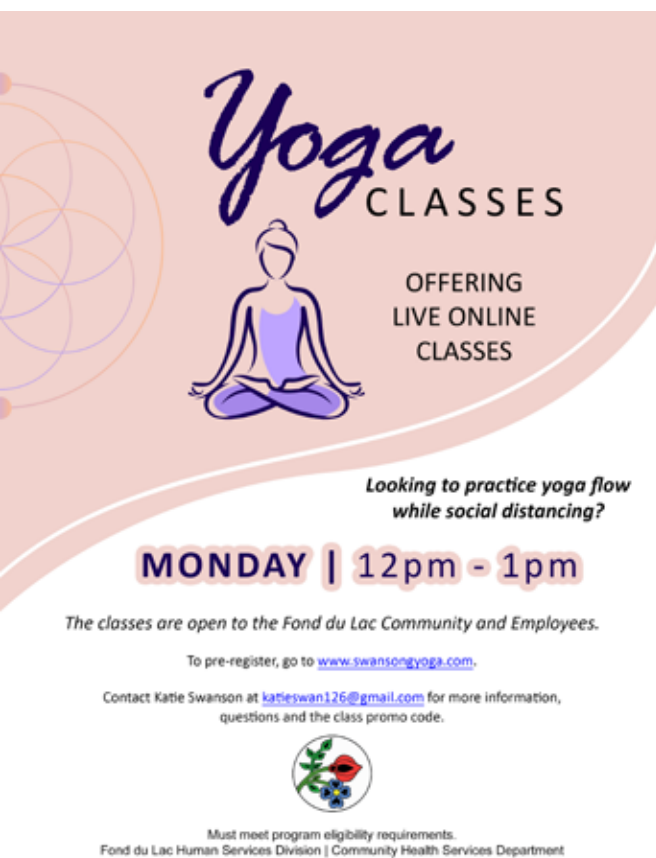
Proctor, Minnesota
 Ellie Majerle
 Sarah Stewart
 Trace Norton
Saginaw, Minnesota
 Boyd Billman
Saint Francis, Minnesota
 Lucas Sherburne
St. Cloud, Minnesota
 Dezaray Haberling
 Nathaniel Stoll
St. Louis Park, Minnesota
 Drew Petersen
Sturgeon Lake, Minnesota
 Moriah Gill
 Skyla Thompson
Tamarack, Minnesota
 Sarah Molitor-Johnson
Two Harbors, Minnesota
 Ryan Redden
Virginia, Minnesota
 Jenny Markwardt
Waconia, Minnesota
 Conner Brose
Wrenshall, Minnesota
 Kristen Egeberg
 Leigha Hashey
 Tanner Carlson
Wright, Minnesota
 Danielle Richards
Denver, Colorado
 Keenan Brown
Alachua, Florida
 Asiah Coker
Fort Meyers, Florida
 Sammy Noel
Cincinnati, Ohio
 Rayshaad Roddy
Georgetown, Texas
 Mason Klinger
Ruther Glen, Virginia
 Rashaad Inge Jr.
Lac Du Flambeau, Wisconsin
 Gabrielle Armstrong Allen
Superior, Wisconsin
 Alana Hill
 Peter Anderson
 Sara Glanville
 Stacey Flom

LEGAL NOTICE – JUNE 2021

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

BLACKWELL, Mary Therese
 CICHY, Gerard
 CICHY, Leslie
 DEFOE, Jackie Ann
 DICKSON, Madonna R.
 DURFEE, Thomas
 FIOLEK, Bernice
 FRIEDMAN, Ann Lorraine
 LAPRAIRIE, Robert
 LEE, Patricia J.
 MARRONE, Elizabeth Ann
 MARTIN, Travonti Josh
 MARZINSKE, Larry
 OLSON, Emmanuel Samuel
 PAPPAS, Christopher K.
 RUSSEAU, Cordell George
 SAVAGE, Mark
 SHABAIASH, Kevin L. Jr.
 SIMON, Stella
 SOULIER, Gary
 TIESEN, Melissa Lee
 WESAW, Joze R.
 WILEY, Roxanne Marie



Yoga CLASSES

OFFERING LIVE ONLINE CLASSES


Looking to practice yoga flow while social distancing?

MONDAY | 12pm - 1pm

The classes are open to the Fond du Lac Community and Employees.

