# Nanganchivanong (Far end of the Great Lake) Dibahjunovinnan (Narrating of Story)



# Northrup receives artist's award

Award-winning Anishinaabe author Jim Northrup has received an honorary doctorate degree at the FDL Community College as well as the 2012 George Morrison Artist Award from the Arrowhead Regional Arts Council in Duluth, Minn.

Northrup received his award at a public presentation and reception on May 18, at the Jaques Art Center in Aitkin, Minn. a day after receiving his doctorate at the college.

Northrup is the author of three books: Walking the Rez Road; Rez Road Follies: Canoes, Casinos, Computers, and Birchbark; Baskets, and Anishinaabe Syndicated: A View from the Rez.

"I was born on the Rez, live on the Rez, and will probably die on the Rez," says Northrup. "'Twas a lot that happened in between, but was just details. And from those details I make my stories."

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# Local news Student loan crisis happens here too

Bonnie Wallace,

FDL Scholarship Director

ne can't help but hear or read about the shocking rate of student loan debt in this country. It has now surpassed credit card and auto loan debt hitting an all time high of over a trillion dollars. In 2011 the FDL Scholarship Program Director, with the full support of the RBC, developed and implemented a new component to the Scholarship Program called the "Incentive Reward for Academic Excellence". It provides additional dollars to those who qualify and it is intended to help with living expenses, thus, reducing or eliminating student loan debt. Our recent "Satisfactory Survey" results clearly stated that 88% of our students are satisfied with our program services and in particular the "Reward Program".

However, the Scholarship staff is troubled by recent data collected from a variety of colleges, universities and technical schools our band members are attending. We have learned that over 70% of currently enrolled students have taken out student loans over the past two to four years and at one school alone our band members owe nearly \$400,000.00. More

recently a student visited with the Scholarship Director to share that after 3 years at a community college he decided it really wasn't what he had hoped but now he is in a panic because he owes over \$38,000.00. We are drowning in student loan debt right here on the Fond du Lac Reservation!

Scholarship staff believes that in most cases, school costs and living expenses are sufficiently provided by a number of scholarships and grants, including our program so we ask the question; "Why?" Is it because they are so readily available? Do band members really understand the consequences of getting themselves into this kind of debt, especially repayment? Baby boomers and generation X students are finding themselves on repayment plans from anywhere of 5 – 20 years and some baby boomers, stuck paying their own student loans now find themselves responsible for their children and in some cases, grandchildren's student loan debt as they agreed to cosign years ago. The FDL Scholarship Program Guidelines clearly state that these loans will not be repaid by the program, therefore, students are totally responsible for

There are serious consequences if you fail to repay these loans. Your paycheck may be garnisheed, any tax refunds will be seized, your automobile may be repossessed if your student loan is through the same bank as your auto loan, your credit card rating will hit an all time low and don't' think for a moment, filing bankruptcy is the answer, these loans cannot be included in that process.

Scholarship staff and some Financial Aid staff make every effort to discourage student loans but sadly, by the time we become aware that the documents have been "signed sealed and delivered" it is too late for us to intervene. Grants, Scholarships and Student Loans are credited to the student account to pay tuition, fees and books. Most often "loans" will create a credit balance which, technically, has to be refunded to the student. Most often these "refunds" are quite large and they add up pretty quick.

Times have changed since I attended college in the 70's. As a single parent, I worked part time and attended school full time, received some welfare and WIC support for my children, drove an

old battered VW Beetle and did receive minimal scholarship help from the Tribe and Minnesota Indian Scholarship Program. As impoverished as I was I continue to be grateful that I was able to graduate with a Bachelors Degree from the U of M without student loan debt. My 3 children all have college degrees but they have student loan debt and they've struggled for years trying to pay these off.

So what is the answer? It is my strong belief (as per student files) that most of our band members don't need these loans or such large amounts. It is possible to go to school, work part time, receive a variety of scholarship and grants by diligently meeting Financial Aid deadlines and by making sure your mid term grade report meets the eligibility criteria of our "Incentive Reward Program". We continue to ask you to look at the big picture BEFORE applying for these loans. One of the biggest lessons students can learn while receiving a college education is how to properly manage their finances. Being frugal now and rejecting the temptation to apply for student loans can pay off big later in life so rejecting student loans early on

is an important step in the right direction.

We are very much aware that tuition at all post secondary schools continues to skyrocket while the federal and state financial aid programs are either being cut or remain flatlined, but, in the big picture the FDL Scholarship Program is one of the most generous in the state and if you meet the July 1 annual deadline of the Minnesota Indian Scholarship Program and their eligibility criteria there is the potential of an additional \$4,000 per year. Always check with your Financial Aid staff to see what other financial aid resources are available, you might be surprised how many schools offer institutional grants and scholarships.

The RBC is suggesting the Scholarship staff review, revise and rewrite part of our Policies, Procedures and Guidelines. If you would like to offer any suggestions or meet with our staff to discuss your student loan situation please call the Scholarship Office at 218-879-4593 Ext. 2681 to set up an appointment. We can show you a ton of both state and federal data and anecdotal student stories regarding the impact these loans have on individuals.

### Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

### Local news

### Ugly actions are hateful

Photo and article by Gray wolf Then I came to live on the res-

ervation, I promised myself I'd stay out of "Native" politics. That was before I met those on the Tribal Council and saw how hardworking and

diligent they are. I personally appreciate all that they do.

I've come to know our Tribal Chief personally and I find her to be smart, loyal, and dedicated, so I purchased two campaign signs that expressed those very



This sign on Gray Wolf's property was set on fire. Gray Wolf was relieved that it didn't do nore damage.

On the night of May 9, someone who needs some anger management classes, poured gasoline on the signs while in my front yard and torched them. I live on the corner of Cary Rd. and Moorhead Rd. in Sawyer. That is an ugly thing to do, and without regard to anyone's personal property. The fire could have spread to the nearby trees and possibly the house

sentiments. "Smart, loyal, and dedicated"

It's one thing to have differences with our elected council members, but it is a completely different issue to burn someone's property and sign because they don't want them to be re-elected. That is just immature and petty. The slogans I put on the signs are everything they are not. They only showed their true ignorance and contempt. I pity these little people and pray one day they will grow

where I live.

If anyone has any information as to who did this criminal act, please call the Carlton County Sheriff's Dept. or Russ at the FDL Tribal Police at (218) 878-8040. It's time to do the right thing.

### Black Bear employees save man from house fire

omic book superheroes don't exist, but that doesn't mean that ✓ people can't do super things to become someone's hero. On Feb. 24 of this spring, two Black Bear employees rescued a man from his burning house and save his life. Thanks to Portage News for tipping us off to the story.

The Black Bear security guards, Mark Jacobsen of Twig, and Darryl Bruce of Cass Lake, were driving home from their shift at the casino when they saw a trailer home on fire. The two spotted it and stopped before the fire fighters could

Bruce was the first to pull over and tried to wave down Jacobsen since he had just

passed him on the highway. Bruce began to call 911 and Jacobsen had already run up toward the home. Jacobsen had made up his mind to check for anyone still in the house and rescue them.

"I beat on the door and screamed like a little girl. I got the door open and all I could see was black smoke," Jacobsen said.

With his surefire flashlight shining through the smoke (most other's wouldn't have cut through the thick black smoke), Jacobsen was able to see a man in the house. The man was Warren Gustafson. Jacobsen was able to help Gustafson up and out of the house.

Once outside, Bruce finished his call to

911 and came up to help the two out of the house. Bruce then took a shovel and tried to use the snow to attempt to put out the house fire. While Bruce attempted to put out the fire, Jacobsen went back into the house to save the home owners cat, which he did successfully.

Attempting to save the man's home, Jacobsen ran in for a third time and got a fire extinguisher and sprayed the entire contents onto the home. These two men saved Gustafson's life; had they been 5 or 10 minutes later, they may not have.

"It was a 50/50 effort. We were glad we had each other there," Bruce stated about both of them helping save the man's life.

### Helping people quit smoking

By Zachary N. Dunaiski

■he two courageous men who saved the man from his house fire aren't the only people trying to save others from deadly smoke. Rozanne Hink, Tobacco Cessation Educator, has been working hard to help people quit smoking.

Hink attended the 19th annual Nicotine Dependence Conference at the Mayo Clinic in Rochester, Minn. in late May. At the Conference they discussed a range of topics, including care of patients with mental illness, issues specific to women, and the physiological mechanisms and clinical correlations of smoking and pain.

"Information is important. I let them tell me what's worked for them in the past. I'm not the expert that knows everything about them," Hink said. She went on to state that people have to know what their situations are like and what gets them smoking.

There are many factors that make quitting smoking difficult but Hink feels that an individual's surroundings have a huge impact on smoking habits.

"Looking at their environment, I think that if people in their family or their co-workers smoke, it can be difficult to quit," Hink said about people relapsing and picking up the habit again.

Hink has been the Tobacco Cessation Educator for the past few months but is stepping into a program that has been around for several years. She's excited about her position and is eager to continue to help people quit the deadly habit.

### A few thoughts from RBC members

#### From the Chairwoman

**T**he Band has received yet another positive response

to its ongoing dispute with the City of Duluth regarding the Fond-du-Luth Casino. When the first set of agreements were executed in 1986, and amended in 1994, the agreements were sent to the Department of

the Interior and made a part of the lease for the Band's trust property in Duluth. The "official" leaseholder was a government entity called the Commission comprised of the Mayor of Duluth and the Chairperson for

the Band. This arrangement is what allowed the City of Duluth to get payments from the Band that was characterized as rent

> for the Band's own trust property.

The tying of the agreements to the lease property contributed to the rhetoric from the Mayor of Duluth that unless the Band paid the City of Duluth money, "The

City could close down the Casino". The Band disagreed with that position for many reasons, including the fact that the National Indian Gaming Commission ("NIGC") called the agreements illegal under the Indian

Gaming Regulatory Act. The Band asked the Department of Interior to review the lease that was submitted in light of the ruling by the NIGC. The Department of the Interior has determined that the lease agreements will be terminated. This means, yet again, that another federal agency has determined that the agreements are not consistent with the law, and that the City should not have any interests in the Band's property. This is good news for the Band.

There was a set-back in the acquisition of Wisconsin Point. The Army Corp of Engineers was the federal agency that had the property declared as surplus property. At some point that

Army Corp granted an easement to the US Coast Guard for a GPS tower. It looks like the Army Corp is going to reduce the parcel size again so that the US Coast Guard can get the land for the GPS tower, rather than relying on an easement. This will send the Band's request back to the Bureau of Indian Affairs once the new parcel size is determined, and all the paperwork is updated. We will continue to push BIA and the other agencies to move it along as quickly as possible, but it will still take some time as these agencies seem to work slowly.

The FDL Enrollee weekend is scheduled for June 22 - 24. The schedule of events is located

on the Fond du Lac website at www.fdlrez.com. If you are an out of town enrollee and plan on coming, there is a block of rooms set aside at the Black Bear Hotel. Let them know you are a Band member coming in for the Enrollee weekend, but call soon as they may run out.

Please let me know if you have any questions or comments at the office (218) 878-2612, or cell (218) 590-4887, or email karendiver@fdlrez.com.

### Boozhoo niiji,

Tended my column last month talking about rumors. Well there are plenty

out there now. I have heard our monthly payment is going to be raised if new people are elected. I heard I am lying to the Band membership about the casino loan. I heard we are mismanaging the minor trust funds. When I

came aboard the council we were in the middle of a construction project at the casino. It was a \$120 million renovation of our property. The project was closely monitored and it came

in ahead of schedule and under budget. The problem with that was the cost was more like \$140 million to do what was planned. The cost of the new



**Ferdinand** Martineau

slot machines, linen for the hotel, dishes for the restaurants, and other smaller things were not included. To add to the problem we were faced with a downturn in the economy, a downturn in our income because of the ongoing construction, and along with all

the other expenses we added a \$825,000 monthly payment for the construction loan which was fully collateralized with our investment portfolio. We were able to make some deals

with vendors that allowed us to purchase the slot machines over a one year period without interest, but that \$13 million purchase still had to be paid for. The \$10 million that was saved in construction was used to pay for all the other things that were taken out of the construction loan. Our income has not come back to where it was prior to construction but our expenses have nearly doubled so there is no more money available to increase our per cap.

With all the previous discussion, the other problem with our construction loan was it was amortized over twenty years but had a five year payback schedule. We were faced with a monthly payment of

\$825,000 and a balloon payment at the end of \$108 million. To further complicate this because our income and interest earnings were on the decline our portfolio balance began to push closer to our loan balance and we were closing in on default of the loan agreements. We could not afford to default because the interest rate would have gone up and the bank would have had say over the way the money was spent and how the payments would be prioritized, so we decided to pay the loan off.

The minor trust account was simply misstated since inception. What that means is from 1994 to 2011 the management fees, the loss at time of sales

and the loss on interest rates were never charged to the account. In 2011 we changed managers and these issues were discovered. We made an adjustment in the account based on the unrealized losses. We are now charging the management fees and reporting gains or losses for each account.

If you have any questions or comments please feel free to contact me. My home number is (218)879-5074, Office (218)878-8158 or e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin.



#### Hello all

ow that spring is here and we have had a couple days of nice weather, our

summer activities have begun. Our little league baseball program is coming together, our young athletes are participating in record numbers. We offer the baseball program for youth from five years old and up. Through this program they learn lessons

about not only baseball but sportsmanship, teamwork, socialization and leadership. Thank you to our

community center staff for making this a success.

Also, our community center has offered life guard training to our staff, as such, our swimming

> pool activities are now monitored by certified life guards. Congratulations to our staff for completing this intensive training.

I was able to attend the recent FDL Ojibwe School Powwow held in the school gym. There were approxi-

mately 14 drums in attendance with a large group of dancers and spectators. It was truly a nice celebration.

On a different note, please mark your calendar for June 22 - 24 as we will be hosting the annual Enrollee Days celebration. There are a number of activities scheduled for this weekend, which includes food, Rez car show, bingo, and a number of other activities. Also, Please mark your calendar for the Vets Powwow which is being held the weekend of July 13 - 15.

As always, please call with any questions



Wally Dupuis

Sandra Shabiash

#### On the local Sawyer scene:

The Kiwenz Camp in Sawyer is undergoing renovation. ■ The bids are out and soon construction will begin on a bath house. This will consist of four bathrooms and four shower stalls,

which will be handicap accessible. Completion date is June 15, in time for the Ojibwe Language immersion camp.

Another area that will be changing is the beach front at the Kiwenz Camp. The beach area will be built up by four tiered sections.

This will stop erosion of the beach and make the area more enjoyable to visitors.

The Sawyer Center held all regular monthly activities with large

turnouts. A new tournament is likely as the community members are practicing bean bag toss. It looks like they are really enjoying

The construction on Moorhead Road is in full swing, so do be careful and obey the construction

> signs. Moorhead Road east of Mission is impassable at the time of this writing. Detour signs are up as well as road closed to thru traffic. Road spray has been put down to keep down the dust kicked up by the dump

trucks. With the Sawyer

Center right in the middle of the road project the children's safety is of utmost concern. If the road is not sprayed, visibility becomes a problem for all.

#### On the area scene:

May is the month of graduations. We have three public schools along with the Ojibwe School who will be holding graduation ceremonies. Congratulations to all of our graduates.

May is also the month we have all had to bring out the lawnmowers for the first mowing of the summer. There is no better smell than fresh cut grass. Next month we should be able to plant flowers up here in the North Country.

All three centers held Mother's day dinners on May 12. The turnout was excellent at all three community centers.

For questions contact me at (218)878-7591 or e-mail me at sandrashabiash@fdlrez.com

### Duluth takes another thump in Fond-du-Luth case

The U.S. department of Interior has announced it will cancel a lease agreement that once partnered the city of Duluth and FDL through the Fond-du-Luth Casino.

The City and the Band were sharing a 19% revenue stream from the casino before the National Indian Gaming Commission (NIGC) and the Indian Gaming Regulatory Act (IGRA) stepped in and said that the agreement wasn't legal. That agreement brought the City of Duluth \$6 million annually.

It seems as though this small victory brings the Band another step closer to winning the overall case for the funds of the Fond-du-Luth Casino.

### Fixed transit schedule

The Transit Department is announcing a new Fixed Route System. The Fixed Route System is similar to the larger inner-city bus operations where buses make scheduled stops at fixed locations. Initially there are fifteen stops. This new system will (in no way) interfere with the current On-Demand system that is in place. Questions about this new system can be addressed to the Transit Department at (218) 878-7501. The Transit Ride Request number is (218) 878-7500.