To pre-register, go to www.swansongyoga.com.

Contact Katie Swanson at katieswan126@gmail.com for more information, questions and the class promo code.



Must meet program eligibility requirements.
 Fond du Lac Human Services Division | Community Health Services Department

Etc

Attention: Band member house lottery 3864 Brookston Road, Cloquet, MN.

The Fond du Lac Development Corporation will be having a Lottery for the home located at 3864 Brookston Road, Cloquet, MN. Applications from qualified Band Members will be accepted from Tuesday, June 1, 2021 until 4 p.m. Wednesday, July 14th, 2021, (applications received after 4 p.m. on July 14, 2021 will be rejected).

Property Details

This is a Modular, 3 bedroom, 3 bath, home, and will be sold "as is" for the amount of \$231,000.00.

The home also includes a basement kitchen, family room, and a three car detached garage.

The home is approx. 15 yrs. old and 3300 sq. ft.

The home has forced air propane heat, central air, and a private well and septic.

Minnesota Power provides the electric utility.

To qualify you must be an Enrolled member of the Fond du Lac

Band, 18 plus age, be eligible as determined by a background check per FDL Policy #02-09, and provide verification of continuous income for the past 12 months by means of check stubs or an income report. The monthly house payment will be \$870.10 which includes 300 monthly payments plus 13% for insurance costs. The house payment cannot exceed 20% of gross monthly income.

Therefore, minimum gross monthly income must be \$4,350.50 or greater.

Income and enrollment verifications must accompany completed applications or the application will be rejected.

Applications, pictures, and a virtual walk-thru will be available on the Fond du Lac website at fdlrez.com. Applications must be turned in to the Operations Division by mail or email.

Drawing for qualified applicants will be held at the Fond du Lac Tribal Center on July 16, 2021, at 4 p.m. Drawing is not open to the public due to the recent Coronavirus outbreak. Only the winner will be

notified.

Contact Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com or Jack Bassett at (218) 878-8043, jackbassett@fdlrez.com for more information about the home and application instructions.

Free rides to vaccination sites

Fond du Lac Transit is giving free rides to vaccination sites. Public safety is our number one priority right now. When the vaccination is available to the age group of 12 and above we will be there to make sure they have a ride.

In addition, please call for a food bank ride the fare is also waived.

We are well aware of the struggles this pandemic has brought our community please let us know how we can help.

Please call (218) 878-7500 to schedule your ride today.

Gitigaan 2021

Summer Schedule of Classes
2nd and 3rd Tuesday Evening
Class @ 5:30p.m.

*Light refreshments provided for in-person hands on learning



Summer Schedule Register Here: <https://tinyurl.com/5xk8k7rr>

In-Person Hands On Learning @ Gitigaan
(960 Cary Road, Cloquet, MN)
Cooking is a SNAP (virtual until further notice)

June 8th Cooking is a SNAP

June 15th Watering Tips, Plant Spacing and Growing Dome

July 13th Cooking is a SNAP

July 20th Weed Management and Succession Planting

August 10th Cooking is a SNAP

August 17th Harvesting and Pest Management

September 14th Cooking is a SNAP

September 21st Seed Saving and Storage

Questions? Contact the Planning Division (Kaitlyn Walsh) at
218-348-5281 or KaitlynWalsh@fdlrez.com

Plant and Seed Give Away

Saturday, June 5th, 2021

Natural Resource Garage

Starting at 8:00 a.m.

(until supplies last)



COVID Guidelines and Precautions.

Our 2021 giveaway will run with a limited amount of volunteers. Please STAY IN YOUR CAR when arriving to the giveaway. You will be directed where to go, someone will check you in and our team will deliver the plants to your vehicle. Please have your trunk clean and ready for boxes of vegetables.

* Tribal ID required at pickup * One Set Per Household *

If you are picking up for someone who is isolating for COVID-19 please have that person call or e-mail in advance to 218-878-2631 or jamiadams@fdlrez.com to indicate that someone else will be picking up for them.