PICK-UP						
LOCATION	PICK-UP TIMES					
Sawyer Center	7:14 AM	10:14 AM	1:14 PM	4:29 PM		
Sawyer Elderly	7:16 AM	10:16 AM	1:16 PM	4:31 PM		
Brookston Center	7:35 AM	10:35 AM	1:35 PM	4:50 PM		
R.B.C.	7:46 AM	10:46 AM	1:46 PM	5:01 PM		
Min No aya Win Clinic	7:51 AM	10:51 AM	1:51 PM	5:06 PM		
Cloquet Elderly	7:54 AM	10:54 AM	1:54 PM	5:09 PM		
G&G	7:56 AM	10:56 AM	1:56 PM	5:11 PM		
Wal-Mart	8:02 AM	11:02 AM	2:02 PM	5:17 PM		
FDL Tribal College	8:07 AM	11:07 AM	2:07 PM	5:22 PM		
Black Bear Casino	8:15 AM	11:15 AM	2:15 PM	5:30 PM		
Duluth Shopping Plaza	8:44 AM	11:44 AM	2:44 PM	5:59 PM		
Fond Du Luth Casino	8:47 AM	11:47 AM	2:47 PM	6:02 PM		
C.A.I.R.	8:52 AM	11:52 AM	2:52 PM	6:06 PM		
FDL Tribal College	9:21 AM	12:21 PM	3:21 PM	6:30 PM		
Black Bear Casino	9:30 AM	12:30 PM	3:30 PM	6:38 PM		
Transit Office	9:45 AM	12:45 PM	3:45 PM	6:48 PM		

### etc.

### FDL Enrollee Day schedule

### June 22nd-Friday-field next to Tribal Center

- Dinner under Powwow Arbor
   5 p.m.
- Old Timers Softball Game starts at 6 p.m.
- Mini-Powwow Grand Entry at 6 p.m.

#### June 23rd-Saturday 8 a.m. to 6 p.m.

- Softball Game at 8 a.m. Register your team, (218) 878-7563
- Early Bird Enrollee Day Bingo at BBCR. \$10 at 8:30 a.m.-Doors open at 7:00 a.m. for free bingo players buffet breakfast.
- Early Bird Golf at BBCR \$10 per person tee times 8 a.m.-
- Walk/Run Headstart Gymregistration 9:15 a.m. 9:45 a.m., Race 10 a.m.
- Family Olympics- next to Tribal Center starting at 11 a.m.
- Food from 11 a.m. until 6 p.m. outside tents with seating
- Entertainment starts at 11 a.m. bring your lawn chair
- 0-6 yrs old Headstart Gym Fun Time - seating for adults at 11 a.m.
- 7-11 yrs old Field FUN Doucette's fun starts at 11 a.m.
- 12-18 yr old 3 on 3 Basketball Tournament FDLOJS starts at 11 a.m.
- Photo Booths Set up in Tribal Gym and FDLOJS Gym 12-5 p.m.
- Caricature Artists set up in Tribal Center Gym from 11-5 p.m.
- Cultural Crafts at Tribal Center
   Come and make a dream catcher. 11-3 p.m.
- 200 Drawings for \$500 start at

1 p.m. in Tribal Center Gym

#### June 24th-Sunday

- FDL Rez Car Show Tribal Center Parking Lot - starts at 9 a.m. People's Choice Trophy's awarded at 11 a.m. in Tribal Center Gym
- Snacks served in Gym 9-11 a.m.

### Men's Digital Storytelling Winners

At the Fond du Lac Ojibwe School Powwow on May 5, the FDL Digital Storytelling Contest announced its winners. The contest was sponsored by the Native American Men's Group (NAMG), a collaborative between the Fond du Lac **Education and Human Services** Divisions. This is the first year the contest took place and the organizers were pleased with the results. The digital stories submitted for consideration had to be made by local Indian males who wanted to share something important with a general audience.

To be eligible for the contest, participants had to submit a 3 - 6 minute video about a topic of their choice. A three judge panel selected the winners. There were two categories, one for the under 20 year olds and one for 20 and older. The two grand prizes were two allexpense paid trips to the annual Native American Film Festival in San Francisco Calif. in Nov. The winners were:

- Grand Prize under 20: Kyle Soukkala
- Second Place under 20: Travis Brown
- Third Place under 20: Landon Manitowabi
- Grand Prize over 20: Jaris "Pokey" Paro

- Second Place over 20: Frank Goodwin
- Third Place over 20: Jerry Setterquist

#### **Public Notice**

The Fond du Lac Reservation Traffic Code has been amended to include prohibitions against parking in prohibited areas, parking in elder parking spaces, and parking in veteran parking spaces. There will be a \$200 fine for illegally parking in an elder parking space or a veteran parking space. There will be a \$25 fine for parking in a prohibited area. In addition, the fine for illegally parking in a disability parking space was set at \$200. Details about the amendments can be obtained from the Fond du Lac Legal Affairs Office.

### WIC program advice

Women, Infants, and Children Nutrition Program (WIC) is a supplemental nutrition program that offers tips and advice to help families eat well and stay healthy. It does not provide all of your food needs for the month. The WIC program provides:

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$35.00 - \$190.00/ month)
- Support and help with breastfeeding
- Referrals to health care, immunizations, and other programs

#### Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of

age

 Children from 1 year of age to their 5th birthday

To get WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC.

Contact the WIC office for further information on WIC or a voucher pick up schedule: Laura Garza, PHN, CLC, MNAW (218) 878-2147 or CAIR (218) 279-4135. Kara Stoneburner, RDLD, CLS, MNAW (218) 878-2183 or CAIR (218) 279-4060.

### Food program's summer schedule

The FDL Ojibwe School is participating in the Summer Food Program. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age, or disability, and there will be no discrimination in the course of the meal service.

Meals will be provided at the FDL Ojibwe School, the Brookston Center, and the Sawyer Center from 11 a.m. to 1 p.m. Monday through Thursday June 11 – Aug. 9. Adults hoping to eat at the centers will be charged \$3.50.

For more information contact Nikki Reynolds, Summer Lunch Supervisor, (218) 878-7203.

#### NICOA reminder

Any elder age 55 and older that would like to go to the National Indian Council of Aging Conference (NICOA) in Albuquerque, NM from Sept. 15 – 18 must have their \$50 membership fee (payable to NICOA) in to Debra Topping by Monday, June 25.

If you have any questions please feel free to call Debra Topping Elder Advocate (218) 878-8053 or cell (218) 391-8051.

### Honor Our Elders conference

Wisdom Steps will not have a meeting in June due to the annual conference being held the week before. We will have the bus schedule information soon for registered participants. Pick up will again be at the CAIR in Duluth and the Cloquet Tribal Center. The "Honor Our Elders" conference will be held June 12 - 14 at the Grand Casino in Hinckley. Wisdom Steps will have a table at the Health Fair at the Ojibwe School on June 21 from 9 a.m. - 3 p.m.

Save the date for the Annual Wisdom Steps Golf Tournament on Sept. 7 at the Black Bear Golf Course. Our next regular monthly meeting will be on July 19 at CAIR at 10 a.m. Please call your Wisdom Steps local committee member if you have any questions. Patti Svaleson (218) 878-2606, Char Bodin (218) 279-4119, Jean Dufault (218) 878-2138, Sharon Mullikin (715) 398-5283 or Debra Topping (218) 878-8053

### A baby shower at head start

Plans are being finalized for the Annual FDL Head Start baby shower event to be held on June 28. The shower is open to parents with children two and under and to expectant parents, grandparents, and guardians.



### etc.

We will have many vendors offering much helpful information to help you prepare for the birth of your new baby and to help with raising your toddlers.

There will be special break away sessions talking about breastfeeding, making your own baby food, fatherhood, traditional birthing practices, post-partum depression with the mid-wives, and the doulas. The event will be held in the

Head Start Gym from 4 to 7 p.m. Plan on attending this event and getting lots of helpful information. Prizes will be given at the end of each break away session and a meal will be served.

#### AVANCE Graduation

Now that 2011-12 AVANCE's Parent Program has successfully completed with parents receiving their graduation certificates, AVANCE, in partnership with the FDL Head Start, has begun their 2012-13 recruitment.

The nine month session begins Sept. 2012, for participants to attend a weekly three hour session to discover how you, as a parent, are your child's first teacher. As parents make toys for their children to take home with them, they also have an opportunity to learn about the developing years of their children. Through our speakers, field trips, and other supportive measures, our parents find AVANCE's Parent Program creates a healthy environment. The children and parents learn by spending their time with our teaching staff.

AVANCE's recruiting times will be announced at the three Community Centers (Brookston, Cloquet, & Sawyer) along with other media (radio,

paper, electronic board). Please watch for signs designating the times. AVANCE's Parent Program has no income guidelines (free) and is looking for participants if they are descendants, an enrollee, receive services from the Fond du Lac Reservation, or live on or off the reservation boundaries.

If you are interested in finding out more, please give Betty Anderson, Parent Educator/Coordinator, a call at (218) 878-8121 or e-mail at bettyanderson@fdlrez. com with any questions.

### Applications being accepted to improve the Great Lakes Basin

Bv Dan Weber.

District Conservationist

More than \$24 million is available to agricultural producers and landowners to improve and protect the waters and resources in the Great Lakes Basin, announced Don Baloun, state conservationist for the United States Department of Agriculture (USDA) Natural Resources Conservation Service (NRCS). Applications to install specific conservation practices through the Great Lakes Restoration Initiative (GLRI) are being accepted priority ranking through June 8.

Producers can apply at their local USDA office for funding through the Environmental Quality Incentives Program (EQIP) and the Conservation Technical Assistance Program (CTAP). NRCS specialists provide farmers and forestry owners with technical assistance to help determine the best conservation practices to improve and protect the resources on their land.

"The GLRI is a multi-agency group working together to improve and protect the waters of the Great Lakes Basin," said Baloun. "NRCS is proud to be able to work with farmers and landowners on private lands who are doing their part to improve resources."

This year GLRI focuses on practices that have the highest benefit for reducing water quality degradation due to agricultural runoff, and practices that establish and improve fish and wildlife habitat and assist in controlling invasive species. Examples of these practices include waste storage facilities, residue management no-till, nutrient management, tree planting, wetland creation, upland wildlife management, brush management and timber stand improvement among others. In Minnesota, the GLRI focus is on slowing snowmelt and run-off that carries sediments to the Midway and Nemadji rivers.

"The farmers and landowners who come to us for help are really the ones that deserve the credit," said Baloun. "We provide them with information on the scientifically-proven practices and where best to use them, as well as financing to help pay for them, but it's their land and they make the decisions."

For more information about NRCS conservation programs online, visit: http://www. mn.nrcs.usda.gov or visit your local USDA Service Center at 4850 Miller Trunk Highway Suite 2B, Duluth, MN 55811, or call (218) 720-5209 x3.

### Bowling Alley closing

There were a few sad faces among the bowlers as they were informed by staff,"This is the

last day of bowling and there will be no leagues next year."

As many of you know Southgate Lanes is closing down. This may be a final send-off to Prevention Intervention's bowling program as well. Having had the leagues for over a decade, it leaves a big gap in the hearts of the community and Prevention Intervention. From our junior to our bantam bowlers, the lanes are usually packed with youth bowling.

The program ran for the school year and was a fun healthy after school program. The awards ceremony and Christmas party help the adults get involved while watching their kids have fun. Congratulations to all the kids who participated in the final year of bowling. Some of our youth are excited as our Daycamp program is approaching.

With no bowling alley in Cloquet that leaves a guestion. What's next?

If you would like to suggest an activity please call Prevention Intervention at (218) 879-1227.

### Ojibwe School board's meeting minutes

Call to order: Present: Maria Defoe, Debra Johnson-Fuller, Mike Murray, Jeremy Ojibway, Don Wiesen, and Jean Zacher. Absent: Wayne Dupuis and Meredith Martin. Others present: Michael Rabideaux, Tara Dupuis, and Barbara Dahl.

Reading of the Mission Statement and Vision: Read by Johnson-Fuller. Approval of Agenda: Murray

made a motion to approve the agenda after changes were

made, moving up items from Old Business and New Business. Martin Defoe seconded the motion. Motion carried. Old Business:

FDL Resource Management Landscape Grants; the board questioned the grant. Shannon Judd explained to the board what role the Ojibwe School students will play in the process. Ojibway made a motion to approve the application. Johnson-Fuller seconded the Motion. Motion carried. New Business:

Sustainable Twin Ports Presentation: A group of staff members gave presentation to the board. They presented their vision on creating sustainable Twin Ports.

Review of the Ledger: The board reviewed the Ledger. School/Program Reports

Rabideaux Principal: Superintendent went over his report to the Board; Murray made a motion to accept all program reports. Defoe seconded the motion. Motion carried. Old Business:

Review Bus Change Policy: Board made a recommendation to have Rita come to the next board meeting and explain the process she goes through when making bus changes.

Letter Jacket: Murray made a motion to accept the jacket that the students selected. Ojibway seconded the motion. Motion Carried.

SY 2012-2013 Draft Calendar: Superintendent reviewed the Draft Calendar to the board. Johnson-Fuller made a motion to accept the calendar. Zacher seconded the motion. Motion carried.

New Business:

Responsibilities of a Board continued on next page



### etc.

from previous page

Member Discussion: Board member gave a report on the responsibilities of a board member. Went into discussion on the agenda and board minutes.

Athletic Handbook: Board will review the Athletic Handbook at a special meeting to be held May 22, 2012 at 12:00 p.m.

Aircraft Proposal: Johnson-Fuller made a motion to start the process of moving ahead and submitting the proposal to the council for approval. Defoe seconded the motion. Motion carried.

FACE Handbook-Update: Mur-

ray made a motion to accept the Family and Child Education Handbook. Ojibway seconded the motion. Motion carried.

FACE 5K/2K Walk/Run: Superintendent will look into this to see if it is informational or something the board has to take action on.

Other:

Adjourn: Johnson-Fuller made a motion to adjourn the meeting. Zacher seconded the motion. Motion carried. Meeting adjourned at 8:01 p.m. Recorded by: Barbara Dahl

Submitted and Approved by:

Mike Murray, FDL Ojibwe School Board Secretary/Trea-

### Language Immersion Camp gets upgrade

The language immersion camp is nearing and they are looking for people to help them on June 20 to set up for the camp.

This year's camp will have a canoe race, a mini-powwow, and bathroom facilities. The bathroom facilities will include a shower and is something that will be finished in time for the camp by late June.

#### Correction

I would like to apologize to the family who submitted a birthday wish. Chanel's name was misspelled in Cole Peacock's birthday and Cole's name was misspelled in Chanel Wachsmuth's birthday. I was told the family is very understanding and had a good laugh at the misspellings (misspelled as Chael and Cold). I apologize for the error.

### A walk through of the Creator's word

Who is the Creator? Do you want to know Him? Join us at Big Lake Covenant Church, corner of Big Lake Road & Twin Lakes Road Tuesday nights, 5:30 - 7 p.m. Potluck at 5:30, followed by a walk through the Creator's words as revealed in the Bible & optional prayer. Free transportation from the Brookston Center, Sawyer Center & FDL Housing/Elder Complex. Call Sue Connor (218) 590-0969 for further details, etc.



### Health News Don't forget Health Fair June 21 9 a.m. OJS

### Is your teenager depressed?

#### Dan Rogers,

Licensed Psychologist, FDL Human Services

epression is when a person is very unhappy most of the time and on a prolonged basis. Adolescents often show their depression differently than adults or little

These are the common signs of depression in teens:

- 1. crabby (irritable), or sarcastic more often than not 2. feeling bored most of the
- time on an on-going basis 3. apathy: no longer caring
- about anything or most things for a long time
- 4. sad or angry mood more

often than not

5. suicide thoughts or threats; it is not normal for anyone to have suicidal thoughts

Since teens have a high suicide rate, such thoughts and threats should always be taken seriously

- 6. sleep problems
- 7. social withdrawal
- 8. falling grades
- 9. crying spells without a temper outburst
- 10. loss of motivation (sometimes due to cannabis use)

Excluding number five, a teen must have more than one of the above symptoms to be considered depressed. The more of

these symptoms they have, the more depressed they are.

Counseling and/or antidepressant medicine are both usually effective in treating teen depression. Using both together is the most effective. Using either alone is the second best treatment for depression. However, most depressed teens do not need antidepressant medicine.

The FDL Human Services Mental Health Therapists will be happy to evaluate your teen for depression. At MNAW call (218) 879-1227 and at CAIR call (218) 726-1370. Ask for the Behavioral Health Department.

### Grilled Chicken Caesar Salad

Recipe from www.kraftrecipes.com Serves 4

½ cup Kraft Classic Caesar Dressing, divided

- 1 lb. boneless skinless chicken breasts cut into bite-size pieces
- 4 thick slices Italian bread
- 1 clove garlic, peeled, cut in half
- 1 Tbsp olive oil
- 6 cups torn romaine lettuce
- 3 Tbsp Kraft grated Parmesan cheese

1. Pour 2 Tbsp dressing over chicken in a shallow dish; turn to coat chicken with dressing. Refrigerate 30 minutes to marinate.