NEW THIS YEAR

2 Garden Options

Option #1 Salsa Garden		Option #2 Salsa Garden + Processing Garden	
1-4pk	Sweet Bell Pepper	1-4pk	Broccoli
1-4pk	Sweet Pepper Variety	1-4pk	Cauliflower
1-4pk	Sweet Hot Pepper Variety	1-4pk	Cabbage Variety
1-6pk	Red Onion	1-3" pot	Zucchini
1-6pk	Yellow Onion	1-3" pot	Spaghetti Squash
1-4pk	Cherry Tomato Variety	1-3" pot	Pumpkin
2-3" pots	Slicing Tomato	1-3" pot	Winter Delicta
2-3" pots	Roma Tomato	1-3" pot	Winter
1-3" pot	Heirloom Tomato		
2-4pk	Herb Variety		

FDLOJS garden growing strong

"The FDLTCC Bimaaji'idiwin Garden located at the Ojibwe School on the Fond du Lac Reservation inspired this program through its growing capacity, community outreach, and steady leadership from Erika Legros. The photos highlight not only the beauty for community gathering but also the variety of gardens," Elizabeth Dean, Sustainable Food Systems instructor of record. Legros is the agriculture extension coordinator for the Environmental Institute and current coordinator for the Farmer-Producer Training Program. Photo credit: Erika Legros.



Community News

Happy birthday

Happy 6th birthday **Jax Kettelhut** (June 4)! I hope you have a great day little man.

Love, Grandma Richelle, Uncle Mikey, and Aunties Zoey and Jordyn

Happy 6th birthday **Kaders Karppinen** (June 4)! We are so proud of you. Love you buddy!

Mom, Dad, Kay-son, Kole, Baby Rita, and Millie!



Happy birthday to our **Jax Jeffrey** (June 4). One of the best fisherman's you can know. Hope your 6th birthday is the best, my guy!

Love, Dad, Mom, and brother

Wishing you the happiest birthday ever **Michael Peacock III** (June 5) I hope your day is as amazing as you are!!

Love you, Mom

Happy 26th birthday brother **Mikey Peacock** (June 5)!

Love, your sisters

Happy birthday to **Mikey Peacock III** (June 5). We love you and hope you have the best day.

Love, Clay, Aliza, and your nephews

Happy 29th birthday to my first born, **Clayton Kettelhut** (June 11)! I hope you enjoy your day son.

Love you, Mom and girls

Happy 29th birthday brother **Clayton Kettelhut** (June 11)!

Love, your sisters

Happy Birthday to my hunny, **Clayton Kettelhut** (June 11). I can't wait to see what the last year in our 20s brings us. Growing old with you has been my favorite. Here's to many more. I love you!

Liza

Happy Birthday to the best dad ever, **Clayton Kettelhut** (June 11). We love you dad and we are so thankful for you!

Love always, ClayJ and Jax

Happy 1st birthday to our sweetest son, **Lincoln (Naagaaniid) Smith** (June 19).

We love watching you grow, explore and learn your world.

We love you, Mom and Dad



I'd like to wish **Asher and Brinley Yrjanson** (June 28) a happy 3rd birthday. Love you to the moon and back.

Love always, Ama DoDo and Papa Darrell

Congratulations

Congratulations on the graduation of **Kierra Defoe Tormanen**.

Kierra graduated from Cloquet Senior High School on May 28th 2021. We are so excited to watch as you take your next steps in life! We are so proud of you and love you so much!

Love, Mom, Matt, Kiana, Brother, and Kyle!



Congratulations **Jezlyn Abramowski** on your induction to NHS- National Honor Society on May 5, 2021. We love you and are proud of you.

Love, Mom and brother

Congrats to FDL Enrollee **Jody Marie O'Connor** who graduated from UMD on May 8 with her Master's Degree in Tribal Administration and Governance (MTAG) this comes 35 years after her Bachelor's Degree from UMD in 1986. She is the daughter of Barbara Tidaback. Good job we're so proud of you.

Love from your, Mama, Todd, Terri, Chuck, Jeremy, Meaghan, aunties, uncle, cousins, and the doggies!

Congrats **Jordan Diver!** We are so proud of you!

You have grown into such a wonderful young man and have a bright future ahead of you! We cannot wait to see what this next chapter in life brings you! You did it! Class of 2021!

Love, your Family

CONGRATULATIONS are in order for **Shania DeLille** on graduating from FDLTCC on May 13, 2021! You worked so hard



and we are all so extremely proud of you! You are amazing!
Congrats Kiddo! You did it! Love, The whole bunch of Us!

Congratulations **Ryan Defoe** on your graduation from Bemidji State University with a Masters in Business Administration on May 7, 2021.

You have worked so hard to earn this while also working a full time job and raising your family. We are so incredibly proud of you.

Love, Dad, Mom, Kristi and Nathan

Memorial

Thank you **grandma (Alice Horner)** for everything you have taught me. The memories of your laughter will be with me for eternity. I will forever hold you dear to my heart.
Forever your granddaughter, Jodi Wehr

Obituary

Gary James Martineau 67, of Cloquet, MN passed away on March 25, 2021 at St. Luke's Hospital in Duluth, MN. Gary was born in Cloquet on August 10, 1953 to Vincent and Evelyn (Porter) Martineau Olson. He attended and graduated from Central High School in Duluth and later attended 4 years of College. Gary married Sandra Kay Brown on September



19, 2015 at the Fond du Lac Tribal Center in Cloquet. He worked as a technician for 22 years for Natural Resources. Gary loved the outdoors and enjoyed hunting, fishing, cooking ricing and the casino. Gary always had a smile and a good sense of humor and will miss his little friend Buddy.

He is preceded in death by his parents, brothers, Herbert, Daniel, Vincent(Butch), Darrell(Dean) and Robert(bob)

Gary is survived by his spouse Sandy; children Jason Anderson, Alicia Anderson(David), Angel (Mike) LaPrairie, Amy Martineau(Henry) all of Cloquet. Siblings Albert Martineau(Joe), Henry Olson(Tina) Gwen Wakanabo of Cloquet, Joy Martineau of Cloquet, Mary Diver(Kelly) of Cloquet, Lynn Olson(Keith) Diver of Cloquet.

Catherine Annette Voorhees, 63, of Washington Court House, Ohio, died Sunday, February 21, 2021, at 10 p.m. at Doctor's Hospital West in Columbus where she had been a patient the past month.

Catherine was born February 14, 1958, in Claremore, Oklahoma, to Chester and Dolores Jean "Dee" Smith Porterfield and belonged to the Fond du Lac Band of the Lake Superior Chippewa Indian Tribe.

She had been employed by the Home Depot in Washington Court House since its opening and currently was manager of the hardware department.

Catherine was an avid gardener and loved her cats. She was preceded in death by her parents and a brother, Robert L. Porterfield.

Catherine is survived by a brother, John T. Porterfield and

Community News

his friend, Tammera Azbill, of Batavia, Ohio; three half-brothers, Scott Pittack and his spouse, Terrence Brown, of Overland Park, KS, John Fred Porterfield and his wife, Martha, of Clarksville, Ohio and Larry Porterfield and his wife, Kathy, of Jacksonville, FL; a half-sister, Linda Marie Porterfield-Weatherby and her husband, Hank, of Richwood, Ohio; a sister-in-law, Susan Porterfield of Guyton, GA and several nieces and nephews.

A celebration of life service will be held this spring when COVID-19 safety conditions permit.

Robert “Robbie” Bueno Jr., age 29, passed away Sunday, April 11, 2021. He was born May 23, 1991 in St. Paul, MN.



Robbie was an outgoing individual who loved to make people laugh. He was a wonderful storyteller, had an awesome sense of style, and truly cherished the time he spent with his family. Robbie enjoyed hiking, agate picking, doing bead work, attending pow wows, was a collector, and had a passion for music. When he walked into a room, it would light up!

Robbie was preceded in death and is now reunited with his grandmas, Anita and Mary; grandpas, Baba and Doug; uncle, Marcel; auntie, Cheryl; and nephew, Baby Ricco. He is survived and deeply missed by his mother, Valerie Whitebird; father, Robert Bueno Sr.; brothers, Paul II, Dallas, Levi, Arlen, and Cruz; sisters, Christina, Ashley (Aaron), Aleyna, Selena, Emily, Natalie, and Tiona; nieces and nephews, Jada, Lil-

lian, Tehya, Amiya, Evelyn, and Phoenix; special cousins, Jon and Cassandra; and numerous aunties, uncles, cousins, extended family, and friends.

Richard J. Smith “Makade-Miigwan”

started his journey into the Spirit World on April 10, 2021. Richie was born on June 27, 1965 in Cloquet, the son of Raymond Smith Sr. and Judith Northrup. He enjoyed following the Pow Wow Trail, visiting with his friends, and cherished the time spent with his family.