- 2. Meanwhile, heat grill to medium heat. Thread chicken onto 4 skewers. Grill 6 - 8 minutes or until done, turning occasionally. Add bread to grill; cook one minute on each side or until toasted on both sides. Rub toast with garlic; brush with
- 3. Arrange toast and lettuce on platter; drizzle with remaining dressing. Top with chicken skewers and Parmesan.

### Other suggestions:

Use Ranch dressing for the Caesar dressing Add peppers, onions, tomatoes or other vegetables to the skewers



### Health News

### FDL Biomonitoring study what to expect

by Rebecca Provost

Tor decades human activities have polluted the area around Lake 2 around Lake Superior and northern Minnesota with chemicals that harm people's health and the environment. Many of these chemicals are no longer made or used, but they can stay in the environment for many years and end up in fish and wildlife. The purpose of the Fond du Lac Community biomonitoring study is to measure some of these environmental chemicals in Fond du Lac Community members. Biomonitoring does not diagnose a medical condition or predict a future

Other biomonitoring studies have shown that most people have small amounts of these chemicals in their bodies. Some people may have more contact with certain chemicals because of where they live, work, or what they eat. For example, fish and wild game may contain more mercury than other foods.

This study will identify the amount of these environmental chemicals in people's bodies by testing blood and urine. It will also show how the amounts of these chemicals compare with amounts found in other communities, and how Fond du Lac community members may have contacted the chemicals through food, jobs, or where they live.

Five hundred members of the Fond du Lac Community will be chosen randomly and invited to take part in the study. The more people who agree to participate, the more useful study findings will be to the whole Fond du Lac Community.

If you are selected, a letter will be sent to you to explain the study. After that, a study worker will call you to answer any questions you might have and ask if you are interested. If you decide to be in the study, an appointment will be made at the Min No Aya Win Human Services Center.

Clinic staff will take some blood from your arm and ask vou to collect some urine in a

cup. Study staff will ask some questions about foods you eat, your job(s), hobbies, household products, and daily activities.

Blood and urine will be tested for the environmental chemicals. These chemicals were chosen because of their presence in the area around Lake Superior and northern Minnesota. We will also check cholesterol and A1C levels and take your body measurements to see if you are at risk for diabetes or heart disease.

At no time will your blood and urine samples be used for genetic (DNA) testing or to test for drugs or alcohol. All samples will be destroyed after being tested.

The study results will be mailed to you along with information about what the results mean. A Public Health Nurse will be available to talk to you about your results.

Nursing Department and Minnesota Department of Health (MDH) are partners in this study.

Fond du Lac Public Health

Biomonitoring staff will start contacting people to take part in the study in July.

Article contribution by Eileen Grundstrom, Site Assessment and Consultation, Minnesota Department of Health.

### Backyard Barbeque Food Safety

By Kara Stonebrunner, Public Health Dietician

rilling can be fun but there are important food safety tips to keep in mind to prevent food illnesses. It all starts at the grocery store. Place meats in a plastic bag so they don't drip juices on other foods. Refrigerate or freeze perishable groceries within two hours of shopping (one hour if outside temperatures are above 90°F).

Frozen or partially frozen foods will not cook evenly. Be sure to thaw food completely before grilling. Ways to thaw food safely include placing food in the refrigerator a day or so before grilling, defrosting in the microwave, or placing sealed packages in cold water.

Marinating enriches flavor and tenderizes foods. Marinade foods in the refrigerator, never on the counter. Once the marinade has been touched by raw meat, it cannot be used as a sauce over the cooked product. Reserve a small portion of the marinade before adding meat, if you plan to use it as a sauce.

Ways to minimize bacteria growth include, washing your hands, keeping raw and cooked foods separate, washing cutting boards, keep cold foods cold, maintaining hot foods at temperatures of 140°F or hotter, always using clean utensils and platters to prevent contamination, refrigerating leftovers in shallow containers within one to two hours of cooking, depending on outside temperatures, and eating refrigerated

leftovers within three days.

To cut down on grilling time, partially pre-cook food in the microwave, stove, or oven before moving it directly to the preheated grill.

Cook meats to a safe internal temperature taken by a food thermometer. Raw beef, veal, lamb, and roasts should be cooked to a minimum of 145°F. For better results allow meat to "rest" for at least three minutes before carving. Ground beef, lamb, veal, and all pork products should be cooked to 160°F. Poultry and fully cooked meats, like hotdogs, should have an internal temperature of 165°F.

Smoking is a way of cooking food indirectly in the presence of a fire. The temperature of the smoker should be maintained at 250° - 300°F. Always check the

internal temperature of the food to determine doneness.

Pit roasting is another way to cook meat, but it is done in a large hole. A hardwood fire is built in the pit and must burn down to "a bed of burning coals" before cooking the food. Cooking the food over a pit may require an additional 10 - 12 hours or more. A food thermometer is necessary to determine when the meat is done.

Excessive consumption of meats cooked at a very high temperature is a risk factor for developing certain cancers. The risk can be reduced by limiting the amount of grilled (or fried) meat consumed, cooking at a lower grill temperature, and preventing charring while grilling. If meat becomes charred, cut that portion off. Tips to reduce

charring on the grill include:

- Removing visible fat that can cause a flare-up
- · Pre-cook meat in the microwave immediately before grilling to release some of the meat's juices that may drip and cause a flare-up
- Cook food in the center of the grill with the coals on the
- Cook at a lower temperature
- Use smaller, thinner meat por tions that will cook faster on the grill

\*Sources include USDA, CDC, MDH and the American Cancer Society



### **Posey Family**

### Gwekabikwe also known as Susan or Margaret Posey • North Albert Posey also known as Joe Posey

#### By Christine Carlson

orbert Posey and the 1860 Federal Census Norbert Posey was listed as in the 1860 Federal Census as being born in Canada in 1823 and was age thirty-seven. He was listed as a single man who was a laborer who lived in Pokegema in Douglas County. His personal and real estate wealth were listed as \$1,000. In the 1860's there were two houses in Duluth and Mr. Posey lived in one of them. He also owned one of the first trading posts in the area.

#### **Duluth's First Census – 1865**

Duluth's first census lists the first residents of Duluth and the county. Listed from Duluth are Northalbirt Posey, Quake Posey, Susan Posey, and Joseph Posey. Three places are listed in this census: Township of Fond du Lac in Western Duluth, Township of Oneota, and Township of Duluth.

#### **Posey at Bois Fort**

North Albert Posey was a French Canadian blacksmith for the Bois Fort Band on the shores of Lake Vermillion. He was hired by the government under the provisions of the Treaty of 1854. Posey was known as the Indian blacksmith and was also a guide.

### Chippewas Find Iron Ore also called Hematite

It was the Chippewas that showed North Albert the darkly banded rocks that were found from the hills around the lake. The Chippewas should be given credit for this discovery. At times North Albert Posey was given credit and at times the Merritts from Oneota were given credit.

#### North Albert Posey Shows Merritt Iron Ore

Feb. 15, 1925, was a newspaper article by Alfred Merritt and the Discovery of Iron Ore. The article reads, *The winter of 1865 and 1866 there was a gold excitement at Vermillion lake. A road was cut out to the supposed gold fields, and a great number of men and teams went over* 

the road. My father, Lewis H. Merritt made the trip, and while going out 80 teams passed him in one day on their wav in. Father was not boomed on the gold fields, but while he was out there, North Albert Posey, who was the Indian blacksmith, showed father a

Gwekabikwe's great grandson William P. Harder and his grandmother Susan Posey DeMars Savage circa about 1925. Photo courtesy of Minoayawin Clinic Photo Collection.

chunk of iron ore, and father told us boys that some day there would be great mines there, worth more than all the gold in California. These words perhaps influenced us in later years to discover the Mesaba range.

### Rice's Point and the Posey Tract

Posey often fished on the

North Shore and spent time with his wife Gwekabikwe in the sugar bush. Later the couple lived for several years on eleven acres at Rice's Point. This piece of land was called the North Albert Posey Tract. This tract was located on Out Lot Three and Block Twenty-six of Rice's Point. North Albert was commonly called Joe Posey.

#### Gwekabikwe

Information from the Mar. 3,

1877 Annual Genalogical Roll of the Fond du Lac Band of Chippewa Indians: Family number 294 is Gwekabikwe who is a female and thirty years old. She is the daughter of Manidons and Obabamidjiwanokwe. Gwekabikwe has two children. They are Joseph, age fourteen, and Ozawakendib. who is a female age sixteen. No father is listed. On this same roll, number

373 another Gwekabikwe is found who is a 38 year old female. She is the daughter of Ozawigijig and of Odishkwegijigokwe. Family member 374 is Daielwewidang was a male who was age twelve and the son of Giwegijig and Ozawigijig. A copy of this 1877 Genalogical Roll can be found at the Tribal Center Library.