Richie enjoyed beading, sewing, cooking, and traveling. He was meticulous with his crafts. Among many other enjoyments he especially like helping his family and friends with many tasks. Richie is a 1983 Denfeld High School graduate. He earned his AA Degree from Fond du Lac Tribal and Community College and was just a few credits from obtaining his BS Degree from UWS. Richie is a proud member of Fond du Lac Band of Lake Superior Chippewa.

Richie was preceded in death by his father, Raymond W. Smith Sr.; brother, Raymond W. Smith Jr.; and his nephew, Josh Linden. He is survived by his mother, Judith (Leslie) Graves Northrup; daughter, Diandra; grandson, Connor; siblings, Velvet (Ron) Linden, Veronica (Reggie) Smith, Vanessa (Tony) Northrup, Vickie (Roger) Smith Sr., Monica (Aaron) DeCaro, Rachel Smith, and Mariah Smith; stepmother, Marcy Smith; stepsisters, Kim (Steven) Enerson, Mary (John) Durfee, and Charlotte (Charles) Armajo; step-



brother, Leslie (Brenda) Northrup Jr.; and numerous nieces, nephews, and cousins.

Doris M. Otis,

age 87, just 16 days short of her 88th birthday, passed away Sunday, April 11, 2021 at Sunnyside Heath Care, surrounded by her beloved family members. She was born April 27, 1933, the daughter of Charlotte (Blair) Beargrease and Michael Beargrease on the Fond du Lac Reservation. She is known to many as Granny working various jobs for Fond du Lac. The majority of years working were spent at the FDL Head Start program was as teacher assistant, then as a foster grandparent.

Doris loved watching her children and grandchildren play their various sports and she was their number one fan. She was a loyal FDL Ogichidaag basketball fan



and was extremely proud when her son started coaching the team. She also attended many local Pow Wows, and was a proud member of the Fond du Lac Band. Doris also enjoyed going to rummage sales and thrift stores.

Doris was preceded in death by her parents; husband, William “Bill” Otis; siblings, Catherine, Clement, James, and Josephine; and numerous nieces and nephews. She leaves behind her children, Ed (Karen) Beargrease, Carol (Don) Wuollet, Earl (Cissy) Otis, Karen “KO” Otis, and Bev (Jim) King; special niece, Marge Clark; 23 grandchildren; 18 great-grandchildren; numerous nieces and nephews; and her special pets, Scooby and Son.

TO ALL WHO KNEW HIM

John (JD) DeMuth passed on Apr. 7, 2021. Although not a Native, he had the heart of a warrior and the soul of a true American Indian. Celebration of his truly remarkable life will be Aug. 4. Details are on Facebook at John

Marshall DeMuth. *Love of my life, Judy DeMuth (Welsand DeFoe)*

Seeking full-time Administrative Assistant to the Tribal Chairperson

Please refer to our website at Fond du Lac Reservation @ fdlrez.com for full job description and application or contact Fond du Lac HR Dept. at (218) 878-2653. Application Deadline June 11, 2021

Fond du Lac PREFERENCE

Congratulations Kayla! We are so proud of your accomplishments. Love Mom, Dad, Peter, Sage, Cedar, Jeremiah & Adrian Savage

BS, ENVIRONMENTAL SCIENCE

KAYLA JACKSON

Pyramid Lake Paiute Tribe
Of the Pyramid Lake Reservation



FISHING FOR CASH

JUNE
5TH - 26TH



**DRAWINGS
SATURDAYS 6 - 9 PM**

JUNE 5, 12, 19 AND 26TH

- Start earning entries May 30th
- Five (5) players will be selected each hour.
- Twenty (20) lucky winners each night.
- Winners can win up to \$3,000 on Saturdays.

blackbearcasinoresort.com

See Player's Club or blackbearcasinoresort.com for official rules. Management reserves all rights.
Owned and operated by the Fond du Lac Band of Lake Superior Chippewa.

FATHER'S DAY

**SUNDAY, JUNE 20TH
1 PM - 5 PM**

- Start earning entries Sunday, June 13th.
- Three (3) winners each hour.
- Fifteen (15) lucky winners on June 20th.
- Winners will win \$300 cash and a cooler.



See Player's Club or blackbearcasinoresort.com for official rules.
Management reserves all rights