### 1880 Twin Lakes Census and Gwekabikwe is listed as Margaret

In 1880 Margaret and North A. Posey lived at Twin Lakes in Carlton County. North was a blacksmith and Margaret a housekeeper. Their children are Joseph 15, Mary 13, Albert 10, Maggie 8, Louis N. 6, Victor 3 and baby 2 months.

The next family listed at Twin Lakes is Joseph Martin. Jeff Savage mentioned Susan's brother was called Old Joe Martin and I believe he is the one. Joseph is listed as working in a saw mill. He is married to Mary and their children are George and Joseph. Joseph Martin is also known as Wahsahgahdub.

#### **Duluth City Hall Records**

When in the bowels or basement of the Duluth City Hall, I was amazed to find all the land transactions in the old records that involved North Albert Posey. He was buying and selling much land.

Before his death, Mr. Posey was negotiating with the Duluth and Winnipeg Railroad for several Duluth lots. He was known to carry a lot of money and or gold in his belt. This was probably the motive for killing Mr. Posey and the two children.

### **Carlton County Courthouse Records**

The Carlton County Death Records lists the date of Jan. 9, 1882 as the death dates of Joseph Posey born in Canada, Mary, age thirteen, and Lenora, age seven, both born in Minnesota.

### Quay-cub-e-quay also known as Gwekabikwe

This is another example of the same name spelled differently. Remember to keep this in mind when looking for your relatives. The 1895 LaPointe Census Number 659 is Quay-cub-e-quay who was 55 years old. She is listed as being a widow and Moses her son is age fifteen. Quaycubequay did not live at LaPointe but this was the gathering place for the Ojibwe of several states to meet and be listed by the many different reservations.

### Gwekabikwe's Daughter Susan M. Posey also known as Osawa Kondibe

Susan M. Posey or Osawa Kondibe was with a man named Steve Desmaires also known as Demers, Deemers or Demars. Susan and Steve had a daughter in 1884 named Maggie DeMars. Steve Demaires was French Canadian and in Jan. 1885, he was killed while chopping wood. He was in the woods on the reservation with a man named George Blair when a tree accidently fell on Steve.

### Susan and Philip Savage and the 1910 Federal Census

The 1910 Federal Census lists Philip as a laborer and Susan Savage. They lived on the Reservation and three children are listed: David 21, as a section hand, Simon 15, and Lizime 13. Lyzeme is Jeff Savage's grandfather.

#### Miigwech Jeff Savage

This story is written for my friend Jeff Savage. He had faith in me many years ago and I am so thankful. Miigwech



### The following is a summary of about one month of select police reports.

- April 15 Traffic stop on Big Lake
   April 21 Report of gas drive-off Rd, driver arrest for DWI
- April 15 Assisted Cloquet Police with car accident on I-35 and Hwy 33
- April 16 Report of an assault at Stoney Brook Salon
- April 16 Report of a fight at Black Bear Casino, male brought to jail for disorderly
- April 17 Traffic stop on Belich Rd, driver cited for speeding
- April 17 Traffic stop on Migizi Rd, driver cited for obstruction with force and fleeing on foot
- April 18 Traffic stop on Pine Dr, driver warned for not wearing a seat belt
- April 18 Traffic stop on Hwy 2, driver arrested for DWI
- April 19 Traffic stop on Hwy 210, driver cited for driving after suspension (DAS) and no child
- April 19 Traffic stop on Big Lake Rd, driver warned for speeding
- April 20 Traffic stop on Reservation Rd, driver cited for speed-
- April 20 Traffic stop on Airport Rd, driver cited for speeding and no insurance

- at gas and grocery for \$16.22
- April 21 Traffic stop on Hwy 2, driver cited for speeding going 92 MPH in 60 MPH zone
- April 22 Traffic stop on Big Lake Rd, driver cited for DAS
- April 22 Traffic stop on Big Lake Rd, driver cited for driving on learners permit
- April 23 Traffic stop Hwy 2, driver and passenger arrested
- April 23 Traffic stop on Hwy 2, driver arrested for DWI as driver nearly hit squad car head on
- April 24 Report of gas drive-off at gas and grocery for \$49.95
- April 24 Traffic stop on Twin Lakes Rd, driver arrested for
- April 25 Traffic stop on Trettel Lane, driver warned for driving
- April 25 Traffic stop on Loop Dr driver cited for cancelled immitigable to public safety (IPS)
- April 26 Report of gas drive-off at gas and grocery for \$54.02
- April 26 Report of a bunch of people fighting and being loud in playground in the compound, one arrested for disorderly conduct

- April 27 Report of damage to vehicles in the Grey Birch area
- April 27 Report of large party in compound, they were told to break it up for the night
- April 28 Report of party at supportive housing
- April 28 Traffic stop on Cary Rd, driver warned for speeding
- April 29 Traffic stop on Hwy 210, driver cited for speeding and no insurance
- April 29 Traffic stop on Brookston Rd, driver warned for driving habits
- April 30 Traffic stop on Brevator Rd, driver cited for speeding
- May 1 Traffic stop on Hwy 2, driver cited for no insurance
- May 1 Traffic stop on Hwy 210, driver warned for speeding
- May 2 Traffic stop on Moorhead Rd, driver warned for driving habits
- May 2 Traffic stop on Cary Rd, driver cited for no insurance
- May 3 Report of gas drive-off at gas and grocery for \$15
- May 3 Report of people smoking marijuana at Black Bear Casino in the parking lot, located the people and cited them

- May 4 Report of loud party in the compound
- May 4 Traffic stop on Big Lake Rd, driver cited for driving after revocation (DAR) and no insur-
- May 5 Traffic stop on Mission Rd, driver cited for speeding
- May 5 Traffic stop on Hwy 210, driver warned for burnt out headlight
- May 6 Assisted Cloquet Police with a fight in town
- May 6 Report of gas drive-off at gas and grocery for \$37.10
- May 7 Traffic stop on Hwy 210, driver cited for speeding
- May 7 Report of unwanted person in the compounded but he was welcomed to stay
- May 8 Traffic stop on Brevator Rd, one arrested for warrants
- May 8 Report of gas drive-off at gas and grocery for \$46.01
- May 9 Assisted Cloquet Medics with an injured rider at Echo Vallev
- May 9 Report of burglary in progress, located person and brought to jail
- May 10 Report of fight in compound, two brought to jail for disorderly conduct

- May 10 Report of two vehicle accident on Big Lake Rd and Brevator Rd
- May 11 Traffic stop on Big Lake Rd, driver cited for expired registration
- May 11 Traffic stop on I-35, driver was going the wrong way
- May 12 Report of gas drive-off at gas and grocery for \$14.82
- May 12 Report of gas drive-off at gas and grocery for \$10
- May 13 Report of verbal domestic dispute in the compound, one party left
- May 13 Report of domestic on Grey Birch, both brought to jail on charges
- May 14 Report of assault in the compound
- May 14 Traffic stop on Big Lake Rd, driver arrested for 5th degree controlled substance and intent to sell
- May 15 Traffic stop at Black Bear Casino, driver warned for driving habits
- May 15 Report of male refusing to leave Black Bear Casino, male was arrested for disorderly conduct

### Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

### **BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:**

AMMESMAKI, Beverly BANKS, Robert BARNEY, Derrick Sr. BARNEY, Frances BEGAY, Raymond Sr. BIMBERG, Gloria BOYER, John BRIGAN, Calvin CAMPBELL, Patricia CICHY, Gerard CICHY, Leslie

COPA, Hope CROWE, Gary DAHL, Richard DEFOE, Charles DEFOE, Richard GLASGOW, Edith GREENSKY, Charles GREENSKY, Florence HEENEY, Mary HERNANDEZ, Phyllis HERNANDEZ, Sherry HOULE, Jamey HUHN, Cheryl HYLTON, Tina JEFFERSON (Drucker), Mary JONES, William Sr. JOSEPHSON, Charles KAST, Cheryl LAFAVE, John LAPRAIRIE, Robert LIVINGSTON, Bruce MARTINEAU, David MARZINSKE, Larry NORD, Marjorie OLSON, Daniel G. Sr. OSTROWSKI, Lorraine PALMER, Agnes (aka Agnes Rock) PERALES, Benjamin Jr. PITOSCIA, Donna

RAISCH-DAY, David RAISCH, Sharon RITZ, Warren SAVAGE, Maxine SCHULTZ, Charles Michael SCHULTZ, Nicole Diane SHARLOW, Gerald D. SHOFNER, Daniel SMITH, Benjamin W. SMITH, Carl E. STANFORD, Cathy TROTTERCHAUDE, Rex WIESEN, Dale WINOWIECKI, Audrey WISE, William Sr.

### Ashi-niswi giizisoog (Thirteen Moons)

### Ode-imini-giizis

The new Ode-imini-giizis, strawberry moon, begins June 19. Other names for this moon are Gitige-giizis, Gardening Moons; Waawano-giizis, Egg Moon.

### FDL Celebrates a Decade of Participation

By Mary Fairbanks and Steve Olson

Fond du Lac Forestry

Pond du Lac Reservation is celebrating its tenth year of participation in the National Fire Protection's Firewise Communities/USA Recognition program, a voluntary initiative to protect local residents, their property and natural resources from wildfires.

Fond du Lac Reservation was nationally recognized in 2003, and was one of the earliest adopters of the Firewise Communities/USA process. Since then, the community created and executed a variety of activities to help create the best wildfire prevention plan for the community. FDL's anniversary will be marked by a Special Fire Prevention Day Celebration later this year.

"Because large, damaging

wildfires are more common than ever before, it's more important than ever to take safety steps now," said Travis "Trap" Blacketter, Forestry/ Fire Crew Supervisor. Wildfires will happen, and we want to be as ready as possible to prevent damage to our community's buildings, resources, and its residents."

Some of the Firewise activities undertaken over the years include:

- Participate in community events to promote Fire Prevention activities and to educate the community on fire safety and prevention
- Assessments have been conducted for residents living within the reservation boundaries and have been given a rating of Low to High
- Provided Firewise treatments to more than 200 acres of brush and vegetation around

homes and neighborhood structures in the Fond du Lac Districts of Cloquet, Brookston, and Sawyer.

 Conducted Hazard Fuel Reduction prescribed fires in high risk areas

"We are indebted to these early adopters, including Fond du Lac Reservation, for taking the lead in wildfire safety, and for persevering in Firewise activities for the last decade" said Michele Steinberg, manager of the NFPA Firewise Communities program. "Your dedicated fire and safety professionals and motivated residents have truly helped minimize wildfire risk factors, and hard work surely has paid off."

Fond du Lac has treated hundred's of acres in the Wildland Urban Interface (WUI). The treatments have mostly been mechanical treatments using chippers and masticators. Most

of the wildfires occur in the WUI. These fires are usually suppressed before they become large. FDL's firewise treatments have helped contribute to keeping wildfires small. In the past ten years only one structure has been lost due to wildland fire. Conditions around that structure did not meet the Firewise standards.

Firewise is a cooperative effort between FDL Programs such as Forestry, Housing, Gardening, and the residents. When the last addition was done on the Danielson Road Community, FDL Housing contracted with Forestry to clear the lots. At the same time Forestry completed a firewise treatment between the home footprints. The community addition was treated as it was built. Forestry also has the equipment to do the heavy work while the residents can do the lighter work and maintain

the treatment. A compost site in cooperation with the Garden program is available to the residents where brush and other yard waste can be dropped off. The FDL Forestry crew chips and mixes the composting material. The FDL Ojibwe garden program monitors the composting process. In a couple of years we should have compost available for the community gardeners.

Firewise is a program of the National Fire Protection Association (NFPA) and co-sponsored by the USDA Forest Service, the US Department of the Interior and National Association of State Foresters.

Miigwech to the FDL fire crews for all their hard work and for keeping us safe in our homes.



L-R:Trap Blacketter, Steve Olson, Matt Ammesaki, Matt Weske, Jeremiah Rule, Dusty Martin. Not Pictured: Christian Nelson, Scott Grover, Mary Fairbanks



Prescribed Burning



FDL Wood Chipper

#### **Upcoming Events:**

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, and University of Minnesota Extension.

### Master Garden Interns

By Nikki Crowe

Tt is official; the Fond du Lac Reservation has been recognized as its own county for Master Gardening service. We have five new Master Garden Interns to help answer your garden and landscape questions. Please feel free to contact us Monday-Friday 8 a.m. - 4:30 p.m. at the above phone numbers.

So far, we have been out to Tagwii to help plant seeds for sweetgrass, sage, and cedar and we are working with the Brookston 4-H Garden program on getting their garden started too. It is exciting to be out meeting new people, young and old, who have interests in gitiganing. Miigwech





### About the Fond du Lac Master Gardeners

The Fond du Lac Tribe is the first tribal nation to be designated as a separate service area or county. This is the first time in the history of the Master Gardener program in Minnesota that a tribal nation or any other non-county has been given that designation.

The FDL Master Gardener cohort is available to assist Fond du Lac community members with their gardening questions and garden issues. We are available to answer your questions

Monday through Friday, 8am-4pm by phone or email (listed to the right).

University of Minnesota

**EXTENSION** 

### FOR MORE INFORMATION. CONTACT THE FOND DU LAC MASTER GARDENER COHORT:

Nikki Crowe (218) 878-7148 nikicrowe@fdlrez.com

**Danielle Diver** (218) 878-7137 daniellediver@fdlrez.com

Shannon Judd (218) 878-7123 shannonjudd@fdlrez.com

**Shannon Kesner** (218) 878-7157 shannonkesner@fdlrez.com

**Dawn Newman** (218) 726-6474 danewman@umn.edu





### **Word List**

Garden / Farm Gitigaan	Tobacco
Asema	Seeds
Gitigayminon	Blueberries
Miinan	
Odaatagaagominan	Cherries
Ookweminan	
Agosimaanan	Vegetables
Gitigaanesan	
Eshkaandamin	
Gichi-Aniibiish.	e e e e e e e e e e e e e e e e e e e
Mishkojiisan	
Opin	
Okaadaakoon	
Anooj-Aniibiishan	
Jiis	e e e e e e e e e e e e e e e e e e e
Gijikonayezigan	
Gitigewinini	
Ogeebiccoon	
Manoomin	
Mashkiigiminan	
Miskomin	
Wiishkobanii'agosamaan	
Aanijiiminan	
Maandaamin	
Mishiimin	
Mashkodiisiiminag	
Otaagabii'Aniibiish	
Ogin	
Zhiigaagawanzh	
Waabigwan	
Zhoomin	*
Ziiooiiiii	Garuen

Wordlist courtesy of Red Cliff Mino Bi Ma De Se Win

### Post-baccalaureate Special Education Licensure Program **Department of Education, University of Minnesota Duluth**

### **Accepting Applications for Fall 2012**

For those with a bachelor's degree in any subject Blended model of online courses & face-to-face Program has an Indigenous focus

### For more information contact

Trudie Hughes, Program Adviser thughes@d.umn.edu Karen Mehle, Assistant kmehle@d.umn.edu

http://www.d.umn.edu/enigikendaasoyang/naadamaadiwin

Funding for this program is made possible in part with a grant from the Minnesota Department of Education Special Education State Personnel Development Grant. Naadamaadiwin is a partnership between the University of Minnesota Duluth and Augsburg College.

## Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on June 15, 2012 for the July 2012 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

### Happy Birthday

Happy Birthday **Thomas Foldesi Sr.** (June, 23), you're the greatest dad God ever made. We are so blessed to have you. Love you so very much.

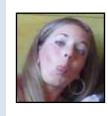
Your grateful children, Rick, Tina, Ruth, Tammy, and Tom Jr

Happy Birthday grandpa, **Thomas Foldesi Sr** (June 23). We love you and are so happy God picked you as our Bompa. *Love, Brennin, Joey, Jimmy, and Mikey* 

Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a happy birthday: **Tracy Mullen Jr.** (June 11), **Renee Sutherland** (June 12), and **Nick Adolphson** (June 25).

Happy 7th
Birthday
to Cordell
Paulson
(June 10)
Love, Mom,
Dad, and Jalen





Happy Birthday **Rachel Himango** (June 8). Thanks for being my

friend & coworker. *Love, Cathy* 

Happy Birthday **Tara Barney** (June 24) *From*, *Josie* 

Happy Birthday to my Aunty **Joanne (Lemieux) Loisel** (June 1) in Pahrump, Nevada *Love*, *Ellen* 

Happy 31st Birthday to my beautiful daughter **Heather-Rose (Bassett) Valcourt** (June 23)

I love you little girl, mama

Happy 2nd Birthday to my precious grandson **Chase Bassett** (June 30)
I love you so much little man! *Grandma* (Ellen)

Happy Birthday to **Dean Ray Reynolds Sr.** (June 1) *Love, your daughter and family* 

Happy Birthday to **Becky Reynolds** (June 25) *Love, Vic* 

Happy Birthday to **Mat Whitebird Sr.** (June 30) *Love, Vic and Family* 

Happy Birthday **Jeanne**"Meemah" Smith (June 22)
Love You Always, Shaydon &
Shayna

Happy 3rd Birthday to my niece **Amelia R'Monie Misquadace A.K.A # 9** (June 18) You go lil momma. Have the best day ever.

Love Always, Auntie Rea, Shawn, Makayla, Callie, and Janice

Happy 5TH Birthday to my baby **Callie Jo Misquadace A.K.A Googin** (June 13), I love you. Have the best day ever. Love Mom, Dad, Ming and Jamberrie

Wishing
you a very
happy
birthday
Ann
Friedman

(June 15)
From your daughter Debbie and granddaughter Shandelle

Happy 56th Birthday to Mr. **Larry "Tal" Ward** (June 7). *From, you know who, Love ya* 

Margaret Needham of CAIR would like to wish the following staff a happy birthday for the Month of May: **Gloria Mirkovich**, Registration (June 2). Have a great day.

Happy 8th Birthday **Alijah Petite** (June 6) *Love, Auntie Nell & Uncle Mel* 

Happy 17th Birthday to **Jered King** (June 4)

Love, Auntie Nell & Uncle Mel

Happy Birthday **Mike Peacock Jr.** (June 1) *Love, Richelle and kids* 

Happy 17th Birthday Mike
Peacock III (June 5)
Love, Dad, Mom, Aliza,
Clayton, Jordyn, Zoey, and Baby
Clayton

Happy Birthday Grandma **Ella Netland** (June 1) *Love you lots, your grandbabies Noel, Taylor & Brooke* 

Happy Birthday to our mom **Ella Netland** (June 1) *Love, Terri, Gidget, & Kim* 

Happy Birthday **Papa Terry Netland** (June 5) *Love you lots, Noel, Taylor & Brooke*Happy Birthday to our dad **Terry Netland** (June 5) *Love, Terri, Gidget, & Kim* 

### Congratulations

To "Aunties Boy" Kenny Bosto. Congratulations on your graduation. I am so proud of you and love you very much. Love, Auntie Coeo

To my boys **James (BJ)** and **Bryan (Bear) Bosto.** 

I've been thinking about writing this for a long time. I want to let you know how very proud I am of you both. You are each successful in your own way. You took such different paths in your lives but are still loyal to each other.

BJ, you took the spiritual path. People are starting to look to you for guidance and healing. And you're such a strong family man. Be very proud of your family. You and Holly are doing a fine job of raising the kids.

Bear, you took the business path. You are already successful in that respect. You will go a long way. I know you will achieve your ultimate goal because your strong sense of right and wrong will eventually lead the way.

Both of you are wise beyond your years. I love you both very much. I will always be here to help you in any way I can and you will always be "my boys." Love Auntie Coeo





Jaris "Pokey" Paro (left) wins the grand prize for the over 20 division while Kyle Soukkala wins the under 20 division.





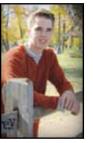
Some of the participants of the Prevention Intervention's bowling program smile for the last bowling awards.



Gray Wolf's sign from the side. The burnt grass around the frame threatened to do much more damage than it did.

Congratulations to **Lyndzie** Moore on her graduation (June 1). We are so proud of you. Love, Auntie, Brandon, Jack and baby boy Bryson

Congratulations on your Graduation Jacob Lund (May 23). We love you and are very proud of vou. Love, Mom & Dad Jeremy



Congratulations Trey Kettelhut on your graduation from Barnum High School. We are so proud of you. Love, all of your family

### Thank you

We would like to thank those who sent food, flowers, cards, well wishes, ceremonial help, fire keepers, and phone calls for support during the recent loss of Jay Edward Smith Sr. Our father, son, brother, uncle, nephew, grandson, and friend. Your kindness and generosity will always be remembered. Jay Edward Smith Sr. Family

#### Welcome

We would like to welcome to the CAIR staff the following people: David Gangeness and Kinria Perell, Roster Pharmacv staff, Danielle Richardson Pharmacist, Steven Turner new graduate Pharmacist, Kaysee **Olson** Behavioral Health secretary, Benita Gusaas Goodwin Behavioral Health Social Services and Angelique Coffey ICWA Social Worker. Welcome to our little family here at CAIR.



Congratulations goes to KC Conners, Joe Reynolds, Phil Petite, Vicki Durfee, and Savannah Pollak - not pictured is Gimiwon Nahgahnub. They completed Red Cross Water Safety Instructor Course and Red Cross Lifeguard Course. KC, Joe, Phil, and Savannah also passed the Arthritis Foundation Water Aerobics Class. Watch for Water Safety Classes to be starting soon. Miigwech, Roberta Welper, CCC Manager

#### **ATTENTION: FDL Band Members**

The Fond du Lac Reservation Business Committee will be accepting bids for a 3 bedroom 3 bath home located at 1116 Lakeview Drive on Big Lake. Bids will be accepted from



May 21, 2012 thru June 6, 2012. Minimum bid is \$140,000.00, bid will be awarded to the highest qualified bidder. The house is being auctioned off as is. Contact Jack Bassett at (218) 878-8043 or jackbassett@fdlrez.com for more information about the home and bidding instructions.

### Home For Sale



#### Reduced!

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990, two bdrm., 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land.

Asking \$199,900. Call (218) 879-5617 for more info.



# Ode'imini-giizis – Time for Picking Strawberry Moon June 2012

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg

Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Open RBC June 5:30 j CA	Meeting 21 p.m.	Oak Ridge Boys June 21 7 p.m. BBCR	FDL Enrollee Days June 22-24	Vote June 12	Water Aerobics 8:15 a.m. CCC Cooking Class 12 p.m. CCC Chmielewski International Polka Fest 11 .m. BBCR	FACE 5k Fun Run 2k walk 8 a.m. FACE Water Aerobics 10 a.m. CCC Open Basketball CCC Chmielewski International Polka Fest 11 .m. BBCR		
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC Chmielewski International Polka Fest 11 .m. BBCR	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Gift of Health 12 p.m. CCC Zumba 12 p.m. CCC Group Walk 12:15 p.m. CAIR GED 4:30 p.m. SCC Cribbage 5 p.m. CCC 4	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Elder Dinner register 5 p.m. BBCR AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern 10 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC	Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Beading 5 p.m. FDLM Ojibwe Language Table 5 p.m. CCC AA/NA Support 6 p.m. TRC 7	Water Aerobics 8:15 a.m. CCC	Water Aerobics 10 a.m. CCC Open Basketball CCC Moonwalker - Reflection of Michael 7 p.m. BBCR		
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern 10 a.m. CCC Zumba 12 p.m. CCC On the Move pickup 12 p.m. CCC GED 4:30 p.m. SCC 52+ Elder mtg 5 p.m. CCC Beading 5 p.m. FDLM I Can Cope 5 p.m. MNAW	Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language Table 5 p.m. CCC AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Group Walk 12:15 p.m. MNAW	Cloquet District Fathers Day Family Brunch 9:30 a.m. CCC Water Aerobics 10 a.m. CCC Open Basketball CCC		
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW Elder Activity Fund Bd mtg 11 a.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern 10 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM	Health Fair 9 a.m. OJS Get Fit 12 p.m. CCC Adult Game Day 12:30 a.m. CCC GED 4 p.m. CCC Ojibwe Language Table 5 p.m. CCC Water Aerobics 5 p.m. CCC Open RBC mtg 5:30 p.m. CAIR AA/NA Support 6 p.m. TRC Oak Ridge Boys 7 p.m. BBCR 21	Water Aerobics 8:15 a.m. CCC FDL Enrollee Day Powwow Dinner 5 p.m. CCC	FDL Enrollee Day		
FDL Enrollee Car Show Water Aerobics 10 a.m. CCC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern 10 a.m. CCC Zumba 12 p.m. CCC GED 4:30 p.m. SCC 52 + Elder mtg 5 p.m. CCC Beading 5 p.m. FDLM Sobriety Feast 6 p.m. CCC	Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language Table 5 p.m. CCC AA/NA Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC	Water Aerobics 10 a.m. CCC Open Basketball CCC		
24	23	20	21	20	27	30		

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